

Metabolic signaling of insulin secretion by pancreatic β -cell and its derangement in type 2 diabetes

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Abstract. Pancreatic β -cell is responsible for insulin secretion in response to the availability of nutrients. Type 2 diabetes mellitus (T2D) is the result of pancreatic β -cell failure to supply sufficient amount of insulin accompanied with decreased sensitivity of the body tissues to respond to insulin. The insulin secretion apparatus of β -cell is uniquely equipped with multiple metabolic and signaling steps that are under rigorous control. The metabolic machinery of β -cell is designed to sense the fluctuations in blood glucose level and supply insulin accordingly to the needs of the body. Besides glucose, amino acids including glutamine and leucine and also fatty acids are known to either stimulate the β -cells directly or potentiate the glucose stimulated insulin secretion (GSIS) response. Glucose metabolism dependent GSIS is linked to the production of ATP that is needed for K^+ channel inhibition and influx of calcium necessary for insulin granule exocytosis. Besides glucose metabolism, amino acid metabolism and lipid metabolism related metabolites mediate the optimal glucose response of β -cells to secrete insulin. Signaling molecules derived from nutrient secretagogues or directly or indirectly participate in the enhancement of GSIS are considered as metabolic signaling factors. In this review, we will discuss the regulation of insulin secretion by β -cell keeping the recent developments in metabolic signaling in focus. The key metabolic pathways in pancreatic β -cell and their role in the control of fuel-stimulated insulin secretion will be reviewed to give an overall consensus picture with respect to the metabolic signaling of insulin secretion.

Keywords:

Pancreatic β -cell, Insulin secretion, Type 2 diabetes mellitus.

Introduction

Type 2 diabetes mellitus (T2D) is the manifestation of pancreatic β -cell failure to supply sufficient amount of insulin and decreased sensitivity of the body tissues to insulin. It results from genetic susceptibility and epigenetic changes in the context of total environmental factors such as malnutrition and reduced physical activity¹⁻³. The islet of Langerhans is a key fuel sensing micro-organ that dynamically adjusts the release of insulin in response to the levels and stimulus strength of nutrients and hormonal factors. The insulin secretion apparatus of β -cells is uniquely equipped with multiple metabolic and signaling steps that are under rigorous control. The glucose response of β -cell to secrete insulin is considered to be highest in comparison to other calorogenic nutrient secretagogues^{4,5}. Thus, the metabolic machinery of β -cell is designed to sense the fluctuations in blood glucose level and supplies insulin accordingly to the needs of the body^{5,6}. Besides glucose, some amino acids including glutamine and leucine and also fatty acids are known to either stimulate the β -cells directly or potentiate the glucose stimulated insulin secretion (GSIS) response^{5,7}. The early pre-absorptive phase of insulin release, seen within few minutes after food ingestion, is due to the parasympathetic nerves supplying the islets⁸.

Unlike in most cell types where activation of an energy consuming biological process (e.g., contraction) lowers the ATP/ADP ratio, which in turn promotes cellular metabolism to produce ATP, in β -cell metabolic activation is primarily driven by substrate (fuel) availability^{9,10}, rather than as a secondary effect to enhanced insulin release¹¹. Glucose metabolism in β -cell is linked to the production of ATP and a rise in the cytoplasmic ATP/ADP ratio that is needed for K^+ channel inhibition and depolarization of the plasma membrane. The im-

importance of K^+_{ATP} channel closure for opening up the voltage dependent L-type calcium channels in the plasma membrane with the resultant Ca^{2+} influx, as one of the primary events for insulin granule exocytosis, is well established^{2,12,13} (Figure 1). Glucose metabolism driven K^+_{ATP} channel inhibition has also been implicated in the regulation of β -cell mass^{14,15}. The ability of the β -cell to respond to the alterations in the blood glucose levels in the (patho)physiological range (3 to 16 mM) is accomplished because of the affinities of two key regulatory proteins for glucose. These are Glut-1 and Glut-2 glucose transporters that have high K_m (~17 mM), in human and in rodent β -cells, respectively, which rapidly equilibrate external and internal glucose and glucokinase (hexokinase IV), the rate limiting enzyme that catalyzes the first step of glycolysis, which has a K_m of ~8 mM for glucose¹⁶. The Glut-1/2-Glucokinase tandem ensures a steady increase in glycolysis and ATP production in the β -cell with increasing blood glucose levels and, thus, the glucose concentration dependent insulin secretion response¹⁷. GSIS in β -cells is achieved by a tight link between glycolysis and mitochondrial metabolism for the quantitative diversion of glucose carbons into mitochondria, due to the very low expression of lactate dehydrogenase¹⁸.

The exocytotic process in the β -cell is orchestrated by several components, in particular Ca^{2+} and exocytotic effector proteins located at the surfaces of secretory granules and plasma membranes, which facilitate the fusion of insulin-containing large dense-core vesicles with the plasma membrane. Besides, synaptic-like microvesicles (SLMV) are also present in β -cells and these vesicles contain small molecules like γ -aminobutyric acid (GABA) and may release neurotransmitters – in a manner similar to that of synaptic vesicles of neurons^{21,22}. However, not much is known about how fuel stimuli influence the release of SLMV.

In this review, we will specifically discuss the regulation of insulin secretion by fuel stimuli in the past, including the recent developments in metabolic signaling in β -cells. The relevant metabolic signaling pathways and their role in the control of nutrient stimulated insulin secretion will be reviewed to arrive at a consensus picture with respect to the biochemical basis of insulin secretion promoted by glucose, amino acids and fatty acids.

