

The correlation of plasma microRNA-200 family expressions with risk and disease severity of lupus nephritis

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Abstract. – **OBJECTIVE:** To investigate whether plasma microRNA-200 family expressions could serve as diagnostic biomarkers in patients with lupus nephritis (LN), and their association with disease severity.

PATIENTS AND METHODS: 101 adult LN patients and 100 adult health volunteers were recruited in our study. A blood sample was obtained from all participants, and total RNA was extracted from plasma. Real-time PCR was performed to evaluate the relative expression of microRNA (miRNA). SLE disease activity (SLEDAI) score was calculated to evaluate the overall disease severity.

RESULTS: Plasma miR-200b-5p, miR-141-5p, and miR-200c-5p expressions were decreased in LN patients compared to that in health controls (HCs). Multivariate logistic regression model revealed that plasma miR-200b-5p, miR-141-5p, and miR-200c-5p expressions were independent protective factors for predicting LN states. Receiver operating characteristic curve analysis was conducted to assess the diagnostic value of miR-200b-5p, miR-141-5p, and miR-200c-5p, and they revealed good diagnostic value with the area under curve of 0.748, 0.748, and 0.723, respectively. When miR-200b-5p, miR-141-5p, and miR-200c-5p are combined with each other, the AUC increased to 0.936, suggesting great diagnostic value of LN. Also, plasma miR-141-5p was observed to be negatively associated with serum creatinine and SLEDAI score, and the inverse relationships were found of miR-200c-5p with SLEDAI score, as well as miR-200b-3p with proteinuria.

CONCLUSION: Circulating miR-200b-5p, miR-141-5p, and miR-200c-5p expressions could be served as novel and convincing diagnostic biomarkers for LN.

Keywords:

miR-200 family, Lupus nephritis, Risk, Severity, Biomarkers

Introduction

Systemic lupus erythematosus (SLE) is an autoimmune disease, with the prevalence at 40 to 100 per 10⁵, and usually occurs in women (female:male ratio 9:1)^{1,2}. SLE involves in almost all organs and systems, including vascular, skin, kidney, joint and so on, and it is characterized by headache, skin rash, proteinuria, and joint pain⁴. Among these affected organs and systems, kidney is one of the most frequently and seriously impaired systems. It is estimated that 45% to 85% SLE patients are at risk to develop lupus nephritis (LN) during their lifetime^{5,6}, which has been implicated as a major cause of mortality and morbidity progressing to end-stage renal disease⁷. Renal biopsy is considered as the golden standard to diagnose and distinguish the extent of renal damage in LN patients⁸, while there are still some SLE patients who could not undergo this procedure due to its invasion with high risks of several complications, including infection, and haemorrhage⁹. Hence, exploring novel and promising biomarkers for diagnosis and disease severity management of LN patients is necessary.

microRNAs (miRNAs) are a great family of small, endogenous, non-protein-coding RNAs. They could regulate the gene expression at post transcriptional level¹⁰. Aberrant expressions of several miRNAs could be found in the progression of several diseases, and some of them have been identified as diagnostic and/or prognostic biomarkers of various diseases, including osteosarcoma¹¹, abdominal aortic aneurysm¹², diabetes¹³, and renal diseases¹⁴. Accumulating evidence has proven that differential miRNAs expressions are associated with the pathogenesis and clinicopathological manifestations in IgA nephropathy, autosomal dominant polycystic kidney disease¹⁵, as well as LN¹⁶⁻¹⁸.

miR-200 family, consisted of five different members (miR-200a, miR-200b, miR-200c, miR-141, and miR-429), is reported to play a critical role in the pathogenesis of nephritis^{19,20}. However, a few studies have been validated hitherto about the correlation of plasma miR-200 family expressions with risk and disease severity of LN in clinical practice. Therefore, the purpose of this work was to investigate whether plasma miR-200 family expressions could serve as diagnostic biomarkers in patients with LN, and their association with disease severity.

