

METTL3 promotes the progression of nasopharyngeal carcinoma through mediating M⁶A modification of EZH2

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Abstract. – OBJECTIVE: The aim of this study was to investigate whether METTL3 promoted the progression of nasopharyngeal carcinoma (NPC) by silencing CDKN1C through EZH2.

PATIENTS AND METHODS: Quantitative Real Time-Polymerase Chain Reaction (qRT-PCR) was performed to examine the expression level of METTL3 in 48 pairs of NPC tissues and adjacent normal tissues. METTL3 expression in patients with different tumor lymph node metastasis (TNM) stages was detected by qRT-PCR as well. The Kaplan-Meier method was used to analyze the interplay between METTL3 expression and the prognosis of patients with NPC. At the same time, METTL3 expression in normal epithelial cell line (BEAS-2B) and NPC cell lines (SUNE-1 and C666-1) was examined using qRT-PCR. After METTL3 was knocked down in SUNE-1 cells, cell viability and migration abilities were analyzed by cell counting kit-8 assay, tube formation assay, respectively. The mRNA and protein expression of EZH2 were detected by qRT-PCR and Western blot, respectively. RNA immunoprecipitation (RIP) assay was applied to detect the binding of METTL3 to EZH2 mRNA, and the m⁶A modification on EZH2 mRNA. After knockdown of EZH2 in SUNE-1 cells, qRT-PCR was used to detect the mRNA expression of CDKN1C. Meanwhile, chromatin immunoprecipitation (ChIP) assay was conducted to analyze the binding of EZH2 to the CDKN1C promoter region. After down-regulation of METTL3 in SUNE-1 cells, the protein expressions of EZH2 and CDKN1C were detected using Western blot. After simultaneous knockdown of METTL3 and EZH2 in SUNE-1 cells, CCK8 assay and tube formation assay were applied to examine cell viability and migration abilities.

RESULTS: METTL3 expression in NPC tissues was remarkably higher than that of adjacent normal tissues. Meanwhile, METTL3 expression in T3 and T4 tumors was significantly higher than that of T1 and T2 tumors. In patients with lymph node metastasis, the expression of METTL3 was

remarkably higher than those without metastasis. Survival analysis demonstrated that patients with higher expression of METTL3 exhibited significantly longer overall survival time than those with lower METTL3 expression. QRT-PCR revealed that METTL3 was highly expressed in NPC cell lines, including SUNE-1 and C666-1. After knock-down of METTL3 in SUNE-1 cells, cell viability and migration abilities were both markedly reduced. Meanwhile, the protein expression of EZH2 was remarkably reduced. However, no significant changes were observed in EZH2 mRNA level. RIP assay revealed that METTL3 could bind to EZH2 mRNA, and a m⁶A modification was verified on EZH2 mRNA. After knockdown of EZH2, the mRNA level of CDKN1C in SUNE-1 cells was significantly up-regulated. CHIP assay indicated that EZH2 could bind to CDKN1C. Western blot showed that, after interfering with METTL3 in SUNE-1 cells, the protein expression of EZH2 decreased significantly, while CDKN1C was up-regulated. In addition, simultaneous downregulation of METTL3 and CDKN1C in SUNE-1 cells reversed the influence of METTL3 on cell viability and migration abilities.

CONCLUSIONS: METTL3 was highly expressed in NPC tissues, which might inhibit EZH2 expression by mediating M⁶A modification of EZH2 mRNA. Furthermore, CDKN1C could increase the malignancy of NPC cells and promote the progression of NPC.

Key Words:

M⁶A, METTL3, EZH2, CDKN1C, Nasopharyngeal carcinoma (NPC).

Introduction

Nasopharyngeal carcinoma (NPC) is a rare disease in the United States, with an incidence of 0.2-0.5 cases per 100,000 people. However, the incidence of NPC is relatively higher in sev-

eral defined groups, including southern China and Hong Kong, with an incidence of 25-50 per 100,000 people¹. Although chemotherapy and radiotherapy can remarkably improve the survival of NPC patients, metastasis or recurrence still occurs in about 30% of these patients. Once metastasis develops, the prognosis of NPC patients is extremely poor²⁻⁴. Currently, great progress has been made in molecular targeting methods for NPC therapy. However, the prognosis of NPC patients has not achieved the expected improvement⁵. Therefore, exploring the pathogenesis of NPC can contribute to improve the survival rate and treatment strategies of NPC patients.

