

# Targeting of miR-20a against CFLAR to potentiate TRAIL-induced apoptotic sensitivity in HepG2 cells

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**Abstract.** – **OBJECTIVE:** Elevated expression of caspase-8 (CASP8) and Fas-associating protein with a novel death domain (FADD)-like apoptosis regulator (CFLAR) increases sensitivity against tumor necrosis factor (TNF)-related apoptosis-inducing ligand (TRAIL)-induced cell apoptosis, but with an unclear mechanism. A previous study showed decreased microRNA-20a (miR-20a) expression in hepatocellular carcinoma (HCC) patient's tumor tissues. Bioinformatics analysis showed potential targeting relationship between the 3'-UTR of CFLAR and miR-20a. This study investigated if miR-20a played a role in regulating CFLAR expression and HCC apoptosis.

**PATIENTS AND METHODS:** Expression of miR-20a and CFLAR in model rat HCC tissues were compared to normal tissues. HCC patients were also collected for measuring miR-20a and CFLAR expressions between tumor and adjacent tissues. Dual-luciferase reporter gene assay was used to evaluate the relationship between miR-20a and CFLAR. Cultured HepG2 cells treated with 120 ng/ml TRAIL were mixed with miR-20a mimics and/or si-CFLAR followed by measurement of caspase-8 activity, cell apoptosis by flow cytometry, proliferation by MTT assay and protein expression by western blot.

**RESULTS:** MiR-20a expression was significantly decreased in rat HCC tissues, while CFLAR was over-expressed. HCC patients had lower miR-20a level and higher CFLAR level in tumor tissues. MiR-20a targeted 3'-UTR of CFLAR to inhibit its expression. TRAIL remarkably up-regulated CFLAR expression. First inhibiting miR-20a expression and/or silencing CFLAR significantly potentiated caspase-8 and caspase-3 activity, enhanced sensitivity of HepG2 cells towards TRAIL-induced cell apoptosis, and decreased cell proliferative function.

**CONCLUSIONS:** HCC had lower miR-20a and higher CFLAR expression. MiR-20a targeted and inhibited CFLAR expression, facilitated activation of caspase-8 and caspase-3, and enhanced sensitivity of HepG2 cells towards TRAIL-induced apoptosis, and subsequently reduced cell proliferation.

**Keywords:**

MicroRNA-20a, CFLAR, Hepatocellular carcinoma, HepG2, TRAIL, Cell apoptosis.

## Introduction

Primary liver cancer is one of the most common malignant tumors in clinic. The occurrence of liver cancer is ranked 5<sup>th</sup> among common malignant tumors, and as the 3<sup>rd</sup> highest mortality rate, only next to pulmonary cancer and gastric carcinoma<sup>1</sup>. Hepatocellular carcinoma (HCC) is the major pathological sub-type of primary liver cancer and occupies more than 80% of all cases<sup>2</sup>. Tumor necrosis factor related apoptosis inducing ligand (TRAIL) selectively induces tumor cell apoptosis but lacks toxicity on normal cells, thus showing promising application in clinic<sup>3</sup>. TRAIL mainly works on death receptor 4 (DR4) or DR5 on the cell membrane to further recruit downstream signal molecules to form death-inducing signaling complex (DISC), which activates caspase cascade response, leading to initiation of cell apoptosis<sup>4</sup>. Various studies<sup>5-7</sup>, however, showed drug resistance in almost all HCC cell lines against TRAIL-induced cell apoptosis. Caspase-8 (CASP8) and Fas-associating protein with a novel death domain (FADD)-like apoptosis regulator (CFLAR) are a negative regulators of cell apoptosis with similar structures as apoptosis initiating protein caspase. Compared with wild-type caspase-8, CFLAR lacks the cysteine structure, which is necessary for catalytic activity, and it is thus, one natural inhibitor for caspase-8<sup>8</sup>. CFLAR plays an inhibitory role in TRAIL-recruiting DISC formation and apoptosis signal transduction<sup>9</sup>. CFLAR was up-regulated in various tumor tissues including prostate cancer,<sup>10</sup> pancreatic carcinoma,<sup>11</sup> colorectal cancer<sup>12</sup> and melanoma<sup>13</sup>. Previous studies<sup>14,15</sup> also showed elevated CFLAR expression in HCC tissues, which affects patient survival and prognosis. Moreover, the up-regulation of CFLAR in HCC cells was found to contribute

to the decreased sensitivity of HCC cells against TRAIL-induced apoptosis<sup>15,16</sup>. MicroRNA (miR) is one type of non-coding RNA with 21-24 nucleotides in eukaryotes. Via complementary binding to the 3'-UTR of target gene mRNA, miR could regulate gene expression via inhibiting translation of target gene mRNA or direct degradation of mRNA, thus participating in the modulation of various biological processes including cell proliferation, apoptosis and cycle, all of which have drawn lots of research interests regarding the relationship between miRNA and tumor pathogenesis<sup>17</sup>. Previous studies<sup>18,19</sup> also suggested significantly depressed microRNA-20a (miR-20a) expression in HCC tumor tissues, suggesting that miR-20a might be a tumor inhibitor gene for HCC. Further bioinformatics analysis showed complementary binding sites between 3'-UTR of CFLAR and miR-20a. This study thus investigated if miR-20a played a role in regulating CFLAR expression and affecting TRAIL-induced apoptosis sensitivity in HepG2 HCC cells.

## Patients and Methods

### Patients

A total of 49 HCC patients who were diagnosed in General Hospital of Ningxia Medical University from August 2015 to July 2016 were recruited. Tumor tissues and normal tissue samples ( $\geq 5$  cm from tumor edge) were collected during surgery. There were 25 males and 24 females, aged between 39 and 66 years (mean 52.5 years). Sample collection was approved by the Ethical Committee of General Hospital of Ningxia Medical University, and informed consents were obtained from all patients.

