

CircPSMC3 inhibits cell proliferation and induces cell apoptosis in nasopharyngeal carcinoma by downregulating ROCK1

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Abstract. – **OBJECTIVE:** Currently, the importance of circular RNAs in malignant tumors has attracted much attention. However, the role of circPSMC3 in nasopharyngeal carcinoma (NPC) remains unclear. The aim of this study was to investigate the function of circPSMC3 in the proliferation and apoptosis of NPC and to explore its possible underlying mechanism.

PATIENTS AND METHODS: Real Time-quantitative Polymerase Chain Reaction (RT-qPCR) was utilized to determine the level of circPSMC3 in NPC tissues and cell lines. The association between circPSMC3 expression and patients prognosis was analyzed. CircPSMC3 lentivirus was constructed and transfected into NPC cells. Cell growth ability and apoptosis were determined through Cell Counting Kit-8 (CCK-8) assay, colony formation assay, and flow cytometry, respectively. Western blot was performed to analyze the target protein of circPSMC3. Furthermore, the function of circPSMC3 was explored in nude mice.

RESULTS: CircPSMC3 was highly expressed in NPC tissues compared with adjacent normal tissues. Low circPSMC3 expression was associated with poor prognosis of NPC patients. Meanwhile, the expression of circPSMC3 was significantly down-regulated in NPC cell lines as well. The growth ability of NPC cells was markedly inhibited after circPSMC3 was overexpressed. Overexpression of circPSMC3 significantly promoted the apoptosis of NPC cells *in vitro*. ROCK1 expression decreased markedly via overexpression of circPSMC3. Furthermore, tumor formation was inhibited after the up-regulation of circPSMC3 *in vivo*.

CONCLUSION: circPSMC3 could suppress cell growth and promote cell apoptosis in NPC by downregulating ROCK1.

Keywords: Circular RNA, CircPSMC3, Nasopharyngeal carcinoma, ROCK1.

Introduction

Nasopharyngeal carcinoma (NPC) is one of the most common epithelial malignancy in the head and neck arisen from nasopharynx epithelium. The morbidity of NPC is particularly high in Southern China and Southeast Asia¹. With the advancement in interventions and screening, the prognosis of patients with local and regional NPC has been significantly improved. However, relapse still occurs in approximately 50% of NPC patients². High incidence of lymph node metastasis and treatment resistance contributes to poor prognosis and cancer-related death of NPC, with a median survival of 12 months^{3,4}. Thus, it is of great significance to identify the cellular and molecular mechanisms of NPC and to improve the prognosis for these patients.

Circular RNAs (circRNAs) are a class of noncoding RNAs, which are tissue-specific and ubiquitously expressed. Due to resistance to exonucleolytic degradation, circRNAs are more stable than linear RNA⁵. Recently, it has been reported that numerous circRNAs play an important role in tumorigenesis by serving as microRNA (miRNA) sponges. CircRNA 100146 functions as an oncogene in non-small cell lung cancer and enhances cell proliferation by binding to miR-615-5p and miR-361-3p⁶. Suppressing RUNX2 and stimulating miR-217 expression, the low expression of hsa_circ_0000144 restrains the progression of bladder cancer⁷. Hsa_circ_0005986 functions as a tumor suppressor gene in hepatocellular carcinoma by serving as a miR-129-5p sponge. Meanwhile, it may be a novel biomarker for hepatocellular carcinoma⁸. By sponging miR-370, the knockdown of hsa_circ_0061140 inhibits cell growth and

cell metastasis in ovarian cancer⁹. Currently, circPSMC3 is a novel circRNA discovered in numerous cancers.

Our study first uncovered that circPSMC3 was significantly downregulated in NPC tissues and cell lines. Low circPSMC3 expression was associated with poor disease-free survival of NPC patients. Moreover, circPSMC3 significantly inhibited cell proliferation and promoted cell apoptosis in NPC *in vitro*. ROCK1 has been reported to participate in the progression of malignancies. Recent studies have shown that ROCK1 can be regulated by long noncoding RNAs, microRNAs, and circular RNAs. Here, we found that circPSMC3 overexpression decreased tumor formation and downregulated ROCK1 expression in NPC cells and nude mice.

