Study of liver toxicity and DNA damage due to exposure to the pesticide Mancozeb in an experimental animal model – A pilot model

N.D. SUAREZ URIBE¹, M.F. PEZZINI¹, J. DALL'AGNOL¹, N. MARRONI⁴ S. BENITEZ⁴, D. BENEDETTI³, J. DA SILVA^{2,3}, C.T. CERSKI¹, E. DALLEGN S. MACEDO⁵, S.C.W.S.E.F. DE OLIVEIRA⁵, D. JOVELEVITHS¹



Innes et al⁹ (1969) demonstrated that chronic exposure to Mancozeb (18 months) increases the incidence of adenoma and hepatocellular carcino-

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Brazilian agriculture has developed to such an extent in the last 40 years that the country ma in female and male rats. Ahmed et al¹⁰ (2017) showed evidence of different alterations in the biochemical and hematological parameters. Other authors, such as Yahia et al¹¹ (2015), found similar results, mainly involving the transaminases.

Fungicide toxicity is often related to the formation and increase of reactive oxygen species (EROS), resulting in oxidative damaging products and/or changes in the levels of antioxidants and enzymatic systems for eliminating EROS¹², creating an imbalance called oxidative stress¹³. Exposure to pesticides has been associated with the induction of oxidative stress in multiple systems¹⁴. Some authors, such as Atamaniuk et al¹⁵ (2014), focused their research on the evaluation of oxidative stress, which was demonstrated by different enzymes such as superoxide dismutase (SOD), catalase (CAT) and glutathione peroxidase (GPx)¹⁵. Besides the effects of oxidative stress following exposure to Mancozeb, the evaluation of genotoxicity from pesticides triggers chronic effects harmful to humans. These effects begin with cellular damage and potentially cause the development of teratogenesis and cancer^{16,17}. Among the methods to detect damage to we can cite the micronucleus (MN) test icity caused by Mancozeb has been repo in various experimental studies¹⁹⁻²¹, which sh evidence of the suspicion of carcinogenicit rats¹⁹ and induction of damage to n expos isms^{20,} cells in vitro through oxidat me Clinical studies aiming to aluate t genotox icity of EBDCs are scare he l and the histological evaluation on oy Pirozz 1²² (2016) is described. The w one of the few r h the dee studies, in sociated wi grees of liver exposure ato to Mancozh are evalu concluding that the fungicid creased the h r of intracellular lipid d lets.

For to the essible damage caused by Mangane why eebis (Mancozeb) following prolonged where three d contact with the conmant and loop food residues²³, we chose to make the estimated of the second se

Materials and Methods

An experimental study was performed with 27 male Wistar rats weighing 280 to 300 g. The animals were placed in boxes with 3 rats in each box, on a wood shavings bed, and fed a standard diet and water *ad libitum*. The rats were maintained on a 12-hour light/dark cycle, at a temperature of $22 \pm 1^{\circ}$ C. The maximum dose defined for this model was 500 mg/kg, based on the lethal dose of Mancozeb. This dose corresponds to the lethal dose¹.

Experimental Design

The animals were divided random to three groups:

- Control Group (CG): trats that recent saline solution (0.9 NaCl) with the same frequency as the other puper aring the same period.
- oup I (M Intervention that received a f Mancoze ane[®] NT) dissolved in saline solu-(250 m g/u tion (0.9% NaCl) a final volume of 2 ml/ nistered by K ge, once a week, for weens.
- htervention Group II (MZ2): 9 rats that reeived a doct of Mancozeb (Dithane[®] NT, w AgroSci des Industrial Ltda, Jacareí/ sulo, Br. d) (500 mg/Kg/day)¹⁰ dissolved in a superation (0.9% NaCl), with a volume of 2 ml/Kg administered by gavage, once a for 12 weeks.

This model proposed to mimic the exposure to Mancozeb to winegrowers in the state of Rio Grande do Sul, Brazil. This is characterized by farmers who apply this fungicide annually, from October to December, with a total of approximately 12 weeks of exposure. This work is a pilot study of a clinical model.