N⁶-methyl adenosine (m⁶A) is the most common and reversible internal modification in mammalian messenger and non-coding RNAs. m⁶A accounts for more than 80% of total RNA base methylation, which has also been observed in many species⁶⁻⁹. Deletion of m⁶A results in increased half-life of mRNA of transcription factors, such as NANOG^{9,10}. This may block the ability of pluripotent cells to progress through differentiation. Indeed, multiple researches^{11,12} have suggested that m⁶A level seriously affects the development of tumors.

Cell division cycle is directly controlled by positive regulators [cyclin and cyclin dependent kinase (Cdks) and negative regulators (cyclin dependent kinase inhibitors, CDKIs)^{13,14}. Cyclin dependent kinase inhibitors (CDKIs) are large protein families that can regulate cell cycle progression, cell proliferation and differentiation¹⁵. Meanwhile, they have been extensively and progressively involved in tumor initiation and to be dysregulated in many types of human cancer through genetic and epigenetic changes^{16,17}. CDKN1C (encoding tumor suppressor p57/KIP2) is a cyclin dependent kinase (CDK) inhibitor¹⁸ that is inactivated by promoter DNA methylation in a variety of human cancers^{19,20}.

In this study, NPC cells were selected to investigate whether METTL3 could regulate the expression of Ezh2 protein by mediating the m⁶A modification of Ezh2 mRNA, thereby inhibiting CDKN1C, improving the malignancy of NPC cells, and promoting the development of NPC.

Patients and Methods

Patients and Clinical Samples

From December 2017 to October 2018 in Linyi Cancer Hospital, 48 NPC patients who

received surgical resection were enrolled in this study. NPC tissue samples and adjacent normal tissues were collected and rapidly frozen in liquid nitrogen until use. All adjacent normal tissue samples were separated at least 5 cm from the tumor boundary. No patient received any radiotherapy or chemotherapy before operation. This investigation was approved by the Ethics Committee of Linyi Cancer Hospital. Informed consent was obtained from patients and their families before the study.

Cell Culture

BEAS-2B, SKNSH-E-1, and H660-1 cell lines were purchased from the Shanghai Cell Bank of the Chinese Academy of Sciences (Shanghai, China). All cells were cultured in Roswell Park Memorial Institute-1640 (RPMI-1640; HyClone, South Logan, UT, USA) medium containing 10% fetal bovine serum (FBS; HyClone, South Logan, UT, USA) and 1% streptomycin and penicillin in a 37°C, 5% CO₂ incubator. Cells in the exponential growth phase were digested and seeded into appropriate cell dishes. Then, the cells were cultured in incubator until 60% of cell density.

Transfection

Cells were first plated into 6-well plates (Corning, Corning, NY, USA) and grown to a cell density of 60%. Transfection of si-METTL3, si-EZH2, si-CDKN1C, and si-NC was performed according to the instructions of Lipofectamine 2000 (Invitrogen, Carlsbad, CA, USA). After 48 h, the cells were collected for quantitative Real Time-Polymerase Chain Reaction (qRT-PCR), Western Blot, and cell function experiments.

RNA Extraction and qRT-PCR

Total RNA in cells and tissues was extracted using TRIzol (Invitrogen, Carlsbad, CA, USA) reagent. Subsequently, RNA concentration was measured by an ultraviolet spectrophotometer. Extracted RNA samples were stored at -80°C until use. The complementary deoxyribonucleic acids (cDNAs) were obtained by reverse transcription, and the SYBR Green method was used for PCR detection. Primer sequences used in this study were shown in Table I.

Western Blot

Total protein in tissues and cells was extracted from each group. 50 µg of protein was separated by dodecyl sulfate, sodium salt-polyacrylamide gel electrophoresis (SDS-PAGE)

Table 1. The Primer sequences of gene.

Gene	Primer sequence
EZH2	F: 5'-TGCACATCCTGACTTCTGTG-3' R: 5'-AAGGGCATTACCAACTCC-3'
CDNK1C	F: 5'-GCGGCGATCAAGAAGCTGT-3' R: 5'-GCTTGGCGAAGAAATCGGAGA-3'
METTL3	F: 5'-AGATGGGGTAGAAAGCCTCT-3' R: 5'-TGGTCAGCATAGGTTACAAGAGT-3'
GAPDH	F: 5'-CGGAGTCAACGGATTGGTCTGT-3' R: 5'-GGGAAGGATCTGTCTCTGACC-3'

and transferred onto polyvinylidene difluoride (PVDF) membranes (Millipore, Billerica, MA, USA). After blocking with 5% skimmed milk powder for 1 h at room temperature, the membranes were incubated with primary antibodies overnight at 4°C. On the next day, the membranes were rinsed 3 times with Tris-Buffered Saline and Tween-20 (TBST-20) and incubated with the corresponding secondary antibody for 1 h at room temperature. Immuno-reactive bands were finally developed and analyzed with enhanced chemiluminescence (ECL) luminescence kit.