Patients and Methods

Participants

101 adult LN patients from Department of TCM in Tongren Hospital, Shanghai Jiao Tong University School of Medicine, between January 2016 and October 2016, were enrolled in this case control study. The inclusion criteria were as follows: age above 18 years; diagnosed with SLE according to 1997 revised American College of Rheumatology criteria for SLE²¹; confirmed nephritis by renal biopsy. In addition, 100 age- and gender-matched health volunteers were recruited as healthy controls (HC), whose age and gender were matched to the LN patients. HCs with history of rheumatoid diseases, severe infection, malignant tumor, severe hepatic or renal dysfunction were excluded. This investigation was approved by the Ethics Committee of Tongren Hospital, Shanghai Jiao Tong University School of Medicine. All LN patients and HCs signed the informed consent.

Samples

Blood samples were obtained from all participants and plasma was separated subsequently. Total RNA in plasma was then isolated using the miRNA Isolation kit (Sigma-Aldrich, St. Louis, MO, USA) according to manufacturer's protocol. RNA concentration and purity were detected by spectrophotometer (Thermo Fisher, Waltham, MA, USA).

miRNA Expression Analysis by Real-time Polymerase Chain Reaction (PCR)

Total RNA was subsequently reversely transcribed by One-Step PrimerScript miRNA cDNA Synthesis kit (TaKaRa, Otsu, Shiga, Japan) and quantitative analysis of 9 candidate miRNAs of miR-200 family was performed using SYBR Premix Ex Taq™ II (TaKaRa, Otsu, Shiga, Japan). Expressions of miRNAs were normalized by the

expression of U6 as internal reference, and were calculated utilizing the $2^{-\Delta\Delta C_t}$ method.

Assessment of Disease Severity

SLE disease activity index (SLEDAI) score was calculated to evaluate the overall disease severity. Serum creatinine, estimated glomerular filtration rate (eGFR), blood urea nitrogen (BUN) and 24 hours proteinuria were determined to assess the severity of nephritis.

Statistical Analysis

Statistical analysis was performed using R 2.1 software. Data was mainly presented as mean value \pm standard deviation, median (1/4 to 3/4 quarter value) or percent (percentage). Comparison between two groups was determined by Mann-Whitney test or χ^2 test. The values of miRNAs to predict LN states were evaluated by univariate logistic regression analysis, and then selected factors with p value below 0.1 were further selected by multivariate logistic regression analysis. Receiver Operating Characteristic (ROC) curve was plotted to assess the diagnostic value of independent predictive miRNAs for LN. Correlation analysis was determined by Spearman test. $p < 0.05$ was considered significant.

Results

Characteristics

No difference of mean age ($p = 0.312$) and gender ($p = 0.451$) between LN patients and HCs was found (Table I). The median values of SLE duration and LN duration were 8.3 (5.7-11.9) years and 4.3 (2.5-6.8) years respectively. In addition, the median values of serum creatinine, eGFR and BUN were 1.0 (0.8-1.2) mg/dL, 97.3 (82.1-114.5) mL/min/1.73 m², and 5.1(3.6-6.3) mmol/L respectively. The median levels of white blood cell (WBC), platelets, total bilirubin (TBIL), total bile acid (TBA), alanine aminotransferase (ALT), aspartate aminotransferase (AST), C-reactive protein (CRP) and erythrocyte sedimentation rate (ESR) were $4.3 (3.4-6.0) \times 10^9/L$, $206 (126-348) \times 10^9/L$, $17.5 (13.4-25.2) \mu\text{mol/L}$, $20.3 (11.0-32.5) \mu\text{mol/L}$, $37.7 (29.0-50.0) \text{u/L}$, $45.1 (33.6-63.7) \text{u/L}$, $6.8 (5.2-8.9) \text{mg/L}$ and $31 (20-46) \text{mm/H}$, respectively. The numbers of patients with neurological disorder, arthritis, myocarditis, alopecia, erythra, ulcer, pleurisy, serositis, vasculitis, fever, thrombocytopenia, leukopenia, haematuria, proteinuria and cylindruria were 5 (5%), 33 (33%), 11 (11%),

Table I. Demographic and clinical characteristic of LN patients and HC.