Patients and Methods

Tissue Samples

A total of 48 NPC tissues and para-cancer tissues were collected from patients who received treatment in People's Liberation Army Hospital 960 Ziboyuan District. The relationship between circPSMC3 expression and the prognosis of patients was analyzed. No radiotherapy or chemotherapy was performed before the surgery. The research was approved by the Ethics Committee of People's Liberation Army Hospital 960 Ziboyuan District. Signed written informed consents were obtained from participants before the study.

Cell Culture

Human NPC cell lines (CNE2, CNE4, 5-8F, and 6-18B) and nasopharyngeal epithelial cell line (NPC) were obtained from the American Type Culture Collection (ATCC; Manassas, VA, USA). All cells were cultured in Dulbecco's Modified Eagle's Medium (DMEM) containing 10% fetal bovine serum (FBS; Life Technologies, Gaithersburg, MD, USA) in an incubator with 5% CO₂ at 37°C.

Transfection

After 24 h of culture on 6-well plates, NPC cells were transfected with lentivirus targeting specific circRNAs (circPSMC3 or scramble control) (GenePharma; Shanghai, China) according to the instructions of Lipofectamine 3000 (Invitrogen, Carlsbad, CA, USA). GFP-positive cells were chosen for the following experiments.

RNA Extraction and Real Time-Quantitative Polymerase Chain Reaction (RT-qPCR)

The TRIzol RNA isolation kit (Invitrogen, Carlsbad, CA, USA) was used to extract total RNA in tissues and cells. Subsequently, the extracted RNA was reverse transcribed into complementary deoxyribose nucleic acids (cDNAs) through reverse Transcription Kit (TaKaRa Biotechnology Co., Ltd., Dalian, China). QRT-PCR reaction conditions were as follows: 94°C for 30 s, 30 cycles of 94°C for 30 s, 55°C for 30 s, and 72°C for 90 s, for a total of 40 cycles. The relative expression level of the target genes was calculated by the $2^{-\Delta\Delta Ct}$ method. Primer sequences used for RT-qPCR were as follows: circPSMC3, forward: 3'-GTTTACGACCCCTGCCCTTTG-5'; circPSMC3, reverse: 5'-GTGTTGGGCTGCGAGGCATC-5'; glyceraldehyde 3-phosphate dehydrogenase (GAPDH) primers forward: 5'-CCAAAATCGTATGGGGCAATGCTGG-3'; GAPDH reverse: 5'-ATGGCATGGACTGTGGTCA-3'. Glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was used as an internal reference.

Cell Proliferation Assay

A total of 2×10^3 transfected cells were first seeded into 96-well plates. Cell proliferation was assessed in accordance with the Cell Proliferation Reagent Kit I (MTT; Roche, Basel, Switzerland) at 0, 24, 48, and 72 h, respectively. Absorbance at 490 nm was detected using an enzyme-linked immunosorbent assay (ELISA) reader system (Multiskan Ascent, LabSystems, Helsinki, Finland).

Colony Formation Assay

NPC cells were seeded into 6-well plates and cultured for 10 days. Subsequently, formed colonies were fixed with 10% formaldehyde for 30 min and stained with 0.5% crystal violet for 5 min. Image-Pro Plus 6.0 (Media Cybernetics, Silver Springs, MD, USA) was used for data analysis.

Flow Cytometry

Harvested cells were washed twice using ice-cold and a flow cytometry binding buffer (100 μ L) was added. The cells were stained in the dark for 15 min using a mixture containing 5 μ L Annexin V/FITC (fluorescein isothiocyanate) and 5 μ L Propidium Iodide (PI; BD Biosciences, Franklin Lakes, NJ, USA). Then, 400 μ L binding buffer

was added to the cells. FACSCalibur flow cytometer (BD Biosciences, Franklin Lakes, NJ, USA) was performed to analyze cell apoptosis.