Cell Viability

48 h after transfection, the cells were collected and plated into 96-well plates at 1000 cells per well. After culture for 6 h, 24 h, 48 h, 72 h, and 96 h, respectively, 10 µL of MTT (Dojindo Laboratories, Kumamoto, Japan) reagent was added to each well, followed by incubation in the dark. Optical density (OD) value of each well at the absorption wavelength of 450 nm was measured by a microplate reader. 5 replicates were set in each group.

Wound Healing Assay

Transfected cells after 48 h were digested, centrifuged, and resuspended in FBS-free medium. The density of cells was adjusted to 5×10^5 cells/mL. The density of plated cells was determined according to the size of cells (the majority of the number of cells plated was set to 1000 cells/well). Meanwhile, the confluence of cells reached 90% or more the next day. After stroke, the cells were rinsed gently with phosphate-buffered saline (PBS) for 2-3 times. Non-low-concentration serum medium (such as 1% FBS) was added in, and the cells were observed again after 24 h.

RNA Binding Protein

Immunoprecipitation (RIP) Assay

RIP assay was performed according to the manufacturer's instructions of Magna RIP RNA Binding Protein Immunoprecipitation Kit (Millipore, Rockford, IL, USA). After cell lysis, the supernatant obtained, the magnetic beads were prepared, re-suspended in Wash Buffer, and placed on ice. RNA-binding protein immunoprecipitation was then performed. RNA purification was carried out by phenol, chloroform, and Salt Solution I, Salt Solution II, Precipitate Buffer, absolute ethanol (no RNase), dissolved in 10-20 µL of diethyl pyrocarbonate (DEPC) water, and stored at -80°C. Finally, the expression of METTL3 protein and m6A modification and EZH2 binding to protein precipitates were detected by qRT-PCR.

Chromatin Immunoprecipitation (CHIP)

Chromatin immunoprecipitation was performed in accordance with Magna ChIP A/G One-Color Chromatin Immunoprecipitation Kit (Millipore, Billerica, MA, USA). Chromatin immunoprecipitated DNA was eluted, reverse cross-linked, purified, and qRT-PCR analyzed.

Statistical Analysis

Statistical Product and Service Solutions (SPSS) 16.0 (SPSS, Chicago, IL, USA) statistical software was used for all statistical analysis. Measurement data were expressed as mean \pm standard deviation ($\bar{x} \pm s$). Independent sample *t*-test was used to compare quantitative data of two groups. The cumulative survival rate was assessed by the Kaplan-Meier method and the difference was determined by log-rank test. $p < 0.05$ was considered statistically significant ($*p < 0.05$, $**p < 0.01$, $***p < 0.001$).

Results

METTL3 Was Highly Expressed in NPC Tissues and Negatively Correlated With Prognosis of NPC Patients

To explore the interplay between METTL3 expression and the occurrence and the development of NPC, qRT-PCR was first used to detect the expression of METTL3 in NPC tissues and adjacent normal tissues. The results showed that METTL3 expression in NPC tissues was remarkably higher than that of adjacent normal tissues (Figure 1A). After paired analysis of tissue samples, the expression level of METTL3 in T3 and T4 stage tumors was remarkably higher than that