Anthropometric Measurements and Procedures

Anthropometric measurements, such as weight, abdominal circumference, and naso-anal length, were taken weekly and at the end of the experiment.

Approximately (~2 mL) of urine were collected two days before euthanasia, through metabolic cages, to evaluate the biological indicator of exposure: Ethylenethiourea (ETU).

During the experiment, in week 10, one of the rats in group MZ1 died because of alimentary bronchoaspiration, without any histological change in the liver. After the experiment ended, the animals were anesthetized with isoflurane (Instituto Biochimico Ind. Farm. Ltda. Penedo/ Cordovil, Rio de Janeiro, Brazil) at a concentration of 5% diluted in oxygen 100%. After confirmation of the anesthetic level, the animals were exsanguinated by the transcardiac route to collect blood and organs, and some of them were stored under appropriate conditions.

Biochemical and Hematological Analyses

The following were analyzed: total bilirubin (TB) and fractions – Direct (DB) and Indirect (IB) – creatinine (colorimetric method), AST and ALT (enzymatic method), and alkaline phosphatase (colorimetric kinetic method) (p-NNP - DG KC). Evaluation of blood count and platelets was made using the light absorbance/impedance/flow cytometry and acetylcholinesterase (kinetic enzymatic) methods.

Genotoxicity

After collecting peripheral blood and bone marrow from the rat femur, genotoxicity was evaluated using the Micronucleus test, following the protocol of Miller et al²⁴ (1997) and Comet assay. The first was performed on blood samples that were rubbed and stained with Giemsa, and then the micronuclei present on the slides were counted by two blinded researchers. The assay was evaluated in the blood and live In the latter, the tissue was dissected and ed in a buffered solution pH 7.4 (PBS), mixed agarose 0.75%, and spread on slides, with a er application of electricity for nutes, a neutralized after electroph final analyzed.

Oxidative Stress

In serum and liv lipid peroxdissue san idation was eva using the i d of species reactive t ric acid (T .RS), fol-1100 lowed by the evaluation peroxide Dismutase alase (CAT), thione (GSH) en-(SOD), nd by spectrophotometry, and proteins zyme lated by the Bradford²⁵ method (1976). carl

Histon Analy

fter h, corrected extraction of the liver, theorem tisses are stored in formaldehyde at 10° (Formaldehyde solution 10% Sigma-Alde and Louis, MO, USA) for 48 hours and aced a caraffin blocks, stained in Hematoxand Eosin, to evaluate liver steatosis and girius Red for fibrosis, categorized in the foh wing patterns:

A: Absence of portal fibrous expansion, perivenular or perisinusoidal fibrosis.

B: Discrete balloonization of perivenular hepato-

cytes, with occasional foci of inflammatory infiltrates.

- C: Discrete balloonization of perivenular hepatocytes.
- D:Discrete perivenular inflammatory for

Statistical Analysis

Normality was evaluated using Shapiro-Wilk test. The quantite variab median, minimum and ma ium were de and compared among groups ming nonmetric tests such as kal allis, followed by Dunn-Bonferr for the 3oups) pos y, when tw and Mann-Whi ups re compared.

Categorial values were presented as number and percentage. In Exact Fisher's test was used a paper categorial variables. Association what $p \le 0.05$ were unsidered statistically sufficient. A statistical analysis was performed upg the statistical program SPSS version 20.0 (100 Corp., Arnock, NY, USA).

Results

measurements were demonstrated using the Lee index and Body Mass Index (BMI). There was a statistical significance when the control group was compared to the exposed groups MZ1 and MZ2 (p = 0.01).

The medians of weight at the end of the experiment in each group were 527 grams in the Control Group, 485 grams in MZ1, and 479 grams in MZ2, demonstrating a lower weight at the end of the experiment of the exposed groups when compared to the control group (Figure 1).

Abdominal circumference was measured at the end of the experiment, showing evidence of statistical significance in the two groups exposed, MZ1 and MZ2, when compared to the control group, p = 0.01, with a median of 23 cm for the control group and 20 cm for the exposed groups.