Biphasic modes of insulin secretion

A step rise in glucose concentration induces the release of insulin in a biphasic pattern, both *in vitro* and *in vivo*^{23,24}, consisting of a rapid 3-10 min

peak initially, followed by a slowly developing second phase. The first phase secretion is reduced in prediabetes, whereas it is almost completely abolished in T2D along with significantly reduced second-phase secretion¹. However, the biphasic pattern of insulin secretion probably does not exist *in vivo* under physiological conditions where glucose concentration does not rise in a stepwise manner. However, this feature observed *in vitro* helps in understanding the biochemical basis of reduced insulin secretion and in identifying prediabetes condition. The first phase corresponds to the exocytosis of a small number of secretory granules already docked on the plasma membrane that release insulin, whereas the second phase involves mobilization of granules from the storage pool. There are 10,000-12,000 insulin granules in a β -cell with a small number of them (~500) docked to the plasma membrane, which 50-100 granules considered as the ready-releasable pool, are tethered to the membrane in close association with Ca^{2+} channels and contribute to the rapid first phase secretion²⁵. The ready-releasable pool is replenished with fresh granules from the storage pool, which eventually contribute to the second sustained phase of secretion.

The molecular basis of how granules pools are formed and how biphasic secretion is currently being worked out. Recent studies showed that in human islets, nascent insulin granules contribute to first phase and the mature granules to the second phase insulin secretion²⁶. Different pools of insulin granules that are functionally distinct have been described in β -cells. Regions of β -cells with preassembled soluble NSF-attachment protein receptor (SNARE) proteins showed fast exocytosis in response to rise in Ca^{2+} , but in regions without preassembled SNAREs, the exocytosis is slower²¹. Whether these granule pools related to biphasic secretion is uncertain. Recently, the model of phasic secretion with respect to granule pools has been questioned²⁴. The current model proposes that first phase insulin secretion results from a readily-releasable pool composed of granules docked to the plasma membrane, whereas the second phase results from a reserve pool of granules located farther away that are recruited upon stimulation, docked, and followed by fusion with the plasma membrane. In a new currently accepted model, insulin granules are recruited upon β -cell stimulation and immediately fused to the plasma membrane, in both the phases. This model promotes the idea that the second phase secretion actually consists of iteration of the first phase.