### Reagents and Materials

Maryprague-Dawley (SD) rats (8-10 weeks age, body weight 220-240 g) were purchased from Ningxia Medical University Animal Center (Shanxi, China). 1-Methyl-3-(3-dimethylaminopropyl) carbodiimide (DMAP) was purchased from Beijing Innochem Science Academy Co., Ltd. (Beijing, China). Human liver cancer cell line HepG2 and normal human hepatocytes L02 were purchased from American Type Culture Collection (Manassas, VA, USA); Dulbecco's Modified Eagle's medium (DMEM) culture medium, fetal bovine serum (FBS) and penicillin-streptomycin were purchased from Gibco (Rockville, MD, USA). Recombinant human TRAIL factor was purchased from Peptide Co. Ltd. (Rocky Hill, NJ, USA). Re-

verse transcription kit PrimeScript™ RT reagent Kit and SYBR Green dye were purchased from TaKaRa (Dalian, Liaoning, China). Cell-Light EdU cell proliferation assay kit was purchased from RiboBio (Guangzhou, Guangdong, China). Mouse anti-human cleaved caspase-3 and caspase-3 were purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Rabbit anti-human CFLAR was purchased from Abcam (Cambridge, MA, USA). Anti-mouse and anti-rabbit secondary antibody were purchased from Jackson ImmunoResearch (West Grove, PA, USA). Annexin V/PI apoptosis kit was purchased from Yusheng (Shanghai, China). Caspase-3 activity kit was purchased from Vision (Milpitas, CA, USA). Caspase-3 activity was purchased from Beyotime (Jiangsu, China). Dual-Luciferase Reporter Assay system and pGL3-promoter were purchased from Peptide Co. Ltd. (Rocky Hill, NJ, USA).

### Establishment of HCC Model

#### Animal Model and Histopathology Examination

**Animal Welfare and Ethics:** All personnel involved in this study have been approved by the Animal Care and Welfare Committee. A clean and appropriate environment was provided for animals during the whole experiment with food and water provided *ad libitum* to minimize unnecessary injury, stress or pain for animals. A total of 30 males SD rats received 0.05% DEN water solution for 8 consecutive months. 17 SD rats had liver cancer (56.7% induction rate). Another 20 SD rats with normal feeding were recruited as control group. Animals were sacrificed for collection of tumor or normal liver tissues, which were fixed in 4% paraformaldehyde, followed by routine dehydration, paraffin embedding and sectioning. Hematoxylin and eosin (H&E) staining were then performed to observe tissue morphology. The successful induction of HCC model mainly depends on the histopathology staining. Normal livers had complete and regularly arranged hepatic lobules, with string-shaped arrangement of hepatocytes, which had similar size. Cells had acidophilic cytoplasm, clear and sharp mono-nucleus in the central region. Normal liver tissues had no stenosis of hepatic sinus, or infiltration of inflammatory cells into lobule and portal areas. HCC tissues had polymorphism, or abnormal morphology. Enlarged nucleus and less cytoplasm were accompanied with mono-nucleus, poly-nuclear mega cells and division of nucleus. HCC cells had nest-like regulation, plus infiltration toward adjacent tissues, with focal hemorrhage or necrosis.

### EdU Labeling for Measuring *In Vivo* Cell Proliferation

EdU labeling was used to measure *in vivo* cell proliferation inside tissues. In brief, 96 h before sacrificing, animals received EdU dye in phosphate buffered saline (PBS) via intraperitoneal injection (10 mg/kg). 96 h later, rats were sacrificed by cervical dislocation to collect liver tissues for preparing paraffin-based sections (5-7  $\mu$ m). Tissue sections were rinsed in xylene, dehydrated in gradient ethanol, and rinsed in glycine 2 mg/mL for 10 min. After incubation in 0.5% Triton X-100 in PBS for 10 min, tissue sections were rinsed in PBS for 10 min, followed by adding 100  $\mu$ L 1  $\times$  Apollo staining reaction buffer for 30 min incubation under dark at room temperature. After rinsing in 0.5% Triton X-100 in PBS for 2-3 times (10 min each), methanol rinsing (5 min) and PBS washing (5 min), tissues were observed under a fluorescent microscope.

### HepG2 Cell Culture and TRAIL Treatment

Human HCC cell line HepG2 and normal liver cell L02 were cultured in high-glucose Dulbecco's Modified Eagle Medium (DMEM) containing 10% fetal bovine serum (FBS), 1% penicillin-streptomycin, and were incubated in 37°C chamber with 5% CO<sub>2</sub>. The medium changed every 2 days. The experiment was performed when cultured cells reached 60-80% confluence. Cells were treated with 0, 20, and 80 ng/mL TRAIL for 24 h.

### MTT Assay for Assessing Proliferative Activity

Cells were seeded into 96 well plate at a density of  $1 \times 10^4$ /well. With attachment growth, cells were treated with 0, 30, 60 and 120 ng/mL TRAIL for 48 h. Then, 20  $\mu$ L (4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) solution was added to each well. With 4 h continuous culture at 37°C, the supernatant was completely removed, followed by addition of 150  $\mu$ L dimethyl sulfoxide (DMSO) for 10 min vortex until the complete dissolving of crystal violet. Absorbance value was measured at 450 nm in a microplate reader. Six parallel samples were performed in each treatment group. Relative activity of the cultured cells was calculated by  $(A_{\text{drug treatment group}} - A_{\text{Blank control}}) / A_{\text{Control group}} \times 100\%$ .

