

Nocardia kroppenstedtii: a rare pathogen isolated from the spinal vertebral abscess of a patient on long-term immunosuppressive therapy

S.T. TAY¹, P.L. WONG², C.-K. CHIU³, S.N. TANG¹, J.L. LEE¹, N.W. HAMDAN¹, C.-K. LEE³, R. KARUNAKARAN¹

¹Department of Medical Microbiology, Faculty of Medicine, University of Malaya, Kuala Lumpur, Malaysia

²Department of Medicine, Faculty of Medicine, University of Malaya, Kuala Lumpur, Malaysia

³Department of Orthopaedic Surgery, Faculty of Medicine, University of Malaya, Kuala Lumpur, Malaysia

Abstract. – **OBJECTIVE:** *Nocardia kroppenstedtii* was isolated from the spinal vertebral abscess of a 78-year-old patient presenting with mid-thoracic pain and bilateral lower limb weakness and numbness. The patient was on long-term immunosuppressive therapy with steroids for underlying autoimmune hemolytic anemia. Investigations showed a T5 pathological fracture and vertebra plana with the erosion of the superior and inferior endplates. There was evidence of paraspinal collection from the T4-T6 vertebrae with an extension into the spinal canal. Analysis of *Nocardia* 16S rRNA (99.9%, 1395/1396 nt) and *secA1* gene (99.5%, 429/431 nt) fragments showed the highest sequence similarity with *Nocardia kroppenstedtii* type strain (DQ157924), and next with *Nocardia farcinica* (Z36936). The patient was treated with intravenous carbapenem and oral trimethoprim-sulfamethoxazole for four weeks, followed by another six months of oral trimethoprim-sulfamethoxazole. Despite the improvement of neurological deficits, the patient required assistive devices to ambulate at discharge. This study reports the first isolation of *N. kroppenstedtii* from the spinal vertebral abscess of a patient from Asia. Infections caused by *N. kroppenstedtii* may be underdiagnosed as the bacterium can be misidentified as *N. farcinica* in the absence of molecular tests in the clinical laboratory.

Key Words:

Nocardia kroppenstedtii, *Nocardia farcinica*, Spinal infection, 16SrDNA, *secA1*

Introduction

Nocardia spp. are Gram-positive, saprophytic, aerobic actinomycetes, which appear as partial

acid-fast, beaded, branching filaments¹. Of 92 *Nocardia* spp. recognized to date (<http://www.bacterio.net/nocardia.html>), more than half (54) have been reported to cause human infections². The bacteria are found ubiquitous in water, soil, dust, decaying vegetation, and organic matters. Transmission through inhalation or percutaneous inoculation from environmental sources, especially in patients with immunosuppression, can lead to life-threatening multisystemic infections³. As antibiotic resistance has been associated with certain *Nocardia* spp., speciation and antibiotic susceptibility testing of *Nocardia* are essential to guide antimicrobial therapy⁴.

Gene sequencing has been identified as a gold standard for speciation of *Nocardia* isolates⁴. Since *Nocardia* 16S rRNA genes are well conserved, *secA1*, a housekeeping gene encoding essential protein SecA1, has been used as a target for discriminating *Nocardia* spp.⁵. The species status of *Nocardia* isolates can be established when *secA1* gene exhibits >99.0% similarity with the type strain.

Case Report

A 78-year-old female patient presented to our hospital with bilateral lower limb weakness and numbness for two weeks and mid-thoracic pain for three months. She was on long-term immunosuppressive therapy with steroids for underlying autoimmune hemolytic anemia. Plain radiographs showed a T5 pathological fracture. Magnetic resonance imaging (MRI) revealed vertebra plana with the erosion of the superior and inferior endplates. There was evidence of

Corresponding Authors: Tay Sun Tee, Ph.D, email: tayst@um.edu.my

Rina Karunakaran, MBBS, MPath, FRCPath; e-mail: rina@ummc.edu.my

paraspinal collection from T4-T6 vertebrae with extension into the spinal canal, resulting in spinal canal stenosis and spinal cord compression. Features suggestive of subligamentous spread were also observed. Elevation of C-reactive protein (6 mg/dL) and high white cell counts ($14.9 \times 10^9/L$) with neutrophil predominance was noted. As her neurological deficit deteriorated two days after admission, emergency posterior decompression, debridement, drainage of the abscess were performed. She was given empirically intravenous cloxacillin after surgery. The pus sample drained from the T5 vertebral body grew tiny whitish colonies on blood agar. The isolate (labelled as N1) was a Gram-positive filamentous bacillus, which was partially acid-fast upon staining using the modified Ziehl-Neelsen method. It was suspected to be a *Nocardia* species and was subjected to further speciation using 16S rRNA gene sequencing approach.