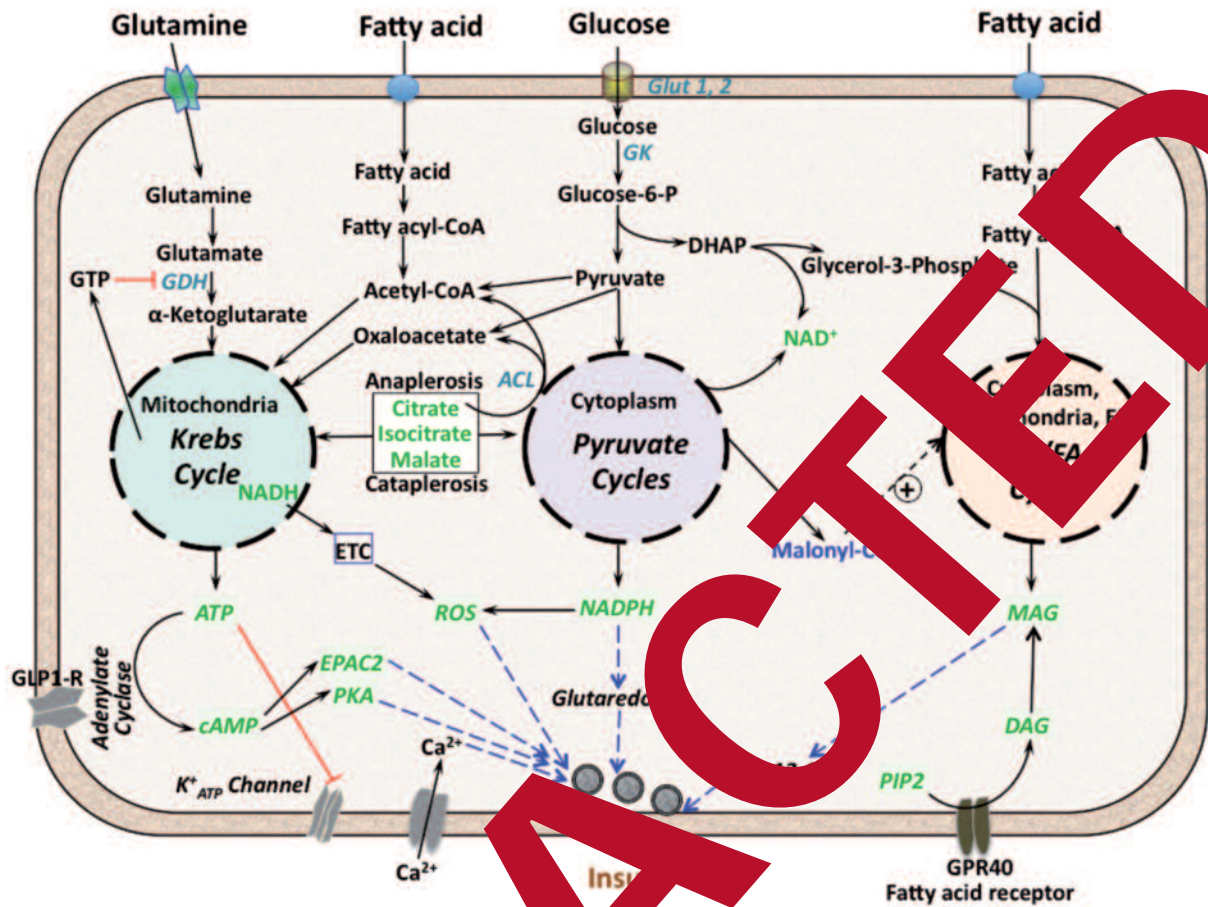


Figure 1. Fuel metabolism and production of metabolic coupling factors in the β -Cell. Glucose, fatty acids and glutamine are metabolized through the Krebs cycle and the triglyceride/ fatty acid (TG/FA) cycle in the β -cell. Glutamine is converted by glutaminase in cytosol to glutamate, which is oxidized by glutamate dehydrogenase (GDH) in the mitochondria to produce α -ketoglutarate that enters Krebs cycle. Further oxidation of α -ketoglutarate in Krebs cycle leads to production of GTP, which inhibits GDH. Glutamate oxidation of α -ketoglutarate by GDH functions as anaplerosis as it provides substrate for Krebs cycle. Reducing equivalents (NADH) produced in Krebs cycle are oxidized by electron transport chain (ETC) to generate ATP and as a side product, reactive oxygen species (ROS). ROS can directly stimulate insulin exocytosis. ATP exits mitochondria and in cytosol, it inhibits K^+_{ATP} channel, which triggers Ca^{2+} influx and insulin granule exocytosis. ATP is also used by adenylate cyclase to produce cyclic AMP (cAMP), which is activated in response to stimuli like binding of GLP1 to its Gs-coupled receptor. cAMP activates exchange protein directly activated by cyclic AMP (EPAC2) and also protein kinase-A (PKA), both of these promote exocytosis. Fatty acids are activated to fatty acyl-CoA by acyl-CoA synthase, long chain enzymes present on the surface of different subcellular membranes. Under conditions of low glucose, fatty acyl-CoAs are oxidized to generate acetyl-CoA, which enters Krebs cycle at acetyl-CoA synthase step. Fatty acyl-CoAs are channeled to the TG/FA cycle under conditions of increased glucose availability, when pyruvate oxidation is reduced. Glucose enters β -cell via Glut1 or Glut 2 transporters (in human or rodent, respectively) and enters glycolysis after its conversion to glucose-6-phosphate by glucokinase (GK); glycolysis gives rise to dihydroxyacetone and acetyl-CoA, which enters Krebs cycle. Approximately 50% of pyruvate is also converted to oxaloacetate via the anaplerotic enzyme pyruvate carboxylase inside mitochondria. Pyruvate participates in pyruvate cycles exchanging substrates, viz., oxaloacetate and malate, with Krebs cycle. Transport of these metabolites from mitochondria to the cytoplasm (cataplerosis) favors pyruvate cycles. NADPH produced by pyruvate cycles either directly or in combination with glutaredoxin or via ROS formation through the action of NADPH oxidase, promotes insulin granule exocytosis. Dihydroxyacetone phosphate (DHAP) produced during glycolysis, is reduced to glycerol 3-phosphate using NADH, by glycerol-3-phosphate dehydrogenase. Glycerol-3-phosphate and fatty acyl-CoA react together to form lysophosphatidic acid and to enter TG/FA cycle. Cholesterol, which is formed from acetyl-CoA, as part of pyruvate/citrate cycle, inhibits fatty acid oxidation and positively influences TG/FA cycle by diverting fatty acyl-CoA into TG/FA cycle, with participating enzymes distributed in endoplasmic reticulum (ER), mitochondria, cytosol and plasma membrane. TG/FA cycle produces several lipid signaling molecules including monoacylglycerol (MAG), which stimulates insulin secretion. MAG activates Munc13-1, an exocytosis facilitating protein. DAG can also be produced by the hydrolysis of diacylglycerol (DAG), produced at plasma membrane from phosphoinositide (PIP2) during the activation of Gq-coupled receptors like GPR40, the fatty acid receptor. Nutrient metabolism in β -cell generates metabolic coupling factors (MCF) that positively influence insulin granule exocytosis at different steps.

Metabolic coupling factors

Insulin secretion is a multi-component process and different steps involved are influenced by metabolites produced during glucose, amino acid and lipid metabolism. It has recently been suggested that the metabolic signals can be ‘early or late effectors’, on the basis of whether the corresponding affected step is an early event or late step in the process of insulin exocytosis²⁷. A metabolic coupling factor (MCF) can be a signal that contributes to the regulation of nutrient-stimulated insulin secretion process, either by modulating the nutrient metabolism (early regulators) or by directly influencing the component(s) of exocytotic machinery (late regulators). Table I gives examples of various MCF and their proposed targets and roles in insulin secretion. Considering the importance of insulin secretion, β -cell harbors metabolic pathways that generate these multiple MCFs to ensure proper insulin secretion.