### Dual Luciferase Reporter Gene Assay

Using HEK293 genome as the template, full-length fragment of 3'-UTR of CFLAR gene was amplified. Polymerase chain reaction products were purified from agarose gel, and ligated into pGL-3M luciferase reporter plasmid after XbaI/NotI dual digestion. Recombinant plasmid was then used to transform HEK293 competent cells. Positive clones with primary screening were selected for further cell transfection and following experiments. Lipofectamine 2000 was used to transfect HEK293 cells with 400 ng pGL3-CFLAR 3'-UTR reporter plasmid, 25  $\mu$ mol/L miR-20a mimic (or miR-20a negative control), and 25 ng pRL-TK. After 48 h transfection, Opti-MEM medium was discarded, with the replacement of normal DMEM containing 10% FBS and 1% streptomycin-penicillin. After 48 h continuous incubation, dual-luciferase assay was performed. In brief, cells were washed twice with PBS, followed by addition of 100  $\mu$ L passive lysis buffer (PLB). With vortex at room temperature for 20 min, the mixture was centrifuged at 3000 rpm for 5 min. Then, 20  $\mu$ L cell lysate was mixed with 100  $\mu$ L LAR II. Fluorescent value I was measured in a microplate reader. The luciferase reaction was stopped by adding 100  $\mu$ L Stop & Glo® reagent (Promega Madison, WI, USA), followed by quantification of fluorescent value II. The relative expression of reporter gene was calculated as the ratio of fluorescent value I/ fluorescent value II.

### HepG2 Cell Transfection

Cultured HepG2 cells after treated with 120 ng/mL TRAIL were divided into 6 groups: non-treated group, mimic NC control, miR-20a mimic group, si-NC group, si-CFLAR group, and miR-20a mimic + si-CFLAR group. Lipofectamine 2000 was used to transfect oligonucleotide fragments into HepG2 cells, which were cultured in serum- and antibiotic-free medium. After 6 h, DMEM containing 10% FBS and 1% streptomycin-penicillin was added for 48 h continuous culture in further experiments. Oligonucleotide sequences were: mimic NC, 5'-CAGUA CUUUU GUGUA GUACA A-3'; miR-20a mimic, 5'-UAAAG UGCUU AUAGU GCAGG UAG-3'; si-CFLAR sense, 5'-GCAGT CTGTT CAAGG AGCAT T-3'; si-CFLAR anti-sense, 5'-TGCTC CT-TGA ACAGA CTGCTT-3'; si-NC sense, 5'-TTCTC CGAAC GTGTC ACGTT T-3'; si-NC anti-sense, 5'-ACGTG ACACG TTCGG AGAAT T-3'.



### qRT-PCR for Gene Expression Assay

Total RNA was extracted from cells by Trizol method. In brief, cells were lysed by 1 mL Trizol, and total RNA was extracted using 200  $\mu$ L chloroform. The supernatant was collected. RNA was precipitated by 1 mL isopropanol, followed by twice rinsing in 1 ml 70% ethanol. RNA pellet was dissolved in diethyl pyrocarbonate (DEPC) treated water. cDNA was synthesized in a 10  $\mu$ L system including 1  $\mu$ g total RNA, 2  $\mu$ L RT buffer ( $5\times$ ), 0.5  $\mu$ L oligo dT + random primer mix, 0.5  $\mu$ L RT enzyme mix, 0.5  $\mu$ L RNase inhibitor, and ddH<sub>2</sub>O. The reaction conditions were: 37°C for 15 min, followed by 98°C 5 min. cDNA products were kept at -20°C. Using cDNA as the template, PCR amplification was performed under the direction of TaqDNA polymerase using primers (miR-20a<sub>RT</sub>: 5'-GTCGI ATCCA GTGCA GGGTC CGAGG TATTC GCACT GGATA CGACT AC-CTG-3'; miR-20a<sub>F</sub>: 5'-GCGGC GGTAAG AGTGC TTATA GTG-3'; miR-20a<sub>R</sub>: 5'-TGCAG GGTCC GAGGT AT-3'; U6<sub>F</sub>: 5'-ATGG AACGA TACAG AGAAG ATT-3'; U6<sub>R</sub>: 5'-GGAAC GCTTC AC-GAA TTTG-3'; CFLARP<sub>F</sub>: 5'-GTCTG CTGAA GTCAT CCATC-3'; CFLARP<sub>R</sub>: 5'-ACTAC GCC-CA GCCTT TTGG-3';  $\beta$ -actin<sub>F</sub>: 5'-GAACC CAG GCCAA C-3';  $\beta$ -actin<sub>R</sub>: 5'-TGTCA CCGG GATTT CC-3'). In a PCR system with 10  $\mu$ L total volume, we added 4.5  $\mu$ L 2  $\times$  SYBR Green Mixture, 10  $\mu$ L of forward/reverse primer (at 2.5  $\mu$ M/L), 1  $\mu$ L cDNA, and 3.0  $\mu$ L ddH<sub>2</sub>O. PCR conditions were: 95°C for 15 s, 60°C for 30 s and 72°C for 30 s. The reaction was performed on Bio-Rad (Merckes, CA, USA) CFX96 fluorimetric quantitative PCR cycler for 40 cycles to collect data.