Western Blot Analysis

Total protein in cells was extracted by reagent radioimmunoprecipitation assay (RIPA; Beyotime, Shanghai, China). Subsequently, protein samples were separated by sodium dodecyl sulphate-polyacrylamide gel electrophoresis (SDS-PAGE) and transferred onto polyvinylidene difluoride (PVDF) membranes (Millipore, Billerica, MA, USA). The membranes were incubated with primary antibodies of rabbit anti-GAPDH and rabbit anti-ROCK1 (Cell Signaling Technology, CST, Danvers, MA, USA) overnight. On the next day, the membranes were incubated with goat anti-rabbit secondary antibody (Cell Signaling Technology, CST, Danvers, MA, USA). Image J software (NIH, Bethesda, MD, USA) was applied for the assessment of protein expression.

Xenograft Model

After circPSMC3 overexpression, NPC cells were replanted into NOD/SCID mice (Charles River, Beijing, China). Tumor volume was calculated every 7 days as the formula (volume = length \times width² \times 0.5). Tumors were extracted after 4 weeks. The research was approved by the Animal Ethics Committee of People's Liberation Army Hospital 96 Ziboyuan District.

Statistical Analysis

Statistical Product and Solutions (SPSS) 18.0 (SPSS Inc., Chicago, IL, USA) was used for all statistical analysis. GraphPad 5.0 (GraphPad Software, San Diego, CA, USA) was applied for image analysis. The difference between two groups was analyzed by the Kaplan-Meier method and Student's *t*-test. $p < 0.05$ was considered statistically significant.

Results

The Disease-Free Survival Rate of NPC Patients

Patients were divided into two groups, including low circPSMC3 expression group and high circPSMC3 expression group. The Kaplan-Meier method was used to analyze the disease-free survival of patients after surgery.

Compared with patients in high circPSMC3 expression group, the disease-free survival in low circPSMC3 expression group was significantly worse (Figure 1).

Expression of CircPSMC3 in NPC Tissues and Cells

RT-qPCR was used to detect circPSMC3 expression in 48 NPC patients' tissues and corresponding tissues. CircPSMC3 expression was significantly lower in NPC tissues than that of adjacent tissues (Figure 2A). Meanwhile, circPSMC3 was lowly expressed in NPC cells (CNE2, CNE1, 5-8F, and 6-10) when compared with normal nasopharyngeal epithelial cell line (NP69) as well (Figure 2B). These results suggested that dysregulated circPSMC3 was associated with NPC progression.

CircPSMC3 Overexpression Inhibited Cell Proliferation and Induced Cell Apoptosis in NPC

To uncover whether circPSMC3 affected NPC proliferation, apoptosis, MTT assay, colony formation assay, and flow cytometry were conducted. CNE2 cells were chosen for overexpression of circPSMC3 *in vitro*. RT-qPCR was used to measure the transfection efficiency (Figure 3A). As shown in Figure 3B, the MTT assay detected that the growth ability of CNE2 cells was significantly repressed after circPSMC3 overexpression. Colony formation assay indicated that the number of formed colonies was significantly reduced after circPSMC3 was overexpressed

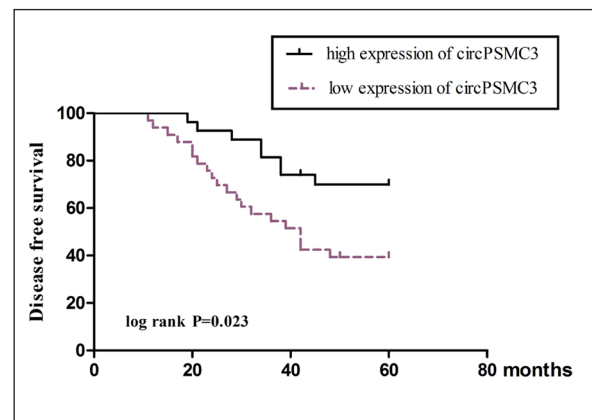


Figure 1. The association between circPSMC3 expression and the prognosis of NPC patients. Low level of circPSMC3 was associated with poor disease-free survival of NPC patients. Data were presented as mean \pm standard error of the mean. * $p < 0.05$.