As mentioned above, the relatively low affinities of Glut1 and 2 and glucokinase for glucose control the flux of glucose metabolism in the β -cell, which in turn dictates the rate and magnitude of insulin secretion in response to blood glucose level. Glucose metabolism produces ATP, which closes the K_{ATP} channel with the resultant hyperpolarization that promotes insulin granule exocytosis. Production of ATP in mitochondria is facilitated by the efficient transfer of glucose-derived NADH from cytosol to mitochondria by glycerol phosphate and malate/aspartate shuttles. Activated mitochondrial metabolism, consisting of anaplerosis and cataplerosis, is central for enhanced Krebs cycle activity and ATP production and the generation of additional MCFs to take part in the amplification of Ca^{2+} (Figure 1).

Signals from anaplerosis and cataplerosis

Anaplerosis is the process that contributes to the replenishment of Krebs cycle intermediates. Once elevated, certain Krebs cycle intermediates like citrate, not only enhance the cycle activity catalytically, but also participate in additional metabolic pathways that lead to the production of different MCF (e.g., malonyl-CoA, glutamate, NADPH) in the cytoplasm. This process is complemented by cataplerosis, which refers to the exit of Krebs cycle intermediates from the mitochondrial matrix to cytoplasm. Various transporters located on the mitochondrial inner membrane facilitate the transmembrane movement of the Krebs cycle intermediates, including the di- and tri-carboxylate carriers. In the cytoplasm, some of the Krebs cycle intermediates (citrate, isocitrate, α -ketoglutarate and malate) participate in pyruvate cycling processes that generate cytoplasmic NADPH (Figure 1), an important MCF²⁷.

Pyruvate metabolism via pyruvate carboxylase (PC), which is highly expressed in β -cells^{28,29}, is central to anaplerosis. Many studies have shown that the rate of PC activity, the rate of pyruvate and oxaloacetate formation, the rate of pyruvate carboxylation correlates well with the glucose dependence of GSIS^{31,32}. Studies using PC inhibitor phenylacetic acid³², RNAi knockdown and overproduction of PC in INS-1 cells and islets clearly demonstrated the significance of PC in GSIS³³⁻³⁵. Besides formation of oxaloacetate by PC, the oxidative deamination of glutamate to α -ketoglutarate by mitochondrial glutamate dehydrogenase (GDH) is also a significant contributor to anaplerosis by amino acids as discussed below³⁶. Mitochondrial GDH is important for

Table I. Metabolic coupling factors implicated in insulin secretion.

MCF	Target of action	Mode and site of action
AMP	AMPK	Negative regulation of GSIS
K_{ATP}	K_{ATP}	Ca^{2+} signaling
cAMP	PKA, Epac2	Ca^{2+} , channels, exocytosis proteins
Citrate	ACL, ACC	Pyruvate cycling
Diacylglycerol	PKC, Munc13-1	Channels, exocytosis
Malonyl-CoA	Lipogenic enzymes	TG/FA cycling
Glutamate	GDH	Anaplerosis
Glutamate	GDH, GTP-SCS	Anaplerosis, Ca^{2+} signaling
Ca^{2+}	IP3 receptor, L-type Ca^{2+} channel.	Ca^{2+} influx, exocytosis
α -Ketoglutarate	α -KG dehydrogenase, HIF1 α -hydroxylase	Exocytosis
Malonyl-CoA	CPT-1, FAS	Fatty acyl group partitioning
NADPH decrease	SUR1	Ca^{2+} signaling
Diacylglycerol	Munc13-1	Vesicle fusion, Exocytosis
NADPH	Glutaredoxin, Kv	Exocytosis redox control, Ca^{2+}
ROS	Exocytosis proteins	Exocytosis complex redox control

amino acid (glutamine plus leucine) induced insulin secretion and gain of function mutation of GDH is associated with a hyperinsulinemic hypoglycemic syndrome³⁷.

Pyruvate cycles and cytosolic NADPH

There are four pyruvate cycling processes, viz., pyruvate/citrate, pyruvate/malate, pyruvate/isocitrate and pyruvate/phosphoenol-pyruvate cycles, which are critical for anaplerosis/cataplerosis-derived signaling and MCF production^{36,38-40} and for producing NADPH in the cytosol using mitochondrial NADH. Inasmuch as PC converts approximately 50% of the pyruvate to OAA in β -cell mitochondria⁴¹ and citrate levels both in cytosol and mitochondria are elevated in proportion to glucose concentration, and because pharmacological intervening at different steps of the pyruvate/citrate cycle causes reduced GSIS in β -cells, it has been suggested earlier that pyruvate/citrate cycling is quantitatively important in the production of MCF and in GSIS^{32,38,42}. This cycle may also be linked to metabolic oscillations and, thus, contribute to the pulsatile insulin release from β -cells that parallels oscillations in $[Ca^{2+}]_i$, ATP, NAD(P)H and citrate levels⁴³⁻⁴⁵. In the pyruvate/isocitrate cycle, cytosolic isocitrate dehydrogenase (cICDH) converts isocitrate to α -ketoglutarate and NADH to NADPH. The precise role of this cycle in GSIS is uncertain as cICDH RNAi-knockdown studies were shown to both decrease Ca^{2+} as well as increase GSIS⁴⁷. It has been shown that knockdown of cytosolic malic enzyme, which takes part in the pyruvate/malate cycle, reduces Ca^{2+} and the fourth pyruvate cycle, the “pyruvate/phosphoenol-pyruvate” cycle⁵¹ is linked to ATP production in the cytoplasm and hydrolysis in the mitochondria. The relative importance of these cycles is currently controversial³⁸.