### Western Blot

Cells were lysed with RIPA lysis buffer at 4°C for 20 min, followed by centrifugation at 12000  $\times$  g for 30 min. 80  $\mu$ g protein samples in the supernatant were separated by 8% sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE), and were transferred to polyvinylidene difluoride (PVDF) membrane. The membrane was blocked in 5% defatted milk powder for 1 h, followed by primary antibody (anti-CFLARP at 1:500 dilution, anti-cleaved caspase-8 at 1:200, anti-cleaved caspase-3 at 1:200 or anti- $\beta$ -actin at 1:400) purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA) and incubated at 4°C overnight. After phosphate buffered saline-tween-20 (PBST) washing (5 min  $\times$  3 times), horseradish peroxidase (HRP)-labeled secondary antibody (1:5000 for both anti-mouse and anti-rabbit) purchased from Santa Cruz Bio-

technology (Santa Cruz, CA, USA), was added and incubated for 60 min. After phosphate buffered saline-tween-20 (PBST) rinsing for three times (5 min each), electrochemiluminescence (ECL), purchased from Amersham Bioscience (Piscataway, NJ, USA) reagent was added and incubated for 2 min. The membrane was then exposed in the dark. Quantity One image analysis software was used to analyze the relative grey density of bands.

### Assay for Caspase-3 and Caspase-8 Activity

**Caspase-3 Activity Assay**  
Standard dilutions of 0, 10, 50, 100 and 200  $\mu$ M pNA were prepared from 1 mM stock. Absorbance values at 405 nm wavelength were measured by a microplate reader to plot a standard curve with pNA concentration against A405 value. Attached cells were digested by trypsin, and collected into culture medium for 4°C centrifugation at 600  $\times$  g for 5 min. The supernatant was carefully removed and washed out by PBS. 100  $\mu$ L lysis buffer was added for every  $2 \times 10^6$  cells. Cells were lysed at 4°C for 15 min, and centrifuged at 18000  $\times$  g for 10 min. Supernatants were collected for further use. Ac-DEVD-pNA was added to the lysate, mixed with buffer and test samples, and incubated with 100  $\mu$ L Ac-DEVD-pNA. The mixture was incubated at 37°C for 120 min. A405 value was measured when color was changed significantly.

### Caspase-8 Activity Assay

Attached cells were digested by trypsin, counted and centrifuged. 50  $\mu$ L pre-cooled cell lysis buffer was added to each  $2 \times 10^6$  cells. After 10 min iced lysis, the mixture was centrifuged at 10000  $\times$  g for 1 min. The supernatant was collected and quantified for protein concentration. 50  $\mu$ L cell lysis buffer was used to dilute 100  $\mu$ g proteins, with the addition of 50  $\mu$ L 2  $\times$  reaction buffer (containing 10 mM DTT). 5  $\mu$ L IETD-pNA substrate (4 mM stock, final concentration at 200  $\mu$ M) was added for 120 min incubation at 37°C. A405 was measured by a microplate reader.

### Flow Cytometry for Detecting Cell Apoptosis

Cells were digested with trypsin and collected through 1000 r/min centrifugation for 5 min. Cells were then washed with PBS twice. 100  $\mu$ L 1 $\times$ Binding Buffer was used to re-suspend cells. 5  $\mu$ L Annexin V-FITC and 5  $\mu$ L PI staining solution were then added to the mixture. After gentle mixture, this was incubated in the dark for 10

min, followed by addition of 400  $\mu$ L  $1 \times$  Binding Buffer, and was immediately loaded for online testing in Beckman FC500MCL flow cytometry apparatus.

### Statistical Analysis

SPSS18.0 software (SPSS Inc. Chicago, IL, USA) was used for data analysis. Measurement data were presented as mean  $\pm$  standard deviation (SD). Student *t*-test was used to compare measurement data between groups. Comparison among multiple groups was made by one-way ANOVA with Tukey's post hoc correction. A statistical significance was defined when  $p < 0.05$ .

## Results

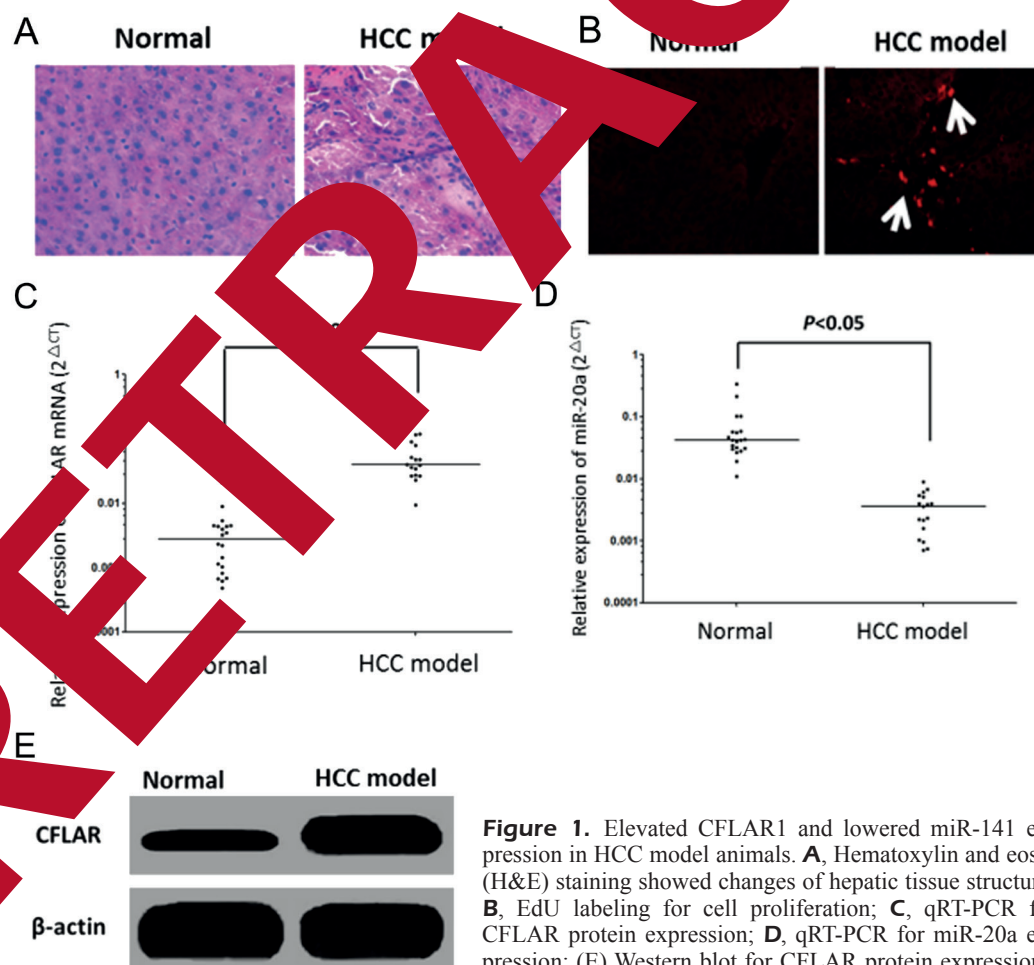
### Elevated CFLAR and Lowered miR-141 Expression in HCC Model Animals