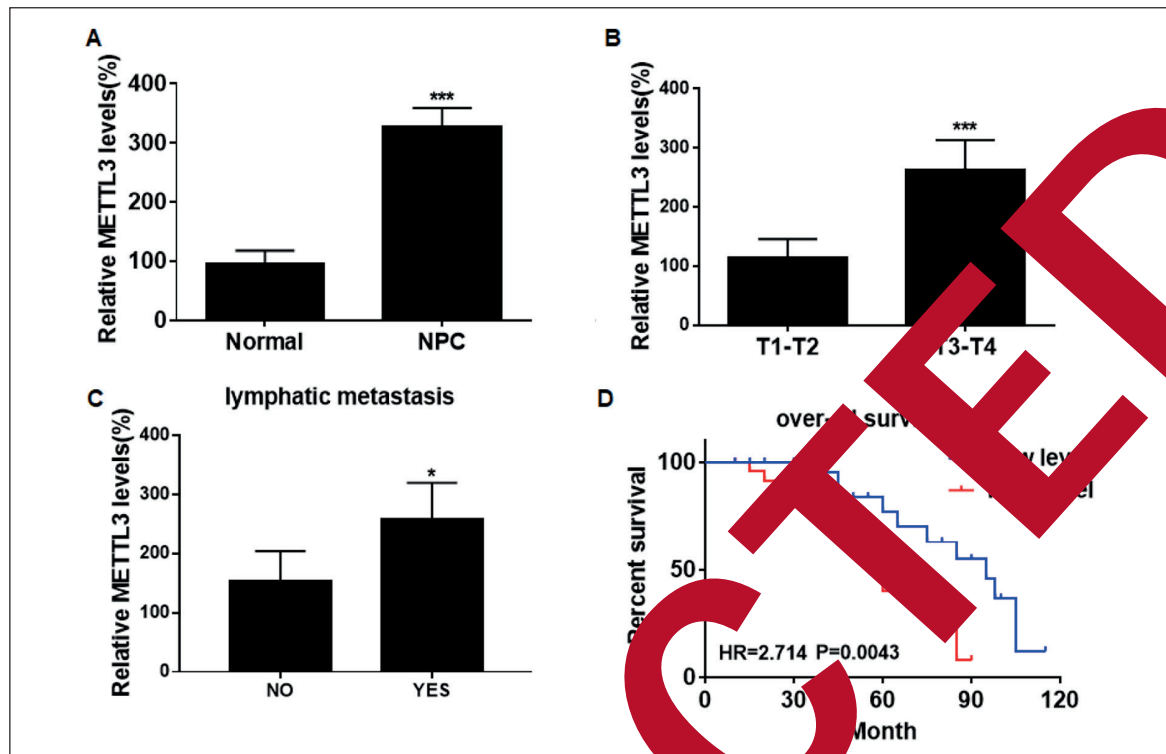


Figure 1. METTL3 was highly expressed in NPC tissues and negatively correlated with prognosis of NPC patients. **A**, METTL3 was highly expressed in NPC tissue. **B**, METTL3 expression level was significantly higher in T1 and T2 phases than in T3 and T4 phases. **C**, METTL3 expression was significantly higher in the metastatic group than the non-metastatic group. **D**, Overall survival of patients with higher expression of METTL3 was significantly lower than that of patients with lower expression.

in T1 and T2 tumors (Figure 1B). Meanwhile, METTL3 level was remarkably higher in metastatic group than non-metastatic group (Figure 1C). Kaplan-Meier analysis revealed that patients with higher METTL3 expression exhibited significantly worse prognosis and shorter survival time when compared with patients with lower expression (Figure 1D). These data indicated that METTL3 was highly expressed in NPC tissues and was negatively correlated with the prognosis of patients.

Knockdown of METTL3 Weakened the Proliferative and Migration Abilities of NPC Cells

To observe the role of METTL3 in the development of NPC, we detected the expression of METTL3 in normal epithelial cell line (BEAS-21) (Figure 2A) and NPC cell lines (SUNE-1 and C666-1) by qRT-PCR as well. The results showed that METTL3 was highly expressed in NPC cells (Figure 2A). Next, we knocked down METTL3 expression in SUNE-1 cells (Figure

2B). CCK-8 and wound healing assay results revealed that cell viability and migration abilities remarkably decreased (Figures 2C, 2D). The above findings suggested that downregulation of METTL3 could inhibit the viability and migration abilities of SUNE-1 cells.