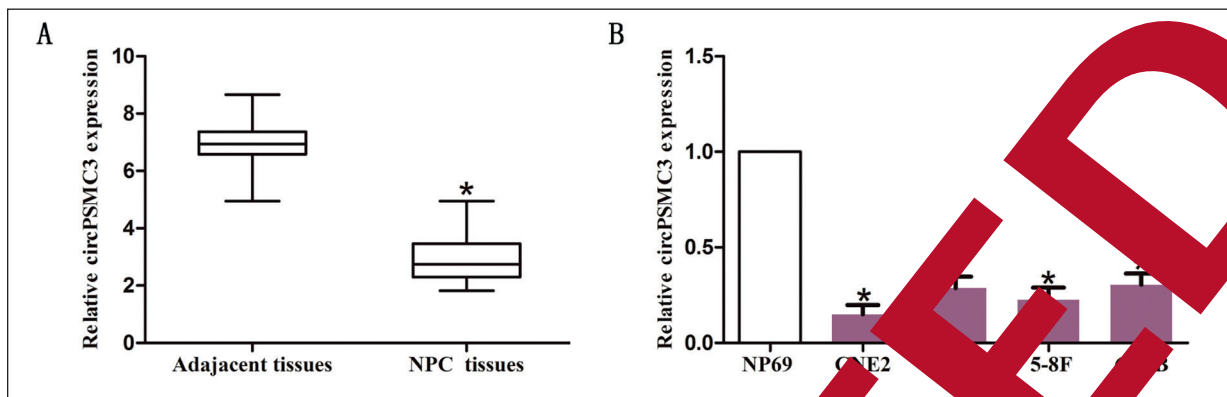


Figure 2. Expression levels of circPSMC3 increased significantly in NPC tissues and cell lines. **A**, Relative circPSMC3 expression was significantly down-regulated in NPC tissues compared with adjacent tissues. **B**, Relative expression levels of circPSMC3 relative to GAPDH were determined in human NPC cell lines and normal nasopharyngeal epithelial cell line (NP69) by RT-qPCR. GAPDH was used as an internal control. Data were presented as mean \pm standard error of the mean. * $p < 0.05$.