Upon learning of the isolation of *Nocardia* sp., the patient's empirical antibiotic therapy was changed to intravenous carbapenem and oral trimethoprim-sulfamethoxazole at 15 mg/kg/day for four weeks. A repeat MRI scan performed at the end of the intravenous therapy showed resolution of subligamentous collection and improvement in the paraspinal collection. At this point, as her inflammatory markers had normalized, treatment was continued with only oral trimethoprim-sulfamethoxazole at 15 mg/kg/day for six months. She also received ongoing physiotherapy rehabilitation. Her back pain resolved at discharge; however, she still required assistive ambulation devices as her neurological deficit had not improved to normal grade.

Nocardia sp. N1 grew as whitish and greyish colonies on blood agar after 24-48 hours of incubation. Upon prolonged incubation, dry, and pale yellowish colonies appeared at the peripheries of the streaking line. Bacterial DNA was extracted from both white and grey colonies using a boiling method. Multiple primers (27F, 780R, 529F, 1099R, 925F, and 1491R) were used for amplification of the 16S rRNA gene⁶. Two primers, 5'GACAGYGAGTGGATGGGYCGSGTGCACCG3' and 5'GCGGACGATG TAGTCCTTGTC3', modified from Conville et al⁵ were used for *secA1* gene amplification. Sequence determination of the amplified fragments was performed in an ABI PRISM 377 DNA Sequencer (Applied Biosystems, Foster City, CA), using forward and reverse primers of each PCR assay. Sequence homology searches were performed using the Basic Local

Alignment Search Tool program (<https://blast.ncbi.nlm.nih.gov/Blast.cgi>). A dendrogram was constructed based on *secA1* sequences of various *Nocardia* type strains, using the neighbor-joining method (Tamura-Nei model) and bootstrap analysis with 1,000 resamplings⁷.

The recommended sensitivity testing for *Nocardia* sp. is broth microdilution method⁸; however, as this method was not available in our laboratory, sensitivity testing was performed using E test (bioMérieux-SA, Marcy-l'Etoile, France) against imipenem, ceftriaxone, and trimethoprim-sulfamethoxazole.

Amplified 16S rRNA gene fragments from white and grey colonies of *Nocardia* sp. N1 showed matching nucleotide sequences, suggesting that the colonies were morpho-variants. The nearly full length 16S rRNA gene sequence (Genbank accession no: MT261824) demonstrated the highest sequence similarity (99.92%, 1395/1396 nt) with *Nocardia kroppenstedtii* (Genbank accession no: DQ157924) and *Nocardia farcinica* (Genbank accession no: Z36936, 99.85%, 1394/1396 nt). Sequence comparison of *Nocardia secA1* fragment (Genbank accession no: MT271614) displayed the highest sequence similarity with *N. kroppenstedtii* (Genbank accession no: KX925843, 429/431 nt, 99.5%), followed by *N. farcinica* (Genbank accession no: DQ360274, 428/431 nt, 99.3%).

Figure 1 shows the clustering of *N. farcinica*, *N. kroppenstedtii* and *Nocardia* sp. N1 in a separate branch of the *secA1* phylogenetic tree with a strong bootstrap value (100%). The phylogenetic analysis reveals a close genetic relationship amongst *N. farcinica*, *N. kroppenstedtii* and *Nocardia* sp. N1. As *Nocardia* sp. N1 exhibits the highest sequence similarity in both 16S rRNA and *secA1* gene, it is tentatively referred to as *N. kroppenstedtii* in this study. E tests showed the minimum inhibitory concentration (MIC) values of *Nocardia* sp. N1 against trimethoprim-sulfamethoxazole and imipenem were 1.0 µg/ml and 0.75 µg/ml, respectively, suggesting susceptibility to both drugs⁸. In contrast, a high MIC was noted against ceftriaxone (≥ 32 µg/ml).

Discussion

Nocardia kroppenstedtii is a novel pathogen first isolated from the bronchial lavage of a lung transplant patient with pulmonary infection⁹. Infection caused by this organism was later report-