METTL3 Mediated the Regulation of EZH2 Expression by m⁶A

To further explore the mechanism of METTL3 in NPC development, we knocked down METTL3 expression in SUNE-1 cells. Subsequent Western blot findings showed that the protein expression of EZH2 was remarkably reduced. However, qRT-PCR showed no significant changes in the mRNA expression level of EZH2 after interference with METTL3 (Figures 3A and 3D). Further RIP assay revealed that METTL3 could bind to EZH2 mRNA in SUNE-1 cells (Figure 3B). Meanwhile, RIP data indicated that EZH2 mRNA in SUNE-1 cells was modified with m⁶A (Figure 3C). The above results indicated that METTL3 could affect the protein expression of

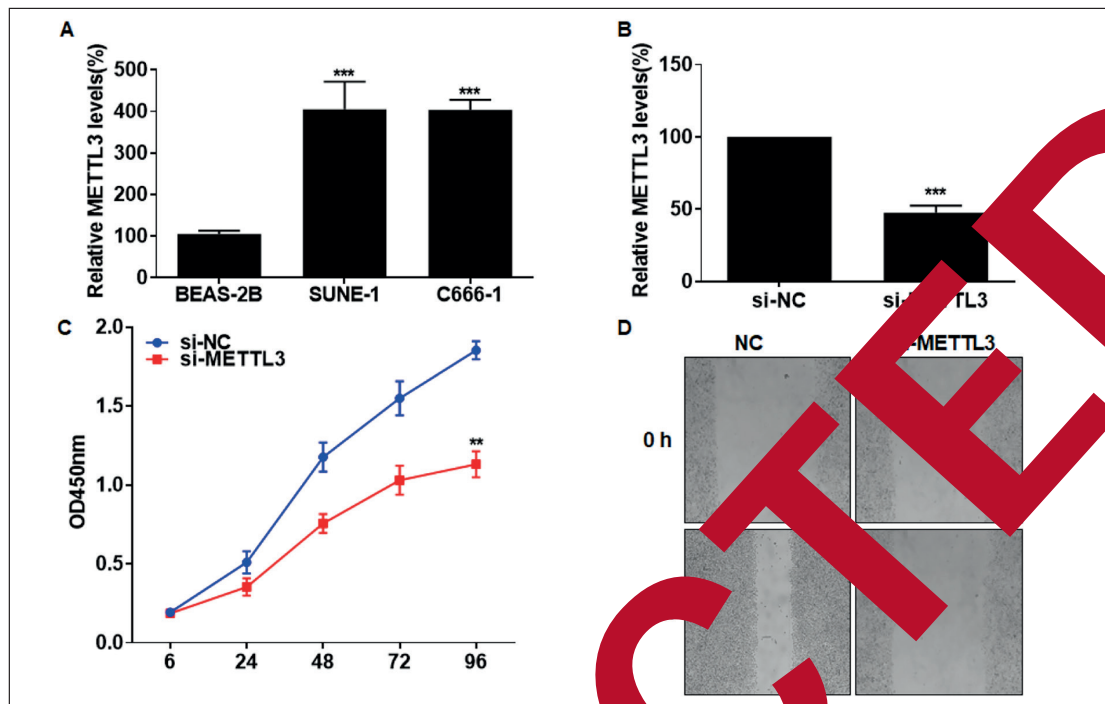


Figure 2 Interference with METTL3 blocked the proliferation and migration of SUNE-1 cells. **A**, METTL3 expression in normal epithelial cell (BEAS-2B) and NPC cell lines (SUNE-1 and C666-1). **B**, Construction of the interference sequence to knockdown the expression level of METTL3. **C**, Cell experimental results showed that the viability of SUNE-1 cells decreased after interfering with METTL3. **D**, Wound healing assay showed that the migration ability of SUNE-1 cells decreased after knockdown of METTL3 (magnification: 40 \times).