Blood Count and Biochemical Parameters

Among the different blood count parameters, it was possible to detect a significant statistical difference in the platelet count of the exposed groups – (MZ1 p = 0.003), and (MZ2 p = 0.015) – compared to the control group (CG).



Figure 1. Median of the weight of animals in Groups GC, MZ1 and MZ2 over time.

Table I shows the different measurements of dispersion.

The FA enzyme revealed a signification ference in group MZ2 compared to the group (p = 0.049), although no difference found in comparison to group MZ1.

There was a significant difference of tween the treated groups MZ1 and MZ2 togan with the Ace tylcholinesterase dosage, c pared to be control group (p = 0.049). In each ing the type sector of the type sector $t_{\rm e}$ and $t_{\rm e}$ type sector $t_{\rm e}$ type sector $t_{\rm e}$ and $t_{\rm e}$ type sector $t_{\rm e}$ and $t_{\rm e}$ type sector $t_{\rm e}$ type sector $t_{\rm e}$ and $t_{\rm e}$ type sector $t_{\rm e}$ and $t_{\rm e}$ type sector $t_{\rm e}$ type sector $t_{\rm e}$ and $t_{\rm e}$ type sector $t_{\rm e}$ type sector $t_{\rm e}$ and $t_{\rm e}$ type sector $t_{\rm e}$ and $t_{\rm e}$ type sector $t_{\rm e}$ type

aspartate aminotransferase (AST) and alanine aminotransferase (ALT), no significant difference could be detected (p = 0.23 and p = 0.90).

Biological Marker of Exposure –

ETU, as a biological marker of exposed we evaluated and detected in the group s exposed with a median of 219 (ng/mL) in group MZ2, show that statistically significant exposure = 0.05).

Genotoxicity

Genotoxicity was encoded a different samples: liver tissue, here many lood, and cripheral blood.

Micronu

In the micronuc (MNs) count in bone mar od and per al blood (Figure 2), a meany significant dh. ence was found $p \leq$ st , when group MZ2 was compared to the CG an of (7.2 ± 1.1) micronuclei ure 3). The oup MZ2, while in the conbserved in n (CG) e mean was (1.0 ± 0.5) . There tro int statistical difference between was ne roups MZI and MZ2.

Assay

The Comet Assay evaluation was performed in peripheral blood and liver tissue; there was a significant difference in the evaluation of the liver tissue of the groups exposed $p \le 0.05$ (Supplementary Figure 1).

Table I. Comparativ e of the blood nd biochemical parameters. Control MZ1 n = 8MZ2 n = 9P Blood Co Hemos (mg/dL) (11.3 - 17.7)17.7 (16.3-18.4) 17.4 (16.3-17.7) 0.150 ×10⁵) (4.85-11.21)^a 11.60 (10.60-12.48)b 11.34 (9.87-12.72)b 0.002 Plat (10^{3}) 7.8 (4.7-9.1) 8.25 (6.3-10.1) 7.25 (5.7-8.9) 0.477 Lv 7.0 (4.3-8.3) 7.3 (5.7-9.0) 6.3 (4.9-7.8) 0.421 Bioch 69 (56-104) 69 (54-123) 0.238 56 (42-128) 139 (121-204) 135 (112-309) 133 (90-291) 0.908 0 (0-0.20) 0.989 oilirubin 0 (0-0.20) 0 (0-0.20) 0.05 (0-0.23) t bilirrubin 0.08 (0.06-0.96) 0.05 (0.04-0.33) 0.042 rubin -0.09 (-0.94 - -0.06)^a -0.05(-0.23-0)b -0.05 (-0.31 - -0.04)b 0.010 sterase 433 (331-488) 480 (429-521) 497 (404-601) 0.049 Alkaline Phosphatase 150 (100-174)^a 118 (98-169)^{a,b} 116 (64-133)^b 0.049 osure markers 219 (106-1041) 587 (232-1077) 0.059*

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Data presented as median (minimum-maximum) and compared using the Kruskal-Wallis test. Different superscript letters represent astatistically differente groups. *Mann-Whitney test. WBC: White blood cells AST: Aspartate Aminotransferase, ALT: Alanine Aminotransferase ETU: Ethylenethiourea.