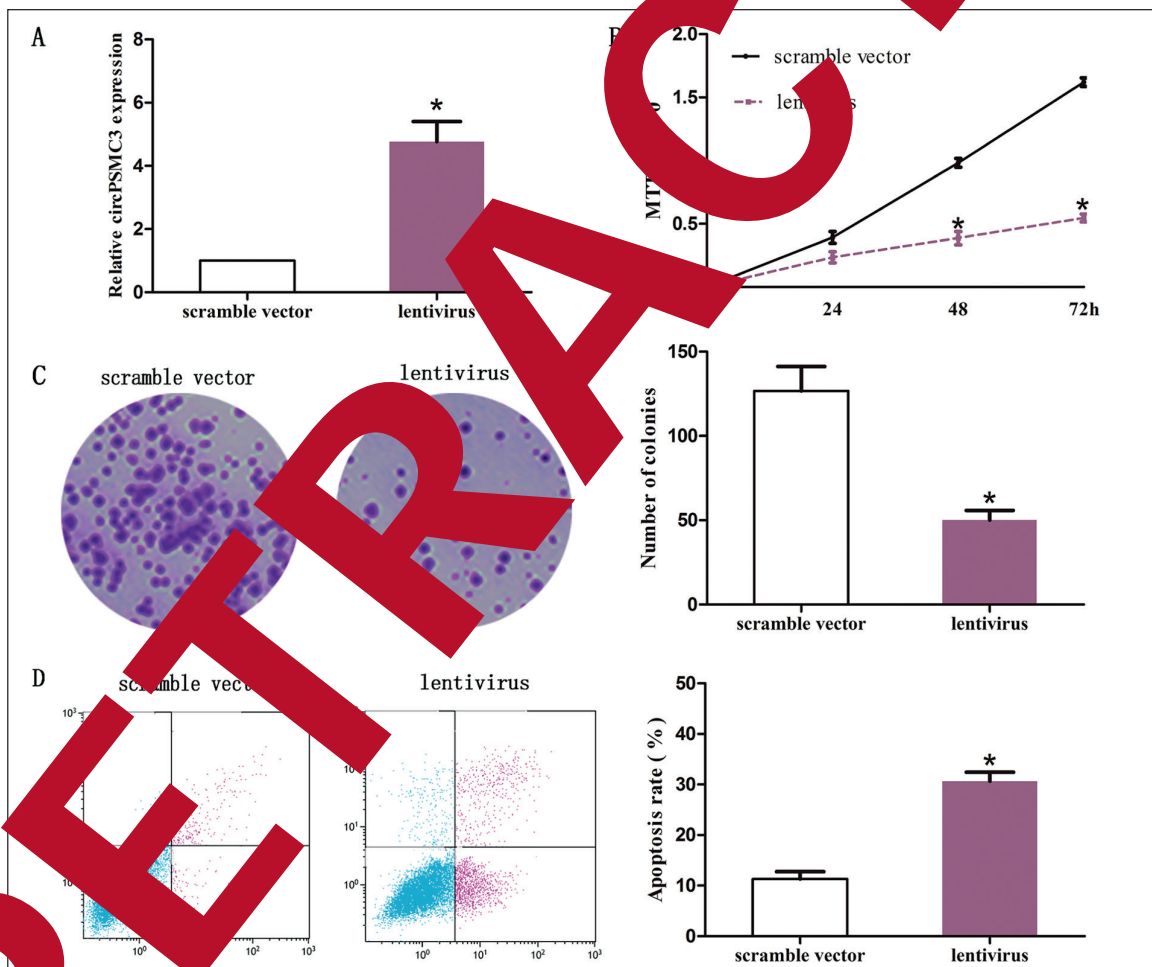


Figure 3. Overexpression of circPSMC3 inhibited cell proliferation and induced cell apoptosis in NPC. **A**, CircPSMC3 expression in NPC cells transfected with circPSMC3 lentivirus and scramble vector was detected by RT-qPCR. **B**, MTT assay showed that overexpression of circPSMC3 significantly repressed the growth ability of NPC cells. **C**, Colony formation assay showed that the number of colonies was significantly reduced *via* overexpression of circPSMC3 (magnification $\times 40$). **D**, Cell apoptosis assay showed that the apoptosis rate of NPC cells increased markedly after circPSMC3 overexpression. The results represented the average of three independent experiments (mean \pm standard error of the mean). * $p < 0.05$, as compared with control cells.

(Figure 3C). Furthermore, the apoptosis rate of cells increased remarkably after upregulation of circPSMC3 in CNE2 cells (Figure 3D).

CircPSMC3 Overexpression Inhibited ROCK1 in NPC

Circular RNA Interactome (<https://circinteractome.nia.nih.gov/>) was used to search for target microRNAs of circPSMC3. Numerous evidence has shown that ROCK1 promotes the progression of various cancers, including NPC. We explored the interaction between ROCK1 and circPSMC3. RT-qPCR was first used to

detect ROCK1 expression in CNE2 cells transfected with circPSMC3 lentivirus or scramble vector. Results uncovered that circPSMC3 overexpression significantly decreased the mRNA expression of ROCK1 (Figure 4A). The protein level of ROCK1 was measured by Western blot assay. The results indicated that circPSMC3 overexpression reduced the protein level of ROCK1 (Figure 4B). To detect the function of circPSMC3 *in vivo*, tumor formation assay was conducted in NPC cell mice. Tumor size in circPSMC3 lentivirus group was markedly less than that in scramble vector group (Figure