After 8 month drinking of 0.05% DEN-containing water, 17 out of 30 (56.7%) rats develop-

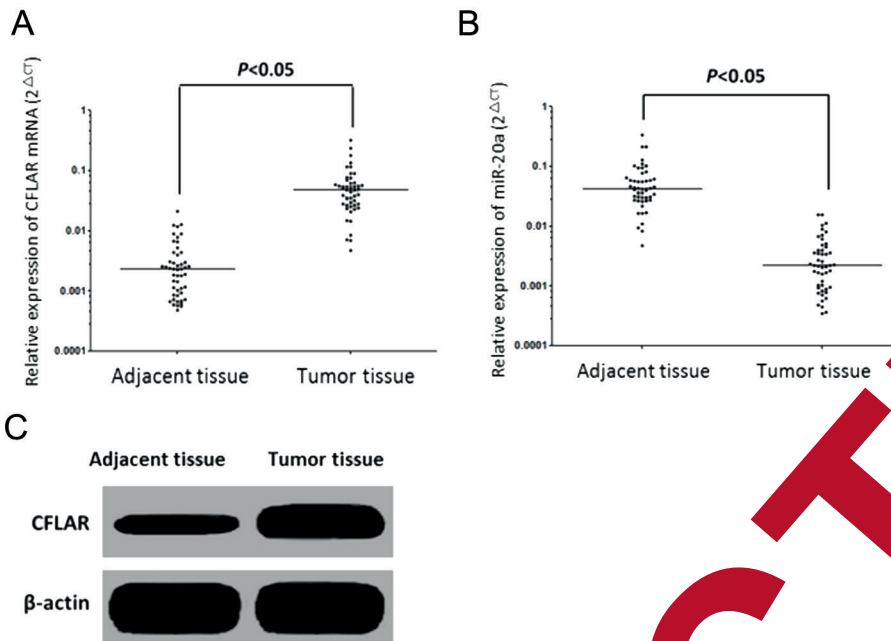
ped HCC. Hematoxylin and eosin (H&E) staining showed intact and regular arrangement of hepatic lobular structure in normal rats, while HCC model rats displayed disappearance of normal lobes, disarranged cell arrangement and enlarged volume, plus inconsistent radial arrangement with hepatic cords (Figure 1A). EdU labeling showed significantly more EdU-positive cells in HCC model animals compared with normal group, indicating active proliferation of hepatic cells (Figure 1B). Further assay showed remarkably elevated miR-20a expression in HCC tissues compared with normal hepatic tissues, whilst CFLAR was down-regulated in tumors (Figure 1C and 1D).

### Elevated CFLAR and Lowered miR-141 Expression in HCC Tumor Tissues

Further assay revealed significantly elevated miR-20a expression in tumor tissues of HCC patients compared with adjacent tumor tissues (Figure 2B), whilst CFLAR mRNA and protein levels were significantly higher in tumors (Fi-



**Figure 1.** Elevated CFLAR1 and lowered miR-141 expression in HCC model animals. **A**, Hematoxylin and eosin (H&E) staining showed changes of hepatic tissue structure; **B**, EdU labeling for cell proliferation; **C**, qRT-PCR for CFLAR protein expression; **D**, qRT-PCR for miR-20a expression; **E**) Western blot for CFLAR protein expression.



**Figure 2.** Elevated CFLAR and lowered miR-141 expression in HCC tumor tissues. (A) qRT-PCR for CFLAR mRNA expression, (B) qRT-PCR for miR-20a expression, (C) Western blot for CFLAR protein expression.

Figure 2A and Figure 2C), suggesting possible regulation relationship between miR-20a and CFLAR.

### miR-20a Expression in HepG2 Cells Inhibited CFLAR Expression

Flow cytometry analysis showed significantly lower basal apoptosis rate in HepG2 cells compared with L02 normal hepatocytes (Figure 3A). Compared with L02 cells, miR-20a expression of HepG2 cell was significantly lower (Figure 3B) whilst CFLAR expression was elevated (Figure 3B and 3C). CCK8 assay revealed weak inhibition on HepG2 cell proliferation by TRAIL treatment, indicating possible resistance of HepG2 cells against TRAIL (Figure 3D). Further assay showed no significant activation of caspase-3 or caspase-8 even treated with higher concentrations of TRAIL. On the other hand, high level of TRAIL (120 ng/mL) weakly elevated CFLAR expression in HepG2 cells (Figure 3E). Results showed miR-20a down-regulation might play a role in elevating CFLAR expression and antagonizing HCC apoptosis. Bioinformatics analysis showed targeting relationship between miR-20a and the 3'-UTR of CFLAR mRNA (Figure 3E and 3F). Dual-luciferase reporter gene assay showed remarkably decreased relative luciferase activity by miR-20a up-regulation (Figure 3G), demonstrating that miR-20a could target the 3'-UTR of CFLAR mRNA to regulate its expression. After transfecting miR-20a

mimic in HepG2 cells, CFLAR mRNA and protein expression were significantly decreased, further confirming the targeted inhibition of miR-20a on CFLAR expression (Figure 3H).