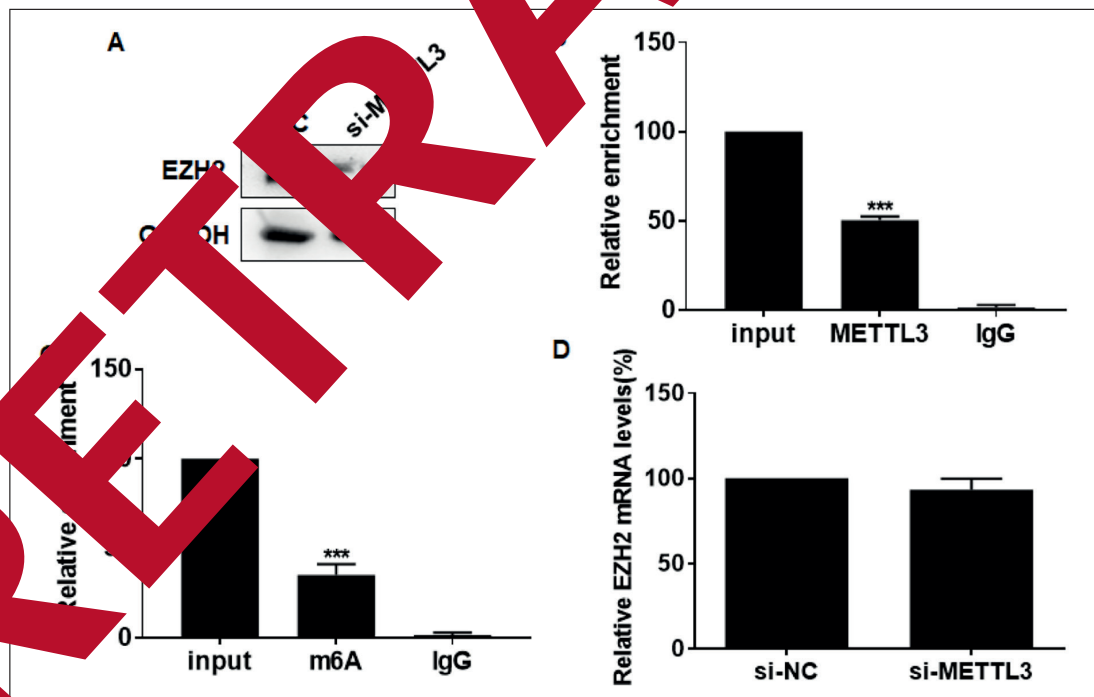


Figure 3. METTL3 mediated m6A regulation of EZH2 expression. **A**, The protein expression level of EZH2 decreased after knockdown of METTL3 in SUNE-1 cells. **B**, RIP experimental results indicated that METTL3 could bind to EZH2 mRNA. **C**, RIP results indicated that m⁶A modification occurred on EZH2 mRNA. **D**, After knockdown of METTL3 in SUNE-1 cells, the mRNA expression level of EZH2 was not significantly changed.

EZH2 in NPC cells by mediating the m⁶A modification of EZH2 mRNA.

EZH2 Inhibited the Expression of CDKN1C in SUNE-1 Cells

To observe the roles of METTL3 and EZH2 in tumor progression, we constructed and transfected interference sequences to knock down EZH2 in SUNE-1 cells (Figure 4A). After transfection, CDKN1C mRNA expression was found significantly up-regulated (Figure 4B). Subsequently, CHIP assay suggested that EZH2 could bind to the CDKN1C promoter region to inhibit the expression of CDKN1C (Figure 4C). In addition, Western blot data demonstrated that the protein expressions of EZH2 and CDKN1C in SUNE-1 cells decreased significantly after knockdown of METTL3 (Figure 4D). The above results suggested that METTL3 might regulate the expression of CDKN1C *via* regulating EZH2.

METTL3 Mediated EZH2 Inhibition of CDKN1C and Promoted the Malignancy of NPC

To investigate whether the inhibition of CDKN1C through EZH2 mediated by METTL3 could promote NPC progression, we knocked down

METTL3 in SUNE-1 cells. QRT-PCR results indicated that CDKN1C expression was remarkably up-regulated. After simultaneous downregulation of CDKN1C and METTL3 (Figure 5A), CCK-8 data demonstrated that interference with CDKN1C could reverse decreased cell activity caused by inhibition of METTL3 (Figure 5B). Similarly, the results of wound healing assay showed that interference with CDKN1C reversed the decreased migration ability of SUNE-1 cells caused by knockdown of METTL3 (Figure 5C). The above findings revealed that METTL3 could mediate EZH2 inhibition of CDKN1C, thereby improving the viability and migration of NPC cells.

Discussion

As an RNA post-transcriptional modification, the effect of m⁶A modification on transcription, splicing, mRNA stability, and translation rate, regulates the basic characteristics of cells. Meanwhile, the regulation of these pathways is associated with many human diseases^{21,22}. However, the molecular mechanism of METTL3 in the development of NPC has not been fully elucidated.