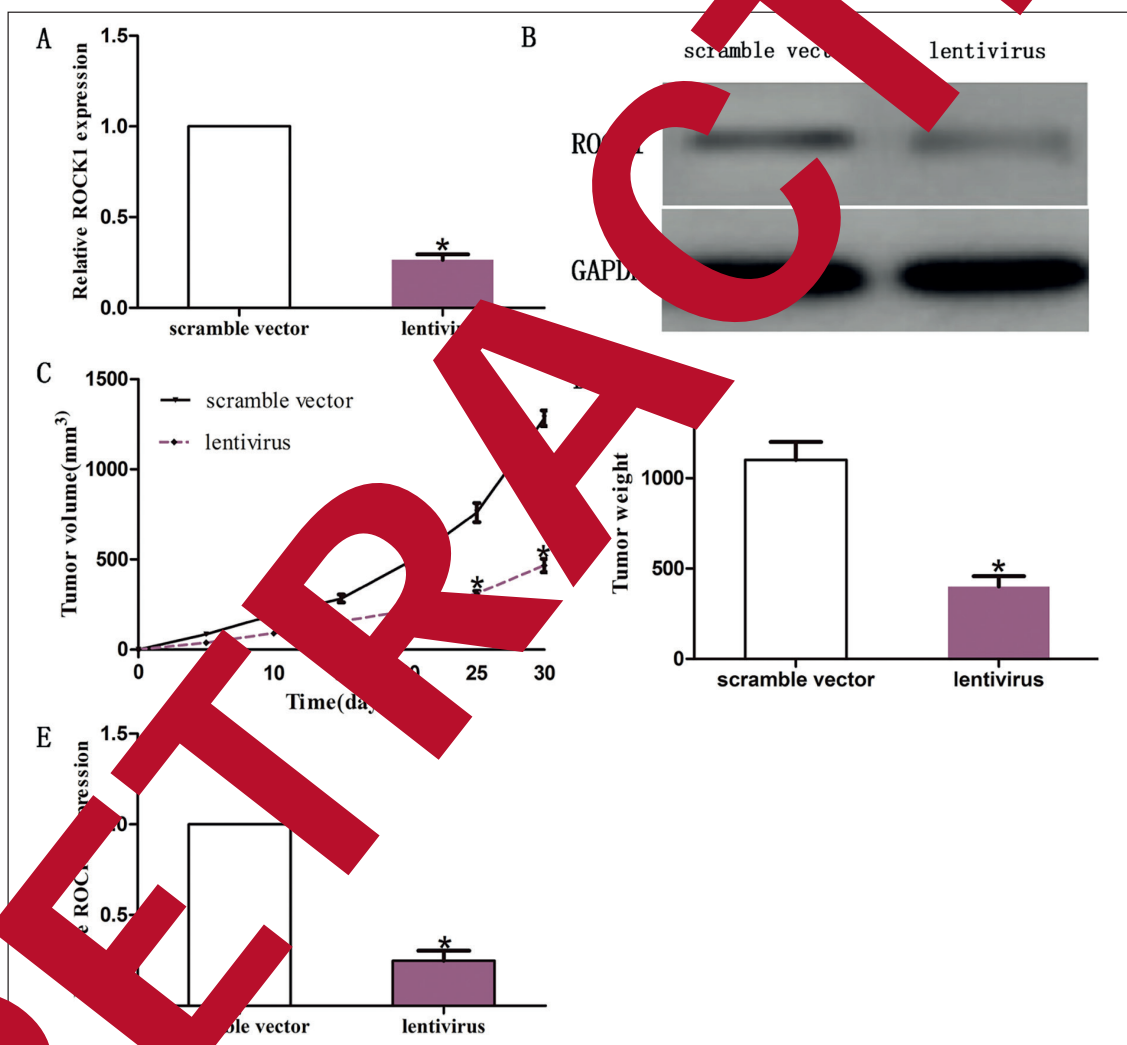


Figure 4. CircPSMC3 overexpression inhibited ROCK1 in NPC. **A**, RT-qPCR results showed that ROCK1 expression decreased significantly in circPSMC3 lentivirus group compared with scramble vector group in NPC cells. **B**, Western blot results showed that ROCK1 expression was down-regulated in circPSMC3 lentivirus group compared with scramble vector group. **C**, Tumor size in circPSMC3 lentivirus group and scramble vector group. **D**, Weight of dissected tumors in circPSMC3 lentivirus group was smaller than in scramble vector group. **E**, ROCK1 expression in dissected tumors of circPSMC3 lentivirus group was smaller than in scramble vector group. The results represented the average of three independent experiments. Data were presented as mean \pm standard error of the mean. * $p < 0.05$.