Parameters	LN patients	HC	P
Number (N)	101	100	
Age (years)	34.20 ± 6.35	33.30 ± 6.13	0.312
Gender (F)	85 (84%)	81 (81%)	0.4514
SLE duration (years)	8.3 (5.7-11.9)	—	—
LN duration (years)	4.3 (2.5-6.8)	—	—
Serum creatinine (mg/dL)	1.0 (0.8-1.2)	—	—
eGFR (mL/min/1.73 mx)	97.3 (82.1-114.5)	—	—
BUN (μmol/L)	5.1 (3.6-6.3)	—	—
WBC (× 10 ⁹ /L)	4.3 (3.4-6.0)	—	—
Platelets (× 10 ⁹ /L)	206 (126-348)	—	—
TBIL (μmol/L)	17.5 (13.4-25.2)	—	—
TBA (I/L)	20.3 (11.0-32.5)	—	—
ALT (μ/L)	37.7 (29.0-50.0)	—	—
AST (μ/L)	45.1 (33.6-63.7)	—	—
CRP (mg/L)	6.8 (5.2-8.9)	—	—
ESR (mm/H)	31 (20-46)	—	—
Anti-dsDNA (IU/mL)	325.5 (241-408.5)	—	—
Serum C3 (mg/dL)	83.9 (67.65-104.4)	—	—
Serum C4 (mg/dL)	14 (9-21.25)	—	—
Proteinuria (g/24h)	3.3 (1.4-5.1)	—	—
Neurological disorder (n/%)	5 (5%)	—	—
Arthritis (n/%)	33 (33%)	—	—
Myocarditis (n/%)	11 (11%)	—	—
Alopecia (n/%)	23 (23%)	—	—
Erythra (n/%)	31 (31%)	—	—
Ulcer (n/%)	10 (10%)	—	—
Pleurisy (n/%)	7 (7%)	—	—
Serositis (n/%)	8 (8%)	—	—
Vasculitis (n/%)	4 (4%)	—	—
Fever (n/%)	47 (47%)	—	—
Thrombocytopenia (n/%)	21 (21%)	—	—
Leukopenia (n/%)	35 (35%)	—	—
Hematuria (n/%)	26 (26%)	—	—
Proteinuria (n/%)	82 (81%)	—	—
Cylindruria (n/%)	43 (43%)	—	—
SLEDAI score	10.8 (9.2-12.6)	—	—
Histologic class			
Class II	21 (21%)	—	—
Class III	29 (29%)	—	—
Class IV	35 (35%)	—	—
Class V	8 (8%)	—	—
Class V+III	3 (3%)	—	—
Class V+IV	5 (5%)	—	—

Data distribution was described by mean value ± standard deviation or median (1/4 to 3/4 quarter value) and count (percentage); Significance of the comparison was determined by Mann-Whitney test or Chi-squared test. LN, lupus nephritis; HC, health control; BUN, blood urea nitrogen; eGFR, estimated glomerular filtration rate; WBC, white blood cell; TBIL, total bilirubin; TBA, total bile acid; ALT, alanine aminotransferase; AST, aspartate aminotransferase; CRP, C-reactive protein; ESR, erythrocyte sedimentation rate; SLEDAI score, systemic lupus erythematosus disease activity index; $p < 0.05$ was considered significant.