Glucose stimulation of β -cells causes a rapid rise in cytosolic NADPH⁵⁵ that occurs even prior to β -cell depolarization, increased intracellular Ca^{2+} and insulin vesicle fusion to plasma membrane⁵⁶. The pentose phosphate shunt pathway, which can generate NADPH, is unlikely to be important for GSIS, as it is although this pathway in β -cell is much slower, thus suggesting pyruvate cycling pathways to be the major source of cytosolic NADPH in these cells. NADPH is also formed in mitochondrial matrix by the reduction of NADP⁺ to NADPH by glutamate dehydrogenase (NDH) and by mitochondrial NADP-dependent isocitrate dehydrogenase. NNT mutant mice show glucose intolerance and reduced insulinemia du-

ring a glucose tolerance test⁵⁷, suggesting a role for NNT and NADPH in GSIS. NNT-generated NADPH can be used by mitochondrial NADP-dependent isocitrate dehydrogenase, which, like isocitrate dehydrogenase, can produce isocitrate, followed by the export of isocitrate (or citrate) to the cytoplasm, for regenerating NADPH via pyruvate cycling processes (Figure 1). There is strong evidence implicating a role for cytosolic NADPH in GSIS. Thus, NADPH was shown to directly participate in exocytosis in patch-clamped β -cells (Ivarsson et al, 2005) and RNAi silencing of cytosolic NADPH generating malic enzyme, isocitrate dehydrogenase enzyme, reduces GSIS⁴⁸. NADPH likely targets glutamate⁵⁸ and voltage-dependent K⁺ (Kv) channels. Thioredoxin is important for the post-translational modifications of exocytotic proteins and the Kv channel β -subunit, which can bind NADPH (Figure 1), is thought to be the sensor of intracellular redox potential that in turn regulates the channel and, thus, controls glucose-stimulated action potentials in β -cells⁵⁹.

Pyruvate cycling and malonyl-CoA

Acetyl-CoA formed by ATP-citrate lyase (ACL) is carboxylated by acetyl-CoA carboxylase (ACC) to malonyl-CoA, which has signaling role in the regulation of GSIS¹⁰ by inhibiting carnitine palmitoyl-transferase-1 (CPT-1). Inhibition of CPT-1 diverts fatty acids from β -oxidation to lipid synthesis, and some of these lipids play important role in the amplification of GSIS¹⁰. Build up of fatty acyl-CoA due to CPT-1 inhibition, can lead to the activation of protein kinase-C enzymes⁶⁰ and K⁺ATP channel⁶¹ and also stimulate GSIS⁶². The view that malonyl-CoA/CPT-1 interaction is needed for optimal GSIS was supported by the studies showing impaired GSIS in INS cells overexpressing a mutant CPT-1 that is insensitive to malonyl-CoA⁶³. However, overexpression of cytosol-directed malonyl-CoA decarboxylase appears to lower GSIS only in the presence of fatty acids^{64,65}. Fatty acids also directly bind to cell surface GPCRs, GPR40 and GPR120 and stimulate GSIS⁶⁶.

Glutamate, GDH and GTP

Inasmuch as glucose stimulation of islets is accompanied by augmented glutamate levels supports the view that glutamate is an MCF^{67,68}. In addition, reduction of β -cell glutamate levels by glutamate decarboxylase overexpression reduces insulin secretion. Islets from β -cell-specific GDH KO mice display reduced GSIS, indicating glutamate metabolism via GDH reaction is necessary

for the stimulation of GSIS⁶⁸. In mitochondria, allosteric inhibition of glutamate dehydrogenase by GTP inhibits oxidative deamination of glutamate, thereby negatively affecting insulin secretion (Figure 1; Table I). Gain of function mutations of GDH, which render GDH to be less susceptible to GTP inhibition are associated with hyperinsulinemia^{36,69}. Both cytosolic and mitochondrial GTP has an effect on insulin secretion. Mitochondrial GTP is predominantly produced by the GTP-specific succinyl-CoA synthase (GTP-SCS), whereas in cytosol nucleoside diphosphate kinase is responsible for GTP formation. On the other hand, mitochondrial GTP has also been shown to modulate mitochondrial metabolism and Ca²⁺ and to positively influence GSIS in β -cells⁷⁰. Thus, RNAi-knockdown of GTP-SCS lowers β -cell ATP levels and reduces GSIS⁷⁰. GTPase enzymes associated with insulin exocytosis utilize cytosolic GTP to promote secretion and it has been shown that GTP levels in cytosol rise at high glucose concentration. Besides, recent evidence strongly implicated a role for cGMP in stimulating insulin secretion. Thus, activation of AMPA receptors by glutamate can lead to elevated cGMP, which inhibits K⁺ channel and stimulate secretion⁷¹ and the presence of guanylate cyclases, which produce cGMP from GTP in β -cells has been confirmed⁷².

ATP, ADP, AMP and AMPK

Inasmuch as K⁺_{ATP} channels are regulated by ATP, it is a necessary step for insulin secretion, alterations in ATP/ADP ratio in the vicinity of K⁺_{ATP} channel are relevant and are regulated by adenylyl kinase-1, which is closely associated with Kir6.2 subunit of K⁺_{ATP} channel⁷³. Adenine nucleotides, whose cellular levels are dependent on the metabolic state of the β -cell, directly influence the insulin exocytotic machinery at the plasma membrane. Overall regulation of K⁺ channels by the adenine nucleotides depends on the net inhibitory effect of ATP and the net activating effect of MgATP on the Kir6.2 component of the channel⁷⁴.