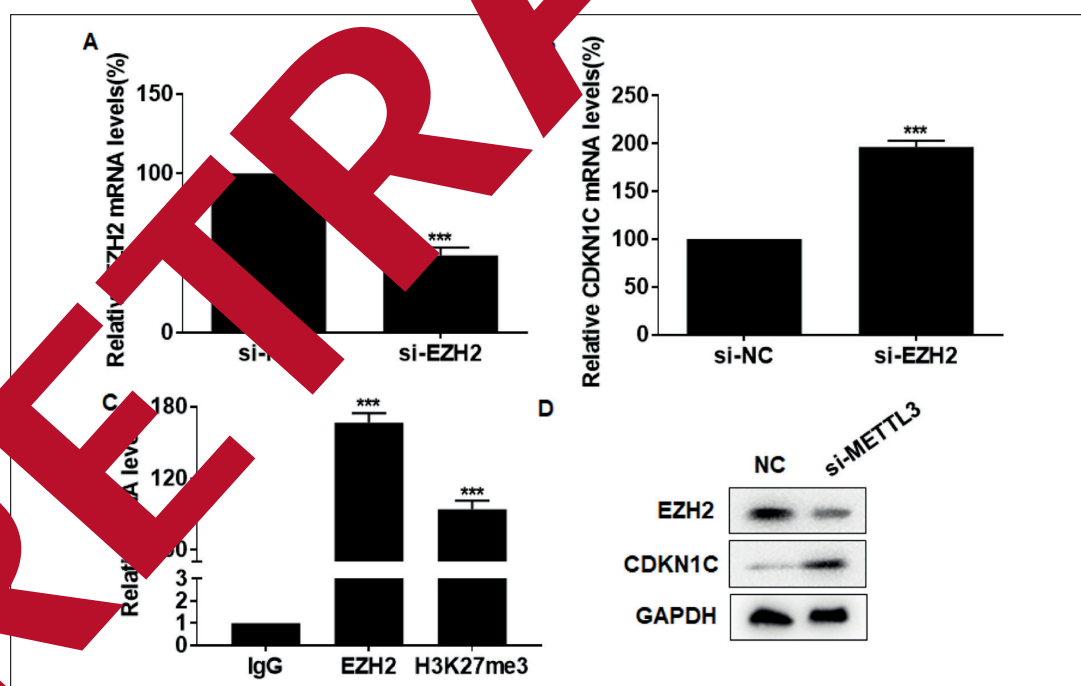


Figure 4. EZH2 inhibited CDKN1C expression in SUNE-1 cells. **A**, The interference sequence was constructed in SUNE-1 cells to inhibit the expression level of EZH2. **B**, QRT-PCR showed that the mRNA expression level of CDKN1C in SUNE-1 cells increased after interference with EZH2. **C**, CHIP assay showed that EZH2 could bind to CDKN1C. **D**, Western blot showed that the protein expression levels of EZH2 and CDKN1C decreased after METTL3 downregulation.