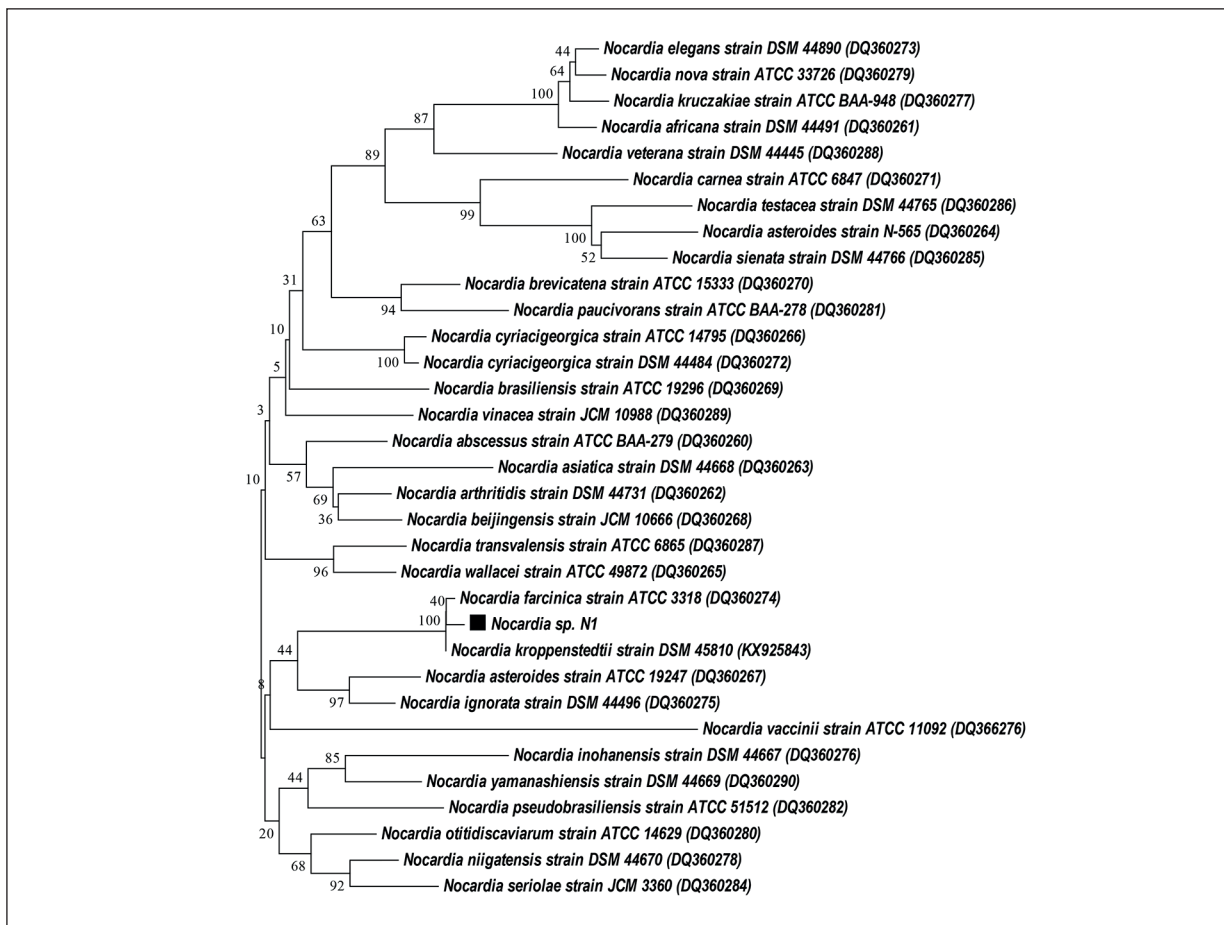


Figure 1. A dendrogram constructed based on *Nocardia secA1* gene sequences. *Nocardia* sp. N1 (■) is clustered with *N. farcinica* and *N. kroppenstedtii* in a distinct branch with 100% bootstrapping value in the dendrogram.

ed in a 72-year-old Caucasian immunosuppressed patient with disseminated nocardiosis, brain abscess and infective endocarditis¹⁰. In a recent USA study, *N. kroppenstedtii* (besides *N. farcinica*) was isolated from blood cultures of a 59-year-old Caucasian woman with a history of multiple malignancies. She was diagnosed with endogenous endophthalmitis; additionally, her brain MRI also showed lesions consistent with brain abscess¹¹.

In contrast, *N. farcinica* infection is reported more frequently in clinical cases. The organism has a propensity to disseminate hematogenously from the primary source of infection to the brain, kidneys, joints, bones, and eyes of immunocompromised patients¹². *N. farcinica* is a rare cause of spinal infection¹³. To the best of our knowledge, only two cases of *N. farcinica* spinal infection have been reported so far. Spinal osteomyelitis due to *N. farcinica* was first described in a 54-year-old man with a history

of alcohol abuse and chronic liver disease¹⁴. In the second case, *N. farcinica* was isolated from the spinal epidural abscess of a 50-year-old man with diabetes in China¹⁵.