Besides ATP/ADP ratio, ATP/AMP ratio is also an important in the regulation of insulin secretion in β -cells. AMP influences the activity of AMP-activated protein kinase (AMPK), which is a major controller of cellular energy metabolism⁷⁵. There have been several excellent reviews on AMPK⁷⁶ and we focus here exclusively on the recent developments. Cellular AMP levels are regulated via its utilization by adenylate kinase and through its formation during fatty acid and amino acid activation. Activation of AMPK triggers

enhanced FFA β -oxidation and reduces lipolysis, thereby reducing the production of lipid signals for the amplification of GSIS⁷⁷. Recent work indicated that AMPK activation causes metabolic deceleration in the β -cell by slowing down the glucose metabolism and, thus, insulin secretion at glucose concentrations < 10 mM, whereas at higher glucose levels above 16 mM, the metabolic deceleration effect is absent⁷⁸, suggesting that AMPK activation offers protection to β -cells from the toxicity of fuel surplus and exhaustive overstimulation⁷⁸. Recent studies suggested that AMPK also likely controls the activity of SIRT6, which also is known to regulate insulin secretion in β -cells^{76,78}. LKB1, AMPK enzyme, has been implicated as negative regulators of insulin secretion⁷⁶.

Reactive Oxygen Species (ROS)

ROS include superoxide and hydroxyl radicals and hydrogen peroxide (H₂O₂) and these are produced physiologically in many cells, during nutrient oxidation. In β -cells, it has been proposed that ROS acts as a cofactor for promoting GSIS^{79,80}. However, chronic production of elevated levels of ROS can be detrimental for β -cell function. Mitochondrial electron transport chain components Complex-I and Complex-III are the major site for ROS formation^{36,81}. Besides mitochondria, ROS can also be produced by plasma membrane electron transporting NADPH oxidase complex⁷⁹ and in peroxisomes. It has been suggested that in β -cells peroxisomal fatty acid oxidation is the major source for H₂O₂, which leads to β -cell dysfunction and death whereas mitochondrial β -oxidation does not contribute significantly to ROS⁸². In mitochondria, nicotinamide nucleotide transhydrogenase, which produces NADPH, contributes to free radical detoxification⁵⁷ and altered activity of this enzyme is associated with proportional changes in insulin secretion^{57,83}.

The rise in influx of Ca²⁺, while necessary for insulin granule exocytosis, can also cause NADPH oxidase activation resulting in increased production of H₂O₂⁷⁹. Attenuation of ROS signal is mainly accomplished by superoxide dismutase, glutathione peroxidase, thioredoxin and peroxiredoxins in human β -cell whereas these enzymes are expressed at low levels in rodent islets⁷⁹. The positive effects of ROS, in particular H₂O₂ and O₂^{•-} on GSIS include enhancement of Ca²⁺ influx⁸⁰ and activation of volume regulated anion channels⁸⁴ even though the precise targets are not identified. The detrimental effects of ROS are activation of mitochondrial UCP2, oxidative modi-

fication and inhibition of aconitase, adenine nucleotide translocase and glyceraldehyde-3-phosphate dehydrogenase, and oxidation of mitochondrial cardiolipin resulting in reduced ATP levels, decreased insulin secretion and apoptosis^{36, 79, 81}. Production of ROS is likely to be elevated in the pancreatic islets from T2D patients than from nondiabetic subjects⁸⁵. Thus, ROS can have dual function in the regulation of GSIS (Figure 1) – both in stimulating secretion as well as in causing β -cell dysfunction, when chronically produced in high amounts.

Glucose stimulation of β -cell has been shown to cause a rapid turnover of inositol containing lipids, particularly the plasma membrane associated phosphatidylinositol-4,5-bisphosphate (PIP2) and -3,4,5-trisphosphate (PIP3) and it has been suggested that these polyphosphoinositides likely play a facilitating role in GSIS, probably by controlling intracellular Ca^{2+} levels and also DAG levels⁸⁶. Recent studies implicated inositol-triphosphate and other inositol polyphosphates in the regulation of GSIS⁸⁷, probably by their direct action on L-type Ca^{2+} channels.

Triglyceride/fatty acid cycling and lipid MCF signals

The triglyceride/ fatty acid (TG/FA) cycle consists of two segments – lipid synthesis and breakdown and produces many lipid intermediates (Figure 2). Lipogenic arm of the cycle is initiated by the fatty acid esterification of glycerol-3-phosphate, arising from the action of cytosolic glycerol-3-phosphate acyltransferase 1 (GPAT1) on glycolytic intermediate, dihydroxyacetone phosphate (Figures 1 and 2). This first step of esterification, catalyzed by glycerol-3-phosphate acyltransferase 1 enzyme, forms lysophosphatidic acid (LPA) that is further converted to phosphatidic acid by LPA acyltransferase, followed by removal of phosphate by lipin to *sn*1,2-diacylglycerol (DAG) and then conversion to triglyceride (TG) by DAG acyltransferase. TG, then, enters lipolytic pathway by sequential hydrolysis to produce first *sn*2,3-DAG by G β 1,3-DAG (by adipose triglyceride lipase) followed by the formation of either 1,2-monoacylglycerol (MAG) or 1-MAG (by hormone sensitive lipase) and finally glycerol (Figure 2). Recently discovered α/β -hydrolase domain-containing-6 (Figure 2)⁸⁸. TG in β -cells is stored as neutral lipid droplets, distributed beneath the cell membrane (Pinnick et al, 2010). Many of the intermediates of TG/FA cycle show signaling functions and some are known to participate in

insulin secretion in β -cells⁷⁷. Thus, agents that block TG/FA cycle at different steps are known to reduce GSIS^{78,89-91}. It is important to note that lipid intermediates of lipogenic arm have signaling functions and disruption of any of the involved enzymes has varying effects on GSIS (Figure 2). Lysophosphatidic acid is known to affect Ca^{2+} influx while phosphatidic acid was thought to directly influence exocytosis. However, agents that block lipolysis arm of the cycle have been shown to reduce GSIS²⁷.