(4%), 31 (31%), 10 (10%), 7 (7%), 8 (8%), 4 (4%), 47 (47%), 21 (21%), 35 (35%), 26 (26%), 82 (81%) and 43 (43%), respectively. Moreover, the median SLEDAI score was 10.8 (9.2-12.6) in LN patients. As to histological class, the numbers of patients with Class II, Class III, Class IV, Class V, Class V+III and Class V+IV were 21 (21%), 29 (29%), 35 (35%), 8 (8%), 3 (3%) and

5 (5%), respectively. The other clinical and biochemical features of LN patients were presented in Table I.

miR-200 Family Expressions in LN Patients and HCs

The comparison of miR-200 family expressions in LN patients and HCs were analyzed

(Figure 1). Plasma miR-200b-5p expression was decreased in LN patients compared with that in HCs ($p < 0.001$), and the levels of miR-200c-5p and miR-141-5p were also found to be lower in LN patients than HCs (both $p < 0.001$).

Diagnostic Value of miR-200b-5p, miR-141-5p and miR-200c-5p for LN

Univariate logistic analysis exhibited that plasma miR-200b-5p expression was related to lower risk of LN with odds ratio (OR) 0.049, 95% CI 0.017-0.143, $p < 0.001$, so were the plasma miR-141-5p (OR: 0.004, 95% CI 0.001-0.022, $p < 0.001$) and miR-200c-5p (OR: 0.021, 95% CI 0.005-0.096, $p < 0.001$) levels (Table II). All factors with a p -value < 0.1 in univariate logistic model were further analyzed by multivariate logistic regression model, which indicated lower plasma miR-200b-5p, miR-141-5p and miR-200c-5p expressions were independent factors for predicting LN states with OR 0.004, 95% CI 0.001-0.025, $p < 0.001$, OR 0.001, 95% CI 0.000-0.004, $p < 0.001$ and OR 0.001, 95% CI 0.000-0.011, $p < 0.001$ respectively.

miR-200b-5p, miR-141-5p and miR-200c-5p were subsequently analyzed by ROC curve to assess the value in LN diagnosis. All miR-200b-5p, miR-141-5p and miR-200c-5p revealed good diagnostic value with area under curve (AUC) of 0.748, 0.748, 0.723, respectively (Figure 2). While combined each other, the AUC raised to 0.873, 0.854 and 0.847, respectively. Moreover, the combination of miR-200b-5p, miR-141-5p and miR-200c-5p disclosed an even greater diagnostic value for LN with AUC 0.966 (95% CI 0.923-0.968).

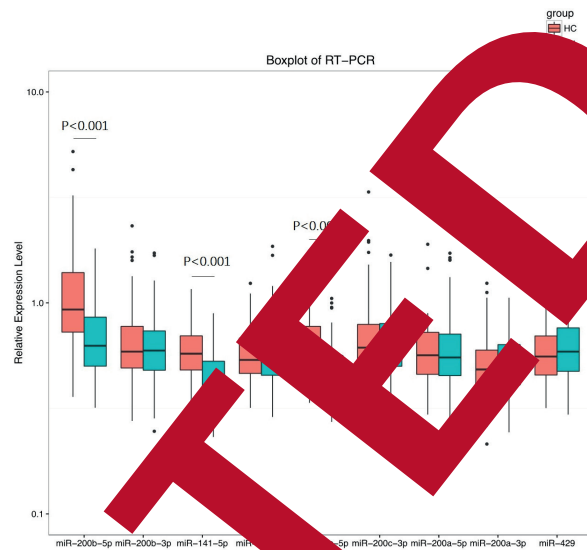


Figure 1. Comparison of expressions of candidate miRNAs in LN patients and HCs. Comparison between two groups was determined by Wilcoxon rank sum test. $p < 0.05$ was considered significant. LN, lupus nephritis; HCs, health controls.

Sensitivity and specificity were 80% and 80%, respectively, at best cut-off point, which determined the point that sensitivity plus specificity achieved the maximum value.

Correlation of miR-200 Family Expression With Disease Severity in LN Patients

Plasma miR-200b-5p was observed to be negatively associated with BUN ($R = -0.233$, $p = 0.020$), but no correlation with SLEDAL score ($R = 0.001$, $p = 0.968$).