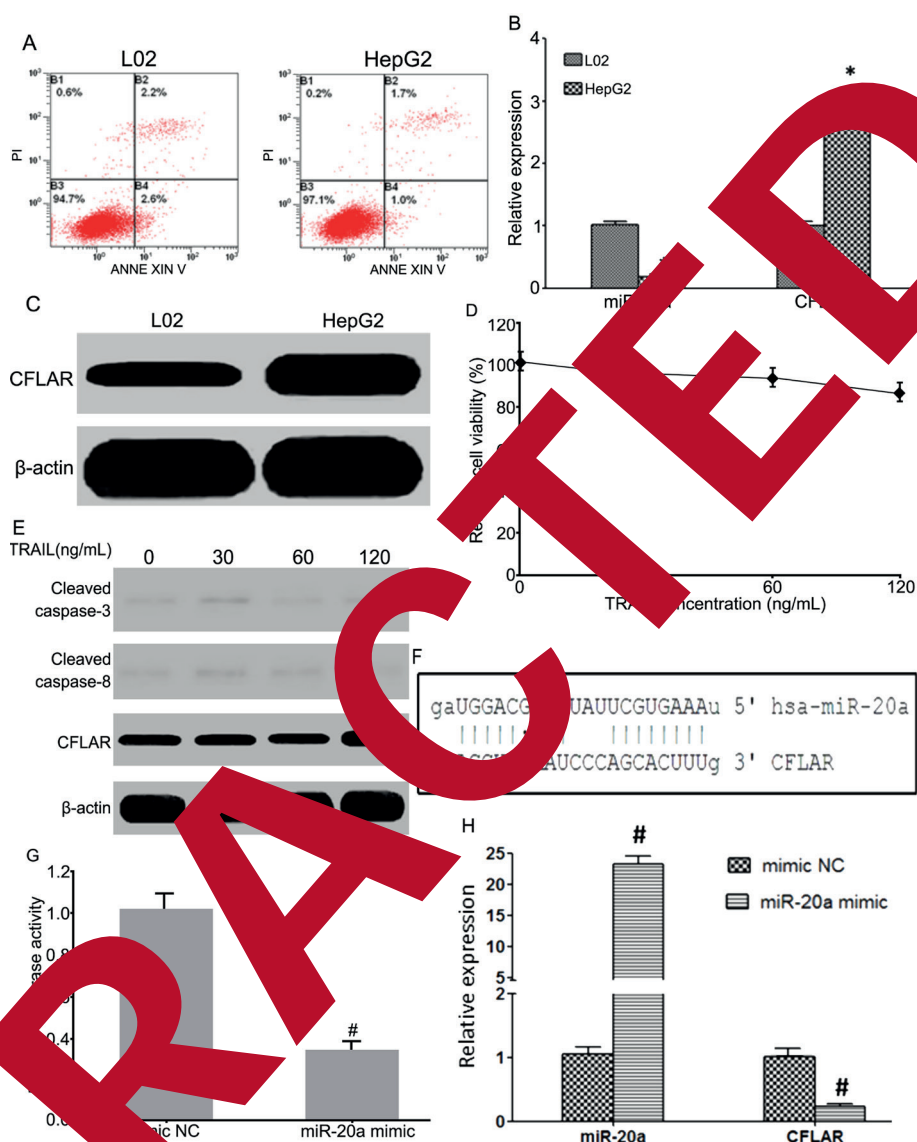
### miR-20a Inhibited CFLAR, Enhanced Caspase-8 Activity and Facilitated TRAIL-Induced HepG2 Cell Apoptosis

Western blot results showed HepG2 cells expressed CFLAR at a relatively higher level. High concentration TRAIL treatment (120 ng/mL) significantly elevated CFLAR expression in HepG2 cells, but not increase the enzymatic activity of caspase-8 and caspase-3 (Figure 4A, 4B and 4C). Induction of cell apoptosis and inhibition of cell proliferation were also weakened (Figure 4D and 4E). After transfecting miR-20a mimic and/or si-CFLAR, the expression of CFLAR in HepG2 cells was significantly reduced (Figure 4A), whilst caspase-3 and caspase-8 activity was potentiated (Figure 4A, 4B and 4C), accompanied with remarkably elevated cell apoptosis (Figure 4E) and reduced cell proliferation (Figure 4D).