4C). Meanwhile, the weight of dissected tumors in circPSMC3 lentivirus group was remarkably smaller than scramble vector group (Figure 4D). Besides, the expression of ROCK1 was significantly lower in circPSMC3 lentivirus group than that of scramble vector group (Figure 4E).

Discussion

CircRNAs have been reported as potential prognostic biomarkers and therapeutic targets for many cancers, including NPC. This may offer a clinical tool for predicting treatment response and assessing disease status and clinical outcome. For instance, circHIPK3 functions as an oncogene in NPC and promotes cell proliferation and invasion *via* depressing miR-4288-induced ELF3 inhibition¹⁰. By competing with microRNA-150-5p, circRNA ZNF609 enhances the growth and metastasis of NPC¹¹. CircRNA_0000285 is overexpressed in patients with radioresistant NPC, serving as a prognostic biomarker¹². CircRNA_000543 decreases irradiation sensibility of NPC by targeting miR-9/platelet-derived growth factor receptor B axis¹³.

As a novel circRNA, circPSMC3 has recently been reported¹⁴ to function as a tumor suppressor in gastric cancer by serving as a competing endogenous RNA of miR-296-5p. To determine the function of circPSMC3 in NPC proliferation, circPSMC3 lentivirus was transduced into NPC cells. Function assays showed that circPSMC3 overexpression significantly inhibited the proliferative ability of NPC cells. Furthermore, we explored the effect of circPSMC3 on the metastasis of NPC cells. The results demonstrated that circPSMC3 overexpression significantly promoted the apoptosis of NPC cells. These findings indicated that circPSMC3 inhibited cell proliferation and promoted cell apoptosis in NPC.

The targeted proteins of circPSMC3 was further explored through Circular RNA Interactome (<http://circint.interome.nia.nih.gov/>). Rho-associated protein kinase 1 (ROCK1) was predicted as the target protein of circPSMC3 in NPC. Currently, ROCK1 is known as a protein serine/threonine kinase that has been found to play an important role in a variety of biological and pathological processes, including cell motility, proliferation, invasion, and metastasis and so on¹⁵. By sponging miR-30e-5p, circRNA HIPK3 enhances the prognosis of gallbladder cancer *via* ROCK1 and CDK2 pathway¹⁶. Mst1 regulates cell apoptosis

in non-small cell lung cancer through ROCK1/Factin pathways induced mitochondrial apoptosis¹⁷. Silencing of URG11 represses the proliferation and EMT in benign prostatic hyperplasia cells through RhoA/ROCK1 pathway¹⁸. In addition, lncRNA LOC441178 inhibits cell proliferation and migration in oral squamous carcinoma by targeting ROCK1¹⁹.

The potential interaction between ROCK1 and circPSMC3 was first explored in our study. Results showed that circPSMC3 overexpression significantly decreased ROCK1 expression *in vitro*. *In vivo* experiments demonstrated that circPSMC3 overexpression decreased tumor formation and downregulated ROCK1 expression in nude mice. All these findings indicated that circPSMC3 functioned as a tumor suppressor in NPC by downregulating ROCK1.

Conclusions

Together with the above data indicated that circPSMC3 was remarkably downregulated in NPC tissues and was correlated with poor prognosis of patients. Moreover, circPSMC3 inhibited cell proliferation and induced cell apoptosis in NPC by downregulating ROCK1. Our findings suggested that circPSMC3 might contribute to therapy for NPC as a prospective target.

Conflict of Interest

The Authors declare that they have no conflict of interests.

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