Table II. Univariate and multivariate logistic regression analysis of miRNAs for predicting LN states.

miRNA	Univariate logistic				Multivariate logistic (stepwise)			
	OR	95% CI		p-value	OR	95% CI		p-value
		Lower	Higher			Lower	Higher	
hsa-miR-200b-5p	0.049	0.017	0.143	< 0.001	0.004	0.001	0.025	< 0.001
hsa-miR-200b-3p	0.756	0.266	2.146	0.599	—	—	—	—
hsa-miR-141-5p	0.004	0.001	0.022	< 0.001	0.000	0.000	0.004	< 0.001
hsa-miR-141-3p	1.109	0.565	6.325	0.302	—	—	—	—
hsa-miR-200c-5p	0.021	0.005	0.096	< 0.001	0.001	0.000	0.011	< 0.001
hsa-miR-200c-3p	1.000	0.681	1.469	0.998	—	—	—	—
hsa-miR-200a-5p	1.478	0.539	4.058	0.448	—	—	—	—
hsa-miR-200a-3p	1.397	0.418	4.663	0.587	—	—	—	—
hsa-miR-429	1.790	0.581	5.507	0.310	—	—	—	—

The value of miRNAs to predict LN states were tested by univariate and multivariate logistic regression model. The OR, 95% CI and p-value represent especially. $p < 0.05$ was considered significant. LN, lupus nephritis; OR, odds ratio; 95% CI, 95% confidence interval.

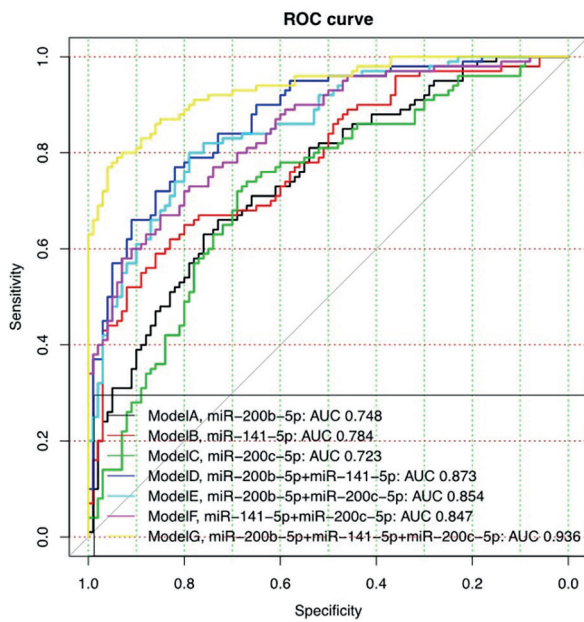


Figure 2. ROC curves of miR-200b-5p, miR-141-5p and miR-200c-5p for LN. ROC curve was conducted to evaluate the predictive value of miR-200b-5p, miR-141-5p and miR-200c-5p for LN. ROC curves, receiver operating characteristic curves; LN, lupus nephritis.

$r = -0.075, p = 0.456$) (Table III). Also, the inverse correlations were found of miR-141-5p with serum creatinine ($R = -0.212, p = 0.035$) and

DAI score ($R = -0.364, p < 0.001$). miR-141-3p expression was negatively correlated with SLEDAI score ($R = -0.401, p < 0.001$). In addition, miR-200c-5p was negatively correlated with SLEDAI score ($R = -0.308, p = 0.002$). Meanwhile, miR-200a-3p decreased with increasing proteinuria ($R = -0.336, p = 0.001$), but increased with higher SLEDAI score ($R = 0.206, p = 0.040$). miR-141-3p expression was positively correlated with proteinuria ($R = 0.197, p = 0.050$) and proteinuria ($R = 0.251, p = 0.012$).