## Discussion

HCC has over 50 per 100,000 occurrences in China, where more than 300,000 people are newly diagnosed as HCC, occupying half of the world patient population, thus severely affecting

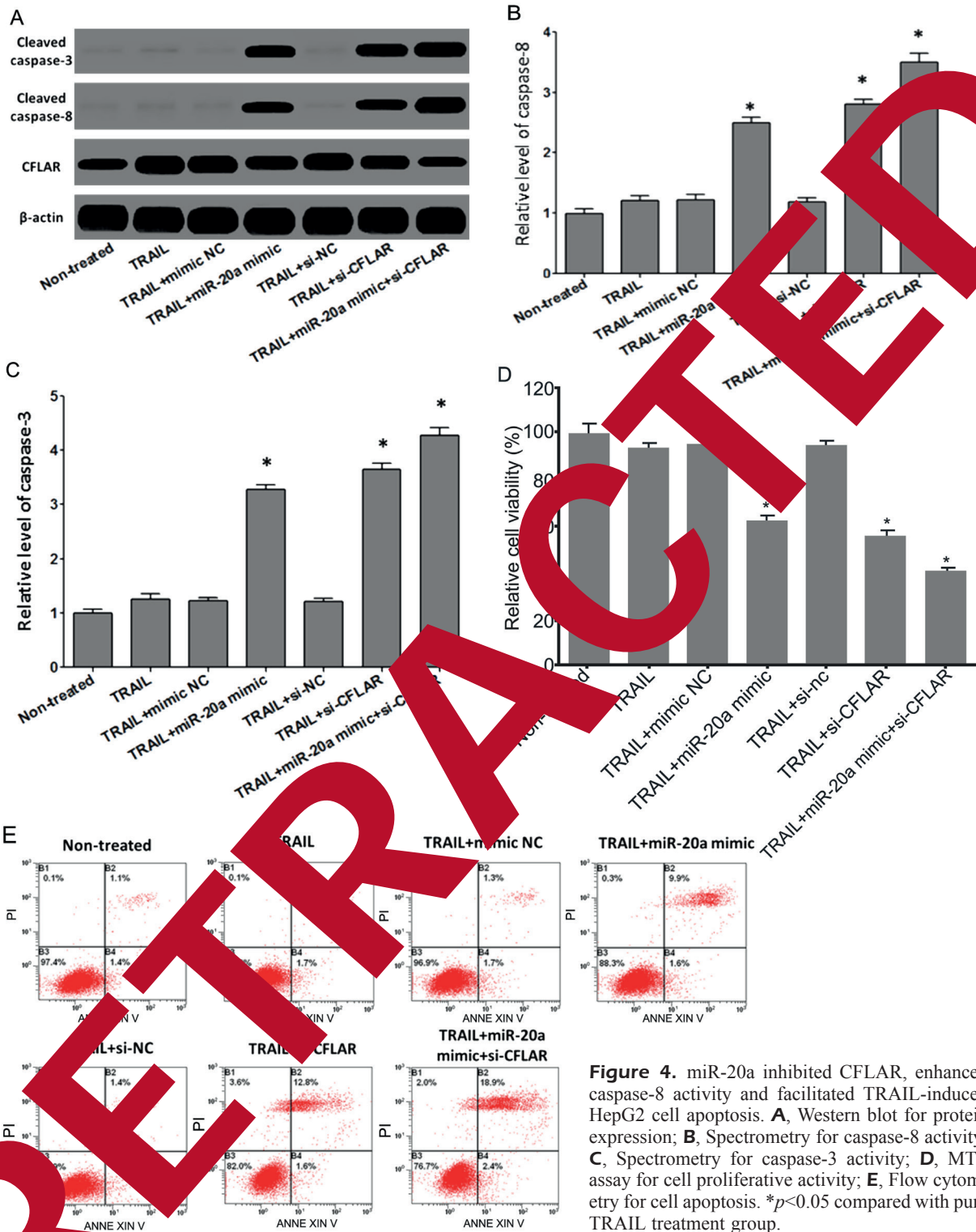
**Figure 3.** miR-20a expression in HepG2 cells inhibited CFLAR expression. **A**, Flow cytometry for cell apoptosis; **B**, qRT-PCR for gene expression in L02 and HepG2 cells; **C**, Western blotting for CFLAR protein expression in L02 and HepG2 cells; **D**, MTT assay for cell proliferative activity; **E**, Western blot for effect of TRAIL treatment on CFLAR protein expression; **F**, miR-20a targeted on 3'-UTR of CFLAR mRNA; **G**, Dual-luciferase reporter gene assay; **H** qRT-PCR for miR-20a and CFLAR gene expression. \* $p < 0.05$  compared with L02 cells; #,  $p < 0.05$  compared with mimic NC group.



the public health<sup>20</sup>. More than 600,000 people died from HCC all over the world, with 110,000 died in China, occupying 18.3% of world's cases<sup>21</sup>. Due to insidious onset, HCC normally has asymptomatic feature at early stage. However, with high malignancy and rapid disease progression, most patients were already at advanced or terminal stage when admitted, thus causing difficulty for treatment and unfavorable prognosis. Recently, although significant progressions have been made in the basic and clinical medicine, producing major advances through combined treatment using surgery, radio-, chemo- and immunotherapy obtained, the treatment efficiency, however, is still unsatisfactory. It is surveyed that 1-year and 2-year survival rate of HCC

are only 42.8% and 38.8%, respectively<sup>22</sup>, with around 20% of 5-year survival rate<sup>23</sup>. Tumor necrosis factor-related apoptosis inducing ligand (TRAIL) is one recently discovered member of tumor necrosis factor (TNF). It can induce cell apoptosis via binding and activating death receptor (DR)<sup>24</sup>. In contrast with TNF and Fas in TNF super-family, TRAIL only induces apoptosis of those viral-infected cells, transformed cells and tumor cells, but with minor toxicity and killing effects toward normal cells<sup>25</sup>. After binding to DR4 or DR5 on cell membrane, TRAIL can form trimer of ligand-receptor complex, which further induces binding between death domain (DD) of cytoplasmic domain of DR and DD at C-terminal region of Fas-associated death





**Figure 4.** miR-20a inhibited CFLAR, enhanced caspase-8 activity and facilitated TRAIL-induced HepG2 cell apoptosis. **A**, Western blot for protein expression; **B**, Spectrometry for caspase-8 activity; **C**, Spectrometry for caspase-3 activity; **D**, MTT assay for cell proliferative activity; **E**, Flow cytometry for cell apoptosis. \* $p < 0.05$  compared with pure TRAIL treatment group.