Figure 2. Optical microscopy photo HE 100×. Micronuclei in peripheral blood.

Oxidative Stress

When the statistical analyses of the oxidative stress markers were performed, we found a statistically significant difference in the Superoxide Dismutase (SOD), Catalase (CAT), and Reduced Glutathione (GSH) (Table II).

The results for thiobarbituric acid resubstances (TBARS) were not statistically icant when the groups were compared (p >

In the CAT evaluation, there was stath significance when group MZ2 was compare the control group (p = 0.011).

In the analysis of SOD by seen, ps MZ and MZ2, statistical size scance is found (Mann Whitney p = 0.02), Reduced Glutathic (Geometric States of V

Reduced Glutathic (Gb. Superson ysignificant (p = 0.0 when group 71 and MZ2 were compared CG. No star 1 signifi-

Oxidative stress.



pared to the Control Group.

Histological patterns found: (Supplementary Figure 3)

- A: Absence of portal fibrous, perivenular or perisinusoidal fibrosis.
- B: Discrete Balloonization of perivenular hepatocytes, with occasional foci of inflammatory infiltrate.

Control n = 9 MZ1 n = 8 MZ2 n = 9 р dativ 0.47 (0.35-1.39) 0.45 (0.30-1.03) 0.58 (0.36-1.04) 0.388 RS (nm oxide dish (SOD) 25.4 (4.4-118.7) 35.8 (13.9-63.3) 15.5 (2.6-29.5) 0.086 D/mg prot) 2.6 (2.2-2.9)^a 2.4 (2.1-3.2)^a 2.1 (1.7-2.2)^b 0.011 ng prot) educed glutatione (GSH) 0.085 (0.048-0.118)^{a,b} 0.065 (0.041-0.073)^a 0,088 (0,033-0.136)b 0.020 ls/min/mg prot) hylated proteins 2740.7 (1692.2-16996.8) 5370.0 (702.4-17119.7) 4697.1 (938.9-15701,1) 0.728 (nh ol carb /mg pro)

5).

Date presented as median (minimum-maximum) and compared by the Kruskal-Wallis test. Different superscript letter represent satistically differente groups.

Tabl

- C: Discrete Balloonization of the perivenular hepatocytes.
- D:Discrete perivenular inflammatory foci.

Discussion

Exposure to different agricultural pesticides has become more frequent among the Brazilian population and worldwide. The purpose of this study was to analyze chronic exposure to Mancozeb and its toxic effect on health, mainly in the liver, using an experimental pilot model for a future clinical study.

It was demonstrated that 12-week exposure to Mancozeb led to a delay in weight gain throughout the experiment. There is little literature on measuring or approaching anthropometric measurements in a population exposed to agricultural pesticides. In this work, BMI was compared using the Lee Index, by means of multiple variables, and the result showed a statistically significant difference (p = 0.01) in the groups exposed, MZ1 and MZ2, compared to the control group. This result is supported by the difference. ipe ich abdominal circumference at the end of the iment with animals in the groups exposed, is always smaller after exposure to Mand compared to the control group.

The evaluation of biochemi hema logical parameters, according d et al (2017), showed results in nich he tological damage, expressed in a and mia occurred; these mod ation 6 nors¹⁰ als ribes alterin this work. The ations in the bi istry of the such as elevation of A kaline phos tase, and , A. acetylcholi esterase ac among the results observed rats treated Mancozeb, at 250 mg/kg for 4 week contrary to that e findings with statistical significance in and 5 he findi stu were related to the platelet count the in this showi an increased number of exposed (MZ1 and MZ2). lets n tro was a drop in the alkaline rmore, hatase levers in these groups, a finding position with the results found in e, which are probably related to the itional component, clearly seen to be altered exposure, suggesting malnutrition. Bowling presented studies^{27,17} in which the alkaline phosphatase levels are low and suggested that they are related mainly to bone metabolism or some nutritional disorders.