With the increasing use of immunosuppressive therapy, the occurrence of *Nocardia* is likely to rise among immunosuppressed patients. As nocardial infection is rarely reported, infections caused by *N. kroppenstedtii* are probably underdiagnosed. Additionally, the bacterium may be misidentified as *N. farcinica* due to a lack of discriminating tests in the clinical laboratory. Currently, identification of *N. kroppenstedtii* by MALDI-TOF mass spectrometry is not possible due to the unavailability of reference spectra in the database. Specific tests for *Nocardia* systematics and DNA-DNA relatedness study are recommended for confirmation of *N. kroppenstedtii*⁹; however, these tests are laborious, costly and not available in clinical laboratories.

Conclusions

Identification of *N. kroppenstedtii*, an emerging opportunistic pathogen, remains a challenge in the absence of specific tests in the clinical microbiology laboratory. This study describes the first isolation of *N. kroppenstedtii* from the spinal vertebral abscess of a patient in Asia. Infections caused by *N. kroppenstedtii* may be underdiagnosed as the bacterium can be misidentified as *N. farcinica* in the absence of molecular tests in the clinical laboratory.

Conflict of Interest

The Authors declare that they have no conflict of interests.

Acknowledgements

This study is partially funded by the Ministry of Science, Technology and Innovation E-Science Fund (SF014-2015) and IIRG003C-19FNW.

References

- 1) Brown-Elliott BA, Brown JM, Conville PS, Wallace RJ Jr. Clinical and laboratory features of the *Nocardia* spp. based on current molecular taxonomy. *Clin Microbiol Rev* 2006; 19: 259-282.
- 2) Conville PS, Brown-Elliott BA, Smith T, Zelazny AM. The complexities of *Nocardia* taxonomy and identification. *J Clin Microbiol* 2017; 56: e01419-417.
- 3) Saubolle MA, Sussland D. Nocardiosis: review of clinical and laboratory experience. *J Clin Microbiol* 2003; 41: 4497-4501.
- 4) Browne-Elliott BA, Conville P, Wallace RJ. Current status of *Nocardia* taxonomy and recommended identification methods. *Clin Microbiol News* 2015; 37: 25-32.
- 5) Conville PS, Zelazny AM, Witebsky FG. Analysis of secA1 gene sequences for identification of *Nocardia* species. *J Clin Microbiol* 2006; 44: 2760-2766.
- 6) Misbah S, Hassan H, Yusof MY, Hanifah YA, Abubakar S. Genomic species identification of *Acinetobacter* of clinical isolates by 16S rDNA sequencing. *Singapore Med J* 2005; 46: 461-464.
- 7) Tamura K, Peterson D, Peterson N, Stecher G, Nei M, Kumar S. MEGA5: molecular evolutionary genetics analysis using maximum likelihood, evolutionary distance, and maximum parsimony methods. *Mol Biol Evol* 2011; 28: 2731-2739.
- 8) Clinical and Laboratory Standards Institute (CLSI). Susceptibility testing of Mycobacterium, *Nocardia* and other aerobic actinomycetes, Approved standard - second edition. CLSI document M24-A2. Wayne, PA: 2011.
- 9) Jones AL, Fisher AJ, Mahida R, Gould K, Perry JD, Hannan MM, Judge EP, Brown R, Boagey K, Goodfellow M. *Nocardia kroppenstedtii* sp. nov., an actinomycete isolated from a lung transplant patient with a pulmonary infection. *Int J Syst Evol Microbiol* 2014; 64: 751-754.
- 10) Majeed A, Abdullah HM, Ullah W, Al Mohajer M. First reported case of disseminated *Nocardia kroppenstedtii* sp. nov. infection presenting with brain abscess and endocarditis in an immunocompromised patient with mantle cell lymphoma: challenges in diagnosis and treatment. *BMJ Case Rep* 2017; 2017: bcr2016217337.
- 11) Venkat AG, Baynes K, Lowder CY, Srivastava SK, Sharma S. A case report of endogenous endophthalmitis in the setting of *Nocardia kroppenstedtii* infection. *Ophthalmic Surg Lasers Imaging Retina* 2019; 50: 53-55.
- 12) Torres OH, Domingo P, Pericas R, Boiron P, Montiel JA, Vázquez G. Infection caused by *Nocardia farcinica*: case report and review. *Eur J Clin Microbiol Infect Dis* 2000; 19: 205-212.
- 13) Johnson P, Ammar H. *Nocardia brasiliensis* vertebral osteomyelitis and epidural abscess. *BMJ Case Rep* 2013; 2013: bcr2012008400.
- 14) Graat HC, Van Ooij A, Day GA, McPhee IB. *Nocardia farcinica* spinal osteomyelitis. *Spine (Phila Pa 1976)* 2002; 27: E253-257.
- 15) Ma F, Kang M, Liao YH, Lee GZ, Tang Q, Tang C, Ding YH, Zhong J. Nocardial spinal epidural abscess with lumbar disc herniation: a case report and review of literature. *Medicine (Baltimore)* 2018; 97: e13541.