Recent studies demonstrated that ATGL produces 1,3- and 2,3-DAG, which have no known signaling function, rather than the signaling competent *sn*1,2-DAG that activates C-kinase enzymes. Intracellular HSL primarily hydrolyzes DAG at position 1 or 3, thus producing 1- or 2-MAG (Figure 2). It has been proposed that *sn*1,2-DAG is the lipid signal for insulin secretion as this lipid can activate certain protein kinase C isoenzymes and also activate the exocytotic protein Munc13-1 in the β -cells. However, considering that conditions that lead to accumulation of DAG generally cause a decrease in GSIS rather than increase, it suggests that MAG is the likely lipid signal derived from lipolysis. Recent studies confirmed this as suppression of the MAG hydrolase HSL in β -cells led to enhanced GSIS, both *in vitro* and *in vivo* and also added MAG stimulated GSIS in islets by activating Munc13-1⁸⁸.

Glucose stimulation of β -cells increases lipolysis⁹² and the release of FFA, which can activate GPR40, the Gq-coupled FFA receptor leading to *sn*1,2-DAG production and subsequent activation of protein kinase C enzymes or protein kinase D⁹³, that have been implicated in GSIS (Figure 2)⁹⁴. The role of released FFA acting as autocrine /paracrine signals in GSIS is yet to be established.

Cyclic AMP and hormonal modulators: Several hormonal and neurotransmitter stimuli to β -cells lead to elevated cyclic AMP levels via G $_s$ -coupled GPCR activation, without influencing intracellular Ca^{2+} . Incretins like glucagon-like peptide-1 (GLP-1), which are released from intestinal L-cells in response to high blood glucose potentiate insulin secretion by β -cell by stimulating production of cAMP, which activates protein kinase A (PKA)-dependent and -independent mechanisms of exocytosis, and K $_{ATP}$ -channel closure⁹⁵. cAMP also acts via PKA-independent mechanism mediated by the cAMP-sensing protein Epac2 (Figure 1), which has been shown to be a target of sulphonylureas⁹⁶.