main (FADD). FADD further utilizes its death domain (DED) at N-terminus to bind to procaspase-8 to form DR4/DR5-FADD-Pro-caspase-8 death inducing signal complex, which facilitates auto-cleavage of procaspase-8 into

active apoptosis initiator caspase-8 for caspase cascade reaction, to sequentially activate apoptosis executing protein caspase-3, -6 and -7. This directly degrade intracellular structural and functional proteins for cell apoptosis<sup>4</sup>. CFLAR



is a naturally existed inhibitor for caspase-8, with similar structure and sequence with cysteine-aspartate protein-8 (caspase-8), which has two N-terminal structural domain plus one C-terminal structure domain lacking the cysteine structure necessary enzyme catalytic activity<sup>26</sup>. By competitive binding with caspase-8 to form heterodimer via its N-terminal structural domain, CFLAR can deactivate caspase-8, impede the formation of functional DISC and caspase-8 activation, and quench caspase cascade reaction, thus blocking cell apoptosis which is induced by TNF, TRAIL, FasL signal molecules and related DR<sup>27</sup>. Abnormally elevated CFLAR expression plays a critical role in inducing apoptotic resistance by DR ligand such as TNF $\alpha$ <sup>28</sup>, TRAIL<sup>29</sup> and Fas<sup>30</sup>. Previous studies showed the correlation between CFLAR up-regulation and occurrence of various tumors including prostate cancer<sup>10</sup>, pancreatic cancer<sup>11</sup> and colorectal carcinoma<sup>12</sup>. Elevated expression of CFLAR is one important reason for tumor cells to invade from drug-induced cell apoptosis as well as from immune surveillance, leading to tumor progression and aggravation. Increasing evidence showed abnormally elevated expression of CFLAR in HCC tissues and tumor cells, indicating a potential role in inducing resistance of tumor cells against TRAIL-induced apoptosis<sup>15,16</sup>. Previous studies showed significantly decreased miR-20a expression in HCC tumor, suggesting a potential role of miR-20a in the HCC pathogenesis. Bioinformatics analysis revealed the complementary binding sites between CFLAR and miR-20a. This study investigated if miR-20a played a role in regulating CFLAR expression and affecting TRAIL-induced apoptotic sensitivity of HepG2 cells. In DEN-induced HCC model, we observed significantly elevated CFLAR expression in tumor tissues compared with normal liver tissues, whilst miR-20a level was down-regulated. Moreover, this study also observed up-regulation of CFLAR and down-regulation of miR-20a in HCC patients, indicating a possible role of miR-20a down-regulation in facilitating CFLAR expression. Du et al<sup>15</sup> showed 83.72% positive rate of CFLAR expression in HCC tumor tissues, whilst CFLAR expression was not detected in adjacent tissues. Also, CFLAR expression was negatively correlated with non-recurrent survival time of patients. Consistent with this, our study found remarkably elevated CFLAR expression in HepG2 cells compared to normal L02 cells, which was also

in accordance with a study conducted by Okano et al<sup>15</sup> who observed up-regulation of CFLAR in HCC cell line. Fan et al<sup>18</sup> found significantly down-regulated miR-20a expression in tumor tissues, with more suppressed expression in recurrent patients, and shorter survival period in HCC patients with lower miR-20a expression. Chen et al<sup>19</sup> observed lower miR-20a expression in HCC cell line compared with normal hepatocytes. This study also found lower miR-20a in both HCC tumors and cell line compared with adjacent tissue or normal hepatocyte cell line, which were consistent with previous studies<sup>18,19</sup>. MTT assay showed weak inhibitory effects of TRAIL on HepG2 cell proliferation, indicating lower sensitivity of HepG2 cells against TRAIL. Considering abundant expression of CFLAR in HepG2 cells, it is possible that CFLAR played a role in inducing TRAIL-related apoptotic resistance. Moreover, high concentration (120  $\mu$ M) TRAIL treatment also elevated RIPK1 expression in addition to basal levels. However, TRAIL did not induce the activation of caspase-8 and -3 even at a high concentration. Sun et al<sup>16</sup> showed TRAIL could up-regulate CFLAR expression in HepG2 and Hep3B cells, but with weak effects on inducing HCC apoptosis. Our study obtained similar results. Up-regulation of CFLAR also plays a role in inducing apoptotic resistance induced by other reagents, in addition to TRAIL-induced cell apoptosis. As reported by Chen et al<sup>31</sup>, CFLAR up-regulation induced the resistance of HepG2 cells against Taxol-induced apoptosis, as knockout of CFLAR expression significantly enhanced the sensitivity of Taxol-induced apoptosis. Dual luciferase reporter gene assay confirmed targeted regulation of CFLAR expression by miR-20a. Further analysis showed that up-regulating miR-20a expression and/or silencing CFLAR expression significantly potentiated caspase-8 and caspase-3 activation, facilitated TRAIL-induced cell apoptosis and enhanced the inhibitory effects of TRAIL on HepG2 cells proliferation. Sun et al<sup>16</sup> showed that siRNA interference of CFLAR expression significantly enhanced the sensitivity of HepG2 cells for TRAIL-induced cell apoptosis, which were consistent with our present study. In a research regarding the correlation between HCC and miR-20a, Fan et al<sup>18</sup> revealed the targeted regulation of miR-20a on Mcl-1 gene expression, which can inhibit proliferation of HCC cells including HepG2 and SMMC-7721, induce cell cycle reorganization, and facilitate cell apoptosis in an-



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