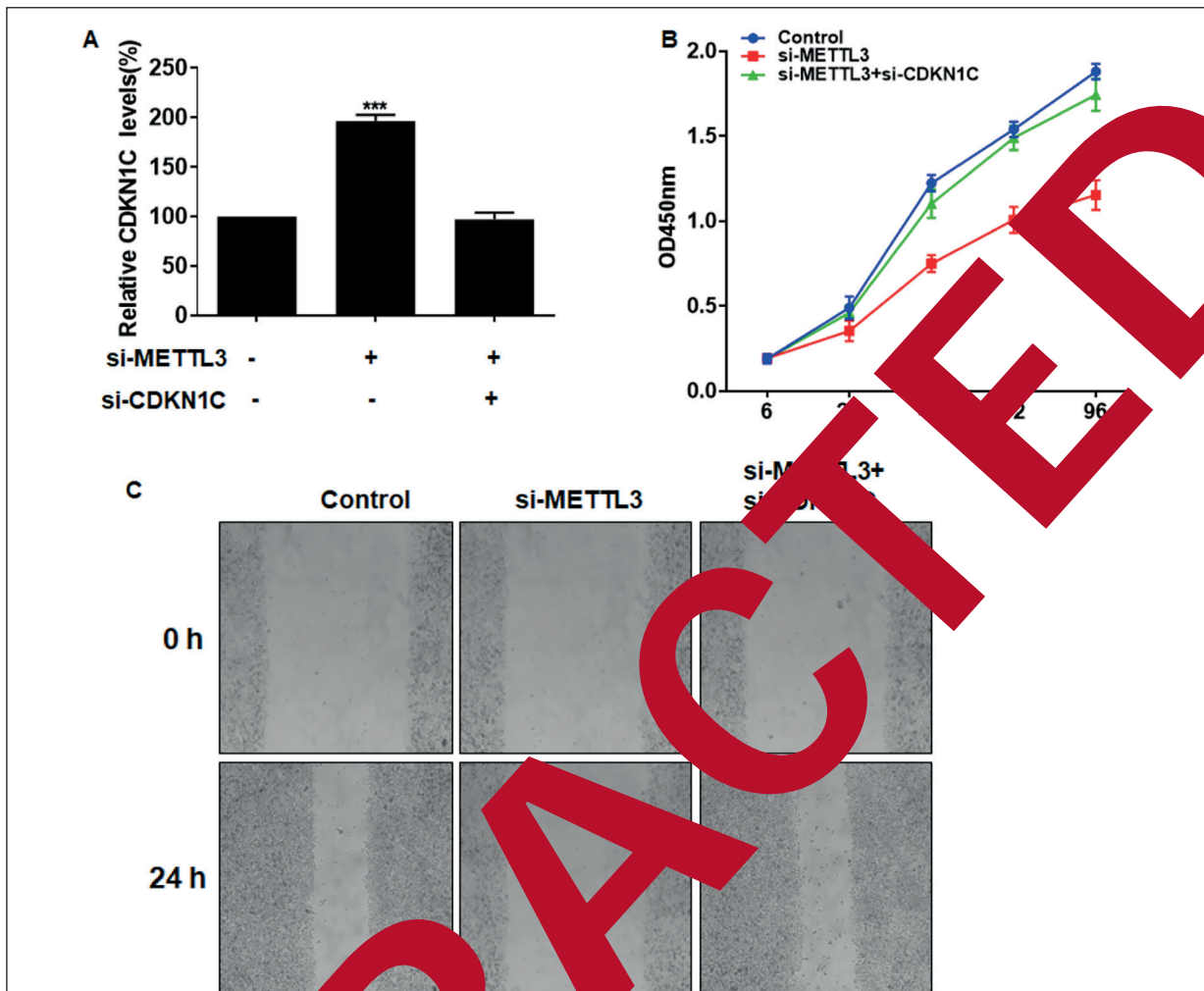


Figure 5. METTL3-mediated EZH2 inhibition by CDKN1C promoted malignant progression of NPC. **A**, Interfering sequences were transfected in SUNE-1 cells to knock down the expression level of CDKN1C. **B**, CCK8 assay showed that knockdown of CDKN1C could reverse the decrease in the activity of SUNE-1 cells caused by knockdown of METTL3. **C**, Wound healing assay showed that knockdown of CDKN1C could reverse the decreased migration ability of SUNE-1 cells induced by downregulation of METTL3 (magnification: 40 \times).

Our study demonstrated that METTL3 was highly expressed in NPC tissues. The expression of METTL3 in advanced NPC tissues was remarkably higher than that in early ones. Meanwhile, overall survival analysis revealed that the overall survival of patients with higher METTL3 expression was remarkably lower than that of patients with low METTL3 expression. These findings suggest that METTL3 might play a vital role in the process of NPC.

In eukaryotes, m⁶A modification mediated by METTL3 and METTL14 is necessary for normal cell activity, and their disorder may cause a variety of diseases¹⁰. Current studies on the crystal structure of the heterodimer show that

only METTL3 exerts catalytic activity. However, METTL14 stabilizes METTL3 and its interaction with RNA molecules^{23,24}. This work revealed that METTL3 could affect EZH2 expression by mediating the m⁶A modification of EZH2 mRNA. After knockdown of METTL3 in NPC cells, the protein expression level of EZH2 decreased. Furthermore, the viability and migration abilities of NPC cells were significantly reduced.

EZH2 is an important component of the PRC2 complex, which catalyzes the methylation silencing of target gene lysine 27 of histone 3²⁵⁻²⁷. In this study, we found that EZH2 could bind to the CDKN1C promoter region to silence the expression of CDKN1C. When METTL3 was down-

regulated in SUNE-1 cells, CDKN1C expression was also inhibited. Meanwhile, knockdown of CDKN1C could reverse the decreased viability and migration ability of SUNE-1 cells caused by interference with METTL3.

Conclusions

In summary, this report shows that METTL3 was highly expressed in NPC tissues and affected the survival of patients with NPC. *In vitro* experiments indicated that METTL3 could promote the protein expression of EZH2 by mediating the m6A modification of EZH2 mRNA. In addition, EZH2 could increase the malignancy of NPC cells by silencing CDKN1C, thereby promoting the development of NPC.

Conflict of Interest

The Authors declare that they have no conflict of interests.

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