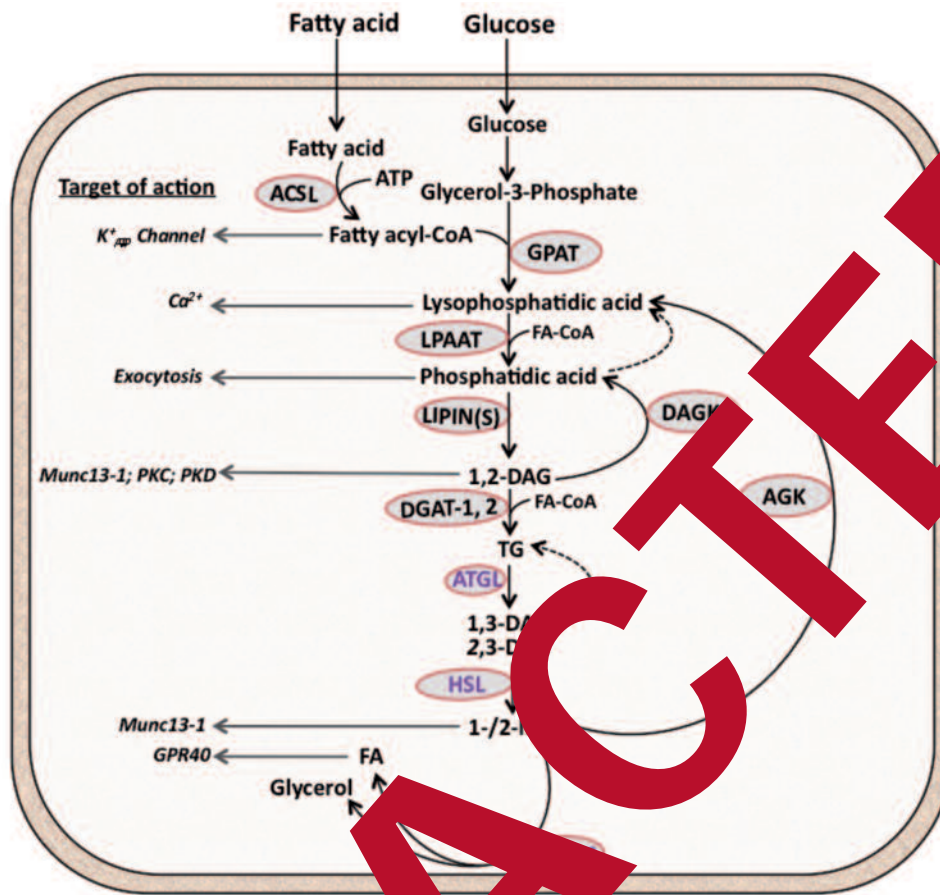


Figure 2. Lipid signals and insulin secretion. Continuous synthesis and breakdown of triglycerides and other glycerolipids is termed as triglyceride/fatty acid (TG/FA) cycle. This metabolic pathway starts with the condensation of glucose derived glycerol-3-phosphate with fatty acyl-CoA. Fatty acyl-CoA is produced from fatty acid by acyl-CoA synthase, long chain (ACSL). This first step of TG/FA cycle is catalyzed by glycerol-3-phosphate acyltransferase isoenzymes located on mitochondria and endoplasmic reticulum, to form lysophosphatidic acid. Lysophosphatidic acid is further acylated to phosphatidic acid on ER by lysophosphatidic acyltransferase (LPAAT). The formation of 1,2-diaclyglycerol (1,2-DAG) from phosphatidic acid is catalyzed by lipin enzyme, which is distributed in lipid droplets, ER, nucleus and cytosol. Reversal of this reaction, i.e., formation of phosphatidic acid from 1,2-DAG is conducted by several DAG kinase (DAGK) isoenzymes, distributed throughout the cell. TG is synthesized by the acylation of 1,2-DAG, the final step of lipogenic segment, by diacylglycerol acyltransferases-1 & 2 (DGAT) on ER and lipid droplets. Lipolysis of TG is initiated by adipose triglyceride lipase (ATGL), which hydrolyzes TG to 1,3-DAG. Depending on its activation by Comparative Gene Identification 58 protein (CGI-58) on the surface of lipid droplets, ATGL generates either 2,3-DAG (with CGI58) or 1,3-DAG (in the absence of CGI58) from TG. DGAT can use 1,3 DAG also to form TG. Hormone sensitive lipase (HSL) hydrolyzes 1,3-DAG and 2,3-DAG to 1-monoacylglycerol (MAG) and 2-MAG, respectively. MAG can be converted to lysophosphatidic acid by acylglycerol kinase (AGK). Plasma membrane associated α/β -domain containing hydrolase-6 (ABHD6) catalyzes the hydrolysis of MAG to glycerol and FFA in β -cells. Glycerol is not further metabolized in the β -cells, due to the lack of glycerol kinase, and leaves the cell via aquaglyceroporins. TG/FA cycle generates several lipid signals that promote insulin secretion. These include (1), fatty acyl-CoA, which targets K^+_{ATP} channel (2), lysophosphatidic acid, which influences Ca^{2+} levels; (3), phosphatidic acid, which affects exocytosis; (4), 1,2-DAG, which activates exocytosis promoting protein Munc13-1, protein kinase-C (PKC) and protein kinase-D (PKD); (5), DAG, which activates Munc13-1 and (6), FA, which activates GPR40.

Insulin secretory defects in diabetes: Under conditions of chronic excess fuel supply and insulin resistance due to obesity, pancreatic β -cell from non-diabetic individuals responds by compensatory hypersecretion of insulin in order to maintain normoglycemia. Loss of this ability of β -cells for compensatory elevated insulin secre-

tion ultimately culminates in T2D. Thus, it has been shown that in subjects who potentially develop T2D, there is an increase in blood insulin levels during the prediabetic stage, where normoglycemia is maintained and this is followed with time by a steady decline in circulating insulin levels due to β -cell failure, associated with elevated

fasting glycemia above 5.5 mM. The mechanisms involved in β -cell compensation are not clear but animal studies implicated both β -cell mass expansion as well as enhanced β -cell function¹⁷. The elevated compensatory insulin secretion by pancreatic islets can be due to increased fuel (glucose and fatty acids) supply, increased growth factor and incretin signaling. Several monogenic forms of obesity and diabetes, including maturity-onset diabetes of the young (MODY) have been described⁹⁷. However, T2D is a polygenic disease and shows more complex genetics, in which variations within multiple genes, each independently contributing some risk for disease development⁹⁸. The insulin secretory defect in T2D is multifactorial and likely involves reduced β -cell mass, impaired β -cell glucose sensing, and defective β -cell secretory machinery and MCF production. These defects are not readily recognized in *in vivo* studies, making it difficult to understand the specific disease mechanisms coupled to T2D risk loci. A recent study in T2D patients revealed that such T2D risk imposing genetic variants can affect either glucose sensing, exocytosis or structural elements of secretory machinery⁹⁹.

Conclusions

Despite much knowledge and technological advancement the precise mechanisms involved in GSIS are not entirely clear. This lack of understanding stems from the complexity and degeneracy of multiple metabolic pathways linked to signaling processes that control GSIS. Such high level organization consisting of structural proteins, metabolic enzymes, metabolites, ion channels and receptors, ensures the delivery of the needed amount of insulin into circulation, and excess or low insulin can be detrimental. Considering the multitude of signaling processes involved in GSIS, defects at one or more steps in these pathways can contribute to the development of T2D. Failure of β -cell can occur through any of the metabolic signaling pathways and is compromised either because of genetic, environmental or epigenetic factors. Further research should focus on β -cell metabolic signaling mechanisms that are altered in T2D and to prevent or reverse such pathological alterations in metabolic signaling. Identification of these pathways will help in understanding the molecular basis of β -cell failure in diabetes and to discover new targets to develop antidiabetic drugs.

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Conflict of interest

The Authors declare that they have no conflict of interest.

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