Yahia et al⁵, evaluating hepatic biochemical parameters, also found an elevation of the enzymes AST, ALT, alkaline phosphatase, and total bilirubin in a group of rats treated with 500 and 1,000 mg/Kg/day of Mancozeb, for ⁹ In this study, there was no statistical signacant difference between the transact ases of the groups. Nevertheless, this fact document invalidate the potential for damage.

The determination of as a of exposure to the EBDCs already bee ied and proved by dif nt authers^{28,29} in cal and experimental experimental of the work enabled the mon ctive ection of arker of evaluation by S a exposure to zeb. Aprea described h a very rander elimination arke ETU as a kinetic, with maxim xcretion within the first al model was dosed 24 b This expert at more beyond the hours after the last Sę osure, and, even so, showed evidence of being eful tool to uate exposure to EBDCs. nd, Fustinoni et al²⁹ present the other ation in the control group, ref conta res els in urine. The authors further vealin onfirmed the findings of this work, since they

d the limitations of the external factors at our in humans. The experimental model developed here enabled the detection of ETU levels in the urine of those exposed and did not show any evidence of ETU in the controls, validating the biological indicator of exposure in this sample.

In evaluating oxidative stress in liver tissue and serum, lipid peroxidation was analyzed by the TBARS technique; we did not observe a significant difference when the animals were exposed to the agent in groups MZ1 and MZ2, respectively. Other experimental models for cirrhosis and cancer, with xenobiotics such as utilizing DEN³⁰ and CCL4³¹, observed increased lipoperoxidation by TBARS, different from our findings^{30,31}. Other studies^{24,32-35} have also shown evidence of greater lipoperoxidation in organs such as the kidney, lung and liver of animals that were cirrhotic through CCL4 or ligation of the bile duct. There was also an increase of lipoperoxidation in pictures of colitis through damage to the cellular membranes in an experimental model.

The antioxidant enzyme SOD is considered the first line of defense against the formation of EROS. The decrease of SOD activity in the MZ2 groups could be associated with the increase of TBARS that was consumed in an attempt to diminish lipoperoxidation, and thus diminish oxidative damage based on the dismutation of the superoxide radical anions and formation of H₂O₂³⁵.

The significant increase of SOD enzyme activity (p < 0.05) in the animals of group MZ1 and MZ2 compared to the CG, suggests a protective effect after oxidative damage, which we can, in fact, observe from the lipoperoxidation (TBARS) damage, whose level is equal to those of the control group.

The function of CAT is to act on the H_2O_2 catalyzing it to water and O_2^{36} In the present study, it can be observed that enzyme activity is diminished in the animals in groups MZ1 and MZ2. These data are in accordance with Schemitt et al³⁵, who observed that CAT was diminished in the livers of animals that presented liver damage induced by Thioacetamide.

Increased carbonylation of the liver proteins is associated with oxidative damage provoked by the aggressor agent, Mancozeb. Similar effects were observed with the use of Thioacetamide. In this scenario, the xenobiotic significantly increased the carbonyls, and increased carbonylation of the liver proteins is associated with oxidative age³⁷. On the other hand, using an antioxi this case, melatonin, was linked to a sign ant decrease. In this study, no evidence of a tically significant response was found (des different values among the gr uch as the findings of Atamaniuk et It can b 1n suggested that the antioxi acted as (enzyn scavengers of the free rad rote cellular membranes and ven 'n and the increased Jonylation er proteins. The presence of arbonyl gro dehydes, and ketones i uence of the oxidative le l damage carsed by age. at attack the cellular membra

Asi from the effects of ative stress secto exprine to Mancozeb, the evaluation ond can show chronic effects that are of g umans rese effects begin with harmfu lotoxic damage and potenlar da or clopment of teratogenesis and cause th ^{16,17}, the gootoxic potential being a primafor long-term effects¹⁰. Genotoxicity d using 2 different methods: Comet y and Micronucleus count. The methods were red and analyzed both in liver tissue and in per pheral blood and bone marrow blood. Among the results presented, a significant difference was observed in the analyses of liver tissue of groups MZ1 and MZ2, compared to the control group,

and also in the bone marrow blood. It was possible to detect a statistical significance in group MZ2 compared to the control. According to the literature, the genotoxic potential is a risk factor for developing teratogenesis and cancer¹⁶