Discussion

miRNA dysregulation is often related to the renal lesion, but which miRNA could be biomarkers to predict the onset and disease severity of LN, remains to be elucidated. In this study, we analyzed the correlation of plasma miR-200 family expression with risk and disease severity of LN. We found that plasma miR-200b-5p, miR-200c-5p and miR-141 expressions were decreased in LN patients compared to HCs. In addition, these three miRNAs were found to be independent factors for predicting LN states. Therefore, the combination of miR-200b-5p, miR-200c-5p and miR-141-5p disclosed a great diagnostic value for LN with AUC as high as

Table III. The correlation analysis between the expression level of miRNAs and characteristic of LN patients.

Spearman	Serum creatinine	eGFR	BUN	Proteinuria	SLEDAI score
hsa-miR-200b-5p	0.075	0.075	-0.233	0.150	0.075
p-value	0.458	0.458	0.020	0.136	0.455
hsa-miR-200b-3p	-0.133	0.134	0.049	-0.300	-0.075
p-value	0.057	0.182	0.626	0.003	0.456
hsa-miR-141-5p	-0.212	0.001	0.135	-0.066	-0.364
p-value	0.035	0.995	0.182	0.808	0.000
hsa-miR-141-3p	0.048	0.111	0.061	-0.177	-0.401
p-value	0.775	0.273	0.548	0.078	0.000
hsa-miR-200c-5p	-0.308	-0.034	0.130	0.166	-0.308
p-value	0.002	0.735	0.199	0.100	0.002
hsa-miR-200c-3p	-0.133	0.068	-0.108	0.115	-0.116
p-value	0.187	0.502	0.286	0.256	0.250
hsa-miR-200a-3p	0.051	0.048	0.088	0.120	0.160
p-value	0.612	0.637	0.384	0.237	0.112
hsa-miR-200a-5p	0.012	0.189	0.139	-0.336	0.206
p-value	0.906	0.060	0.168	0.001	0.040
hsa-miR-429	0.038	0.090	0.197	0.251	0.179
p-value	0.706	0.374	0.050	0.012	0.074

The correlation between the expression level of miR-200 family and characteristic of LN patients were tested by the spearman coefficients and p-value were present. LN, lupus nephritis; BUN, blood urea nitrogen; eGFR, estimated glomerular filtration rate; SLEDAI scored, systemic lupus erythematosus disease activity index; $p < 0.05$ was considered significant.

0.936. The negative correlations were found in miR-200b-5p expression with BUN, miR-141-5p expression with serum creatinine and SLEDAI score, as well as miR-200c-5p expression with SLEDAI score.

LN arises from the accumulation of autologous immune complex to induce renal inflammatory and fibrotic processes²²⁻²⁴. MiRNAs belong to non-coding RNAs and consist of approximately 19 to 25 nucleotides, and they could inhibit the protein translation or degrade the messenger RNA by binding to the 3'untranslated region (3'UTR) of target messenger RNAs²⁵. These miRNAs have been identified as critical roles in variety of physiological processes (such as cell development and cell differentiation) and pathological processes (such as oncogenic activity or tumor suppression)^{26,27}. The dysregulated miRNAs expressions have been reported in various autoimmunity disorders, including SLE, LN and psoriasis²⁸⁻³⁰. Among these, miRNAs were discovered to affect renal fibrosis and excretion of inflammatory cytokines by targeting several genes and pathways, including type I interferon pathway, phosphate and tension myography deleted on chromosome ten (PTEN), kallikrein-related peptidase 4 (KLK4) and suppressor of cytokine signaling 1 (SOCS1)³¹⁻³⁴. According to recent studies, miR-146a represses nuclear factor kappa B (NF- κ B) transcriptional activity and inflammatory factor synthesis during LN prognosis, including interleukin-6, IL-8 and tumor necrosis factor (TNF)- α ³⁵. miR-371-5p directly regulates the human inducible nitric oxide synthase 1 α to inhibit human mesangial cell proliferation and promotes apoptosis in LN renal tissues³⁶. Meanwhile, miR-200b was revealed to improve LN disease control by targeting type I interferon pathway, while the overexpression of miR-422a induces LN development by reducing KLK4³⁷. Therefore, these researches indicate several miRNAs could play crucial roles in the development and progression of LN.