The histopathological findings in the ork w er damage. contribute to knowledge regarding It should be highlighted that the very little literature that discusses the hist logical posure . of its kind in evaluation of the liver after ncozeb. In this study, the fu the evaluation was per ned in all the rat h The findings of this W oalloonization and discrete peri ular matory Itrate sed, with velo in the groups g into a was no fib. severe lesior any of the alterations . gesting evosamples, r any lution to advanced disease, probably due to the t exposure. literature, the study mes at al⁹ showed expense of an increased by dence of adenoma and hepatocarcinoma in months, with a time of expotreated for times gre than in this study. S nform h is useful, however, in the

e main reason why the time of 12 presen eeks was chosen was to mimic real life in a pilot considering that the workers are exposed oduct (Mancozeb) for approximately 2 to 3 months, during the cultivation period, after which they stop and only resume their activities a long time later. In no case is the exposure continuous for longer than 6 months. This was based on the duration of the life of a rat under animal research laboratory conditions. These animals live an average of 18 months (547.5 days), and when this period is converted into years of life, 12 weeks (84 days) correspond to approximately 11 years of life, a reasonable time length when considering chronic exposure³⁸.

Limitations

The main limitation of the study was having to perform the exposure to Mancozeb by gavage, and not by inhalation since gavage is the only method approved by the Research Ethics Committee. As described in the objectives of this work, the idea was to mimic real life, however, following the guidelines and normativity in force in the animal experimentation unit, the use of exhaustion hoods for exposure by inhalation, in order to protect the research team was not approved.

This study was carried out during the COVID-19 pandemic, a circumstance that conditioned its development and also became a lim-

itation, due to the reduction in the operating hours of the animal experimentation unit and restrictions of the researchers, who were allowed access only in small groups or even individually, to respect the recommendations and protocols of the hospital infection control center in order to avoid the proliferation of the virus.

A further limitation was the small sample size, defined in accordance with the current legislation in Brazil (Law 11,794 of October 8, 2008), which establishes procedures for the scientific use of animals and follows regulations of the humane use of animals from the normative resolutions n° 30/2016 (Brazilian Guideline for the Care and Use of Animals in Teaching or Scientific Research Activities - DBCA), and n° 37/2018 (Guidelines of Euthanasia Practice) of the National Council for the Control of Animal Experimentation – CONCEA.

Conclusions

The results confirmed the efficacy of the experimental model to induce hepatotoxicity. In the animals treated, Mancozeb could alter aspects ranging anthropometric measurements to liver histol

After developing an experimental mode icking the reality encountered in the count terms of agriculture and grain production, the consequent use of chemic as pes cides, specifically Mancoze nclude that this pesticide is preju ial to h h, espe cially to DNA; this was strat of blood tissue from bo tissue of the rats st ed.

The study depend is a phonodel, the beginning of pargent of research elated to chronic exposure to again fural pesticides, continuing the clinical model on seeks to evaluate the effect of Mancozeb on vivo ature.

Conflic terest

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Authors' Contribution

N.D Suarez Uribe, M.F Pezzini and D. Joveleviths designed and coordinated the study; J. Dall Agnol, N. Marroni, S. Benitez, D. Benedetti, J. da Silva, C.T. Cerski, E. Dallegrave, S. Macedo performed the experiments, acquired and analyzed data; N.D Suarez Uribe, M.F Pezzini and D. Joveleviths interpreted the data; N.D Suarez Uribe, M.F Pezzini wrote the manuscript; all authors approved the final version of the article.

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Afs. . . , was submitted to and approved by the Medical Ethics Committee of Hospital de Clínicas de Porto Alegre, HCPA, under number 2019-0647.

Informed Consent Not applicable.

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