The miR-200 family locates on chromosome 1 and 12 as two miRNAs with the same seeding sequence, it is discovered to be highly preserved in vertebrates and was mainly induced in epithelial tissue³⁶. Recent data³⁸⁻⁴⁰ disclose that aberrant expression of miR-200 has been related to a wide range of disorders. Their overexpression could: (1) target inhibitor of kappa light polypeptide gene enhancer in B-cells kinase beta (IKK β) to inhibit IL-8, repressing inflammatory responses

in uterine leiomyoma³⁹; (2) regulate NF- κ B to suppress the proinflammatory IL-6, thereby controlling inflammation in lung cancer⁴⁰; (3) be associated with interstitial fibrosis and tubular atrophy through affecting epithelial-mesenchymal transition (EMT) mechanism in chronic kidney diseases^{38,41,42}. Therefore, these previous studies suggest that miR-200 family may inhibit LN progression through regulate several genes and pathways.

Furthermore, an interesting work¹⁶ discloses that 66 differentially expressed miRNAs (DEMs) are confirmed by sequencing, which could be potential diagnostic and prognostic biomarkers for LN patients. Another previous study⁴³ also uses microarray to assess DEMs in LN patients from Latin American and Africa America, which indicates that there are 14 DEMs in both racial groups. Top 5 DEMs according to *p*-value, including hsa-miR-371-5P, hsa-miR-423-5P, hsa-miR-638, hsa-miR-1224-3P and hsa-miR-153, are associated with LN, which might be biomarkers to distinguish the progression of LN. In accordance with these previous studies, we found that plasma miR-200b-3p, miR-200c-5p and miR-141-5p levels were elevated in LN patients, and the combination measurement disclosed a great diagnostic value of LN status. Possible reasons are that miR-200b, miR-200c and miR-141 might promote renal inflammation and kidney fibrosis through regulating several genes and signal pathways, including IKK β , NF- κ B and EMT^{38-41,44}.

As to the role of miR-200 family expression in LN patients, a previous study⁴⁵ reveals that miR-200a expression was negatively correlated with proteinuria and SLEDAI score, while miR-200b and miR-200c expression were positively associated with GFR and platelet count. However, this previous work only enrolled 40 LN patients, a relatively small sample size. In our study, a total of 101 patients with LN were retrospectively reviewed. In line with this previous research⁴², the results of our investigation found that plasma miR-141-5p expression was negatively associated with serum creatinine and SLEDAI score. The correlations of miR-200c-5p expression with SLEDAI score, as well as miR-200b-3p expression with proteinuria, were found. These might result from that miR-200 family could target several genes and pathways to inhibit inflammatory responses and kidney fibrosis, thereby decreasing renal damage and SLEDAI score. However, we did not observe the correlation between plasma

miR-200a and clinicopathological features in LN patients, including eGFR, proteinuria and SLE-DAI score. This might result from different study design, as well as different inclusion and exclusion criteria.

Nevertheless, certain limitations still existed in this study. Firstly, the sample size was relative small, further studies with more LN patients are necessary to be carried out. Secondly, the difference of candidate miRNAs was determined between LN patients and HCs, but the expression in SLE patients without nephritis was not performed. Thirdly, the precise mechanisms of miR-200 family in pathogenesis of LN were not evaluated in our paper.

Conclusions

We showed that circulating miR-200b-5p, miR-141-5p and miR-200c-5p expressions could be served as novel and convincing diagnostic biomarkers for LN.

Conflict of Interest

The Authors declare that they have no conflict